



Easter Sunday

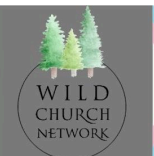
April 5, 2026 + 4pm



Image: Mary Magdalene and Christ the Gardener, by Kelly Latimore



**BLACK
LIVES
MATTER**



**CEASE
FIRE
NOW**

Welcome to the AbbeyChurch!

Christ Is Risen! Christ is Risen Indeed!

At the AbbeyChurch, we tell stories of faith, encourage hope, share meals, care for each other and for God's creation, and strive to practice the teachings of Jesus.

We're at different places in our faith journey but we share a guiding sacred story as found in scripture (The Bible) and summarised in our Christian creeds.

We share a willingness to honestly wrestle with God—with our questions and doubts, our disillusionment with our institutions and our concern for our world.

We invite diversity in our community and our leadership; old, young, rich, poor, conservative, liberal, radical, single, married, LGBTQ2IA+, straight, evangelical, progressive, overeducated, undereducated, overhoused, underhoused, uncertain, doubting, hurting, thriving (to name a few).

As a witness to unity in diversity, the AbbeyChurch is an affirming (full inclusion and leadership of 2SLGBTQIA+ folk) shared ministry of The United Church of Canada and The Anglican Church of Canada.

We draw on those spiritual traditions, as well as others across the Christian spectrum. We're also connected to Emmaus, an intentional community that is inspired by monasticism and whose members make commitments to prayer, presence and simplicity.

We believe that Christ's love and grace binds our differences together and renews our hope as we gather each week at Jesus' table of radical welcome.

Land Acknowledgement

The AbbeyChurch acknowledges that we worship and pray on the stolen territory of the Lək̓ʷəŋən peoples', the Songhees and Xwsepsum (Esquimalt) Nations. We strive to journey toward reparation, right relationship and reconciliation with justice. We confess the complicity of our religious traditions and institutions in the loss of life, lands, languages, spiritualities and cultures of the First Peoples' of these lands.

We pause in silence to remember and to recall the land under our feet, the hidden rivers, the trees and flowers and shifting seasons. We are grateful for the ongoing wisdom, stewardship and tending of these lands and apprentice ourselves to this good work of caring for creation and seeking to live in right-relationship with each other.

We Gather

Tolling of the Bells

Gathering Song: Who Will Roll Away the Stone?

Early in the morning, the sun already risen
Three women came bearing spices, the Lord's body to anoint
Standing outside the tomb, they asked each other saying
"Who will roll away the stone?" (X4)

Looking up they realized, the stone had been removed
And to their amazement, a young man sat before them
"Do not be amazed, for Jesus the Nazarene
He who has been crucified, here you will not find"

He has risen from the dead (X4)

You'll find him on the road
You'll find him at your table (X2)

Tom Wuest / Brass Trumpet Publishing / Used With Permission

When the Sabbath was over, Mary Magdalene and Mary the mother of James and Salome bought spices, so that they might go and anoint him. And very early on the first day of the week, when the sun had risen, they went to the tomb. They had been saying to one another, "Who will roll away the stone for us from the entrance to the tomb?" When they looked up, they saw that the stone, which was very large, had already been rolled back. As they entered the tomb, they saw a young man dressed in a white robe sitting on the right side, and they were alarmed. But he said to them, "Do not be alarmed; you are looking for Jesus of Nazareth, who was crucified. He has been raised; he is not here. Look, there is the place they laid him. But go, tell his disciples and Peter that he is going ahead of you to Galilee; there you will see him, just as he told you." So they went out and fled from the tomb, for terror and amazement had seized them, and they said nothing to anyone, for they were afraid! (Matthew 29:1-10)

Alleluia, Christ is risen!

Christ is risen indeed! Alleluia, alleluia!

The Easter bells toll. Make some noise!

During this next song, you are invited to take a flower and place it on the cross!

Opening Song: Christ the Lord is Risen Today

Christ the Lord is risen today, Alleluia!
All creation join to say, Alleluia!
Raise your joys and triumphs high, Alleluia!
Sing, O heavens, and earth reply, Alleluia!

Lives again our glorious king; Alleluia!
Where, O death, is now thy sting? Alleluia!
Jesus died, our world to save, Alleluia!
Where your victory, O grave? Alleluia!

Love's redeeming work is done, Alleluia!
Fought the fight, the battle won, Alleluia!
Death in vain forbids him rise, Alleluia!
Christ has opened paradise. Alleluia!

Soar we now where Christ was led, Alleluia!
Following our exalted head, Alleluia!
Made like Christ, like Christ we rise, Alleluia!
Ours the cross, the grave, the skies, Alleluia!
Charles Wesley, alt. Lyra Davidica (1708) / Public Domain

The Poem

Chosen by Molly LeBlanc - Poet-in-Residence

We Proclaim

The Reading: A reading from the Acts of the Apostles: (10:34-43)

Then Peter began to speak to them: “I truly understand that God shows no partiality, but in every people anyone who fears him and practices righteousness is acceptable to him. You know the message he sent to the people of Israel, preaching peace by Jesus Christ—he is Lord of all. That message spread throughout Judea, beginning in Galilee after the baptism that John announced: how God anointed Jesus of Nazareth with the Holy Spirit and with power; how he went about doing good and healing all who were oppressed by the devil, for God was with him. We are witnesses to all that he did both in Judea and in Jerusalem. They put him to death by hanging him on a tree, but God raised him on the third day and allowed him to appear, not to all the people but to us who were chosen by God as witnesses and who ate and drank with him after he rose from the dead. He commanded us to preach to the people and to testify that he is the one ordained by God as judge of the living and the dead. All the prophets testify about him that everyone who believes in him receives forgiveness of sins through his name.”

This is the word of the Lord. **Thanks be to God.**

You are invited to rise in body or spirit as we prepare our hearts to hear the gospel.

Gospel Acclamation: Glory, Glory, Hallelujah!

Glory, glory, Hallelujah, for He rose up from the ground! x2

American traditional

The Gospel

Let us proclaim the Gospel from the rooftops. **With our words and with our lives!**

A reading from the Gospel according to John (20:1-18)

Early on the first day of the week, while it was still dark, Mary Magdalene came to the tomb and saw that the stone had been removed from the tomb. So she ran and went to Simon Peter and the other disciple, the one whom Jesus loved, and said to them, “They have taken the Lord out of the tomb, and we do not know where they have laid him.” Then Peter and the other disciple set out and went toward the tomb. The two were running together, but the other disciple outran Peter and reached the tomb first. He bent down to look in and saw the linen wrappings lying there, but he did not go in. Then Simon Peter came, following him, and went into the tomb. He saw the linen wrappings lying there, and the cloth that had been on Jesus’s head, not lying with the linen wrappings but rolled up in a place by itself. Then the other disciple, who reached the tomb first, also went in, and he saw and believed, for as yet they did not understand the scripture, that he must rise from the dead. Then the disciples returned to their homes.

But Mary stood weeping outside the tomb. As she wept, she bent over to look[a] into the tomb, and she saw two angels in white sitting where the body of Jesus had been lying, one at the head and the other at the feet. They said to her, “Woman, why are you weeping?” She said to them, “They have taken away my Lord, and I do not know where they have laid him.” When she had said this, she turned around and saw Jesus standing there, but she did not know that it was Jesus. Jesus said to her, “Woman, why are you weeping? Whom are you looking for?” Supposing him to be the gardener, she said to him, “Sir, if you have carried him away, tell me where you have laid him, and I will take him away.” Jesus said to her, “Mary!” She turned and said to him in Hebrew, “Rabbouni!” (which means Teacher). Jesus said to her, “Do not touch me, because I have not yet ascended to the Father. But go to my brothers and say to them, ‘I am ascending to my Father and your Father, to my God and your God.’” Mary Magdalene went and announced to the disciples, “I have seen the Lord,” and she told them that he had said these things to her. Christ is risen! Alleluia! **Alleluia, Christ is risen indeed!**

Gospel Acclamation *Repeated*

Bell. Silence for reflection. Bell.

You are invited to rise in body or in spirit as we affirm our faith in these words:

Credo

I believe in God, the Maker Almighty,
Creator of heaven and earth;
I believe in Jesus Christ, God's only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.

He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead. On the third day he rose again.
He ascended into heav'n,
and is seated at the right hand of the Maker.
He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy cath'lic church,
The communion of saints, the forgiveness of sins,
The resurrection of the body, and the life everlasting! A-----men.

Ryan Flanigan/ Liturgical folk/ CCLI

Our Prayers

Please rise in body or in spirit

The Peace

Standing forgiven and freed in the light of the resurrection, the peace and joy of the Risen Christ be with you all! **And also with you!**

You are invited to share a sign of God's peace to those near you.

Offering: Contributions to our common life can be made at the back of the space (now or later) in the boxes or using debit or credit card. You can e-transfer donations to treasurer@emmauscommunity.ca (that's our preferred method) or donate to AbbeyChurch / Emmaus via CanadaHelps by using the QR Code on the last page of this leaflet. All donations are eligible for a charitable tax receipt.

The Offertory Song: Jesu Yu Hai Leo (Jesus is alive today!)

The musical score is written for a four-part choir (Soprano, Alto, Tenor, Bass) and piano accompaniment. It is in the key of E major and 4/4 time. The score is divided into three systems, each with a vocal line and a piano accompaniment line. The lyrics are: 'Ye - su yu ha - i le - o. Ye - su yu ha - i le - o. Ye - su Je - sus is a - live to - day, Je - sus is a - live to - day, Je - sus yu ha - i le - o, a - si - fi - we. Ye - su yu ha - i le - o. Ye - su is a - live to - day, oh praise his name! Je - sus is a - live to - day, Je - sus yu ha - i le - o, Ye - su yu ha - i le - o, a - si - fi - we. is a - live to - day, Je - sus is a - live to - day, oh praise his name!' The piano accompaniment features a steady bass line and chords that support the vocal lines. Chord symbols E, A, B, E/B, B7, and E are indicated above the piano part.

Author / Source Unknown / East African

We Celebrate

As we prepare for this holy feast, we are reminded that all are welcome at Jesus's wherever they find themselves in their spiritual journey.

If you wish to come forward to receive a blessing rather than bread and wine, simply place your hands across your chest.

Prayer Over The Gifts

Let us pray,

With resurrection humming in our hearts, our minds are tuned to your song of peace! We joyfully present these gifts to you, a tangible chorus of thanksgiving, a harmony of hope for your kingdom come! Amen! *(Hope Lutheran)*

The Holy Eucharist

The Living God is with you! **And also with you**

Lift up your hearts! **We lift them to the Lord**

Let us give thanks to the Risen One.

It is right to give God thanks and praise...

Thanks and praise fill our hearts, for you are the God of creation and new Creation, of covenant and new Covenant. You brought your people out of slavery to freedom and you have walked the path from the depths of death to the glory of Resurrection Life. And so we gladly praise you, joining with all the company of Heaven and your creation, as we sing the hymn of your unending praise.

The Sanctus:

Holy, holy, holy Lord, God of power and might,

Heaven and earth of your glory are full

Hosanna Hosanna Hosanna in the highest.

Blessed is He who comes in the name of the Lord.

Blessed is He who comes in the name of the Lord. repeat

Steve Bell / © 1991 Signpost Music / CCLI

Joy and gladness are our song, redeeming God, for Christ is risen! And around the table once more we proclaim that Jesus, at supper with his disciples, took bread, gave you thanks, broke it and gave it to them saying Take and Eat, This is my body which is given for you, do this in remembrance of me.

After supper he took the cup. Again he gave you thanks and gave it to his companions, saying drink this all of you, this is my blood of the new Covenant, which is shed for you and for many for the Forgiveness of sins do this as often as you drink it in remembrance of me.

Great is the mystery of faith!

Christ has died! Christ is risen! Christ will come again!

Hope and joy are our breath, merciful God, for in a garden of life, you have rolled away the stone of fear and despair, the stone of oppression, the stone of sin, the stone of death.

As you did in creation, so too in the wonder of resurrection - send your Holy Spirit upon us and upon these gifts of bread and wine that they may be for us the body and blood of the risen Christ.

Come and stand among us and breathe on us your peace, breathe on us your power, breathe on us your life, that all who labour, all who weep, all who hunger, all who rejoice shall meet you in the breaking of the bread.

Shape your church to be your risen body, a diverse and beautiful garden of your Spirit, until you come again and we feast together in your kingdom and all are made one in your love.

Amen. Alleluia!

The Prayer of Jesus

As beloved children of a loving parent let us pray:

Our Father (Mother/Source/Parent)

who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil, for thine is the kingdom, the power, and the glory, for ever and ever. Amen.

Silence is kept.

These are the gifts of God, for the people of God, given for the life of the world.

Thanks be to God! Alleluia!

*All are welcome (none compelled!) to receive at Jesus' table!
The bread is gluten-free, there are also rice crackers available.
Grape juice is in the small cups. It is wine (port) in the larger chalice.*

Song (pre-recorded): Father let your Kingdom Come

Porter's Gate Worship Project, Mason Jar Music, 2017

Song: O Sons and Daughters

Refrain: Alleluia Alleluia, Alleluia!

O sons and daughters, let us sing!
The King of heaven, the glorious king,
From death today rose triumphing.
Alleluia. *Refrain.*

That Easter morn, at break of day,
the faithful women went their way
to seek the tomb where Jesus lay.
Alleluia. *Refrain.*

An angel clad in white they see,
who sat, and spake unto the three,
'Your Lord doth go to Galilee.'
Alleluia. *Refrain.*

On this most holy day of days,
to God your hearts and voices raise
in laud and jubilee and praise,
Alleluia. *Refrain.*

Song: I Know That My Redeemer Lives

I know that my Redeemer lives; what comfort this sweet sentence gives!
Christ lives, Christ lives, who once was dead; Christ lives, my everlasting Head.

Christ lives triumphant from the grave, Christ lives eternally to save,
Christ lives all-glorious in the sky, Christ lives exalted there on high.

Christ lives to bless me with this love, Christ lives to plead for me above,
Christ lives my hungry soul to feed, Christ lives to help in time of need.

Christ lives, my kind, wise, heav'nly Friend, Christ lives and loves me to the end;
Christ lives, and while Christ lives, I'll sing; Christ lives, my Prophet, Priest, and King.

Christ lives, all glory to God's name! Christ lives, my Jesus, still the same.
Oh, the sweet joy this sentence gives, "I know that my Redeemer lives!"

Samuel Medley 1775 / Public Domain, alt.

The Prayer After Communion

Let us pray together, saying: **We give thanks for the mystery of this resurrection feast and how it fills our blessed bodies with the love of God and love of neighbour. Send us to reflect this love and grace and resurrection hope to all of God's beloved creation. In the name of the Resurrected Jesus, we pray. Amen!**

(rjs)

We Are Sent

The Blessing

Closing Song: Canticle of the Turning

My soul cries out with a joyful shout that the God of my heart is great,
And my spirit sings of the wondrous things that you bring to the ones who wait.
You Fixed your sight on your servant's plight, and my weakness you did not spurn,
So from east to west shall my name be blest. Could the world be about to turn?

Refrain: My heart shall sing of the day you bring. Let the fires of your justice burn.
Wipe away all tears, for the dawn draws near, and the world is about to turn!

Though I am small, my God, my all, You work great things in me,
And your mercy will last from the depths of the past to the end of the age to be.
Your very Name puts the proud to shame, and to those who would for you yearn,
You will show your might, put the strong to flight, for the world is about to turn. *Refrain*

From the halls of power to the fortress tower, not a stone will be left on stone.
Let the king beware for your justice tears ev'ry tyrant from their throne.

The hungry poor shall weep no more, for the food they can never earn;
There are tables spread, ev'ry mouth be fed, for the world is about to turn. *Refrain.*

Though the nations rage from age to age, We remember Who holds us fast:
God's mercy must deliver us from the conqueror's crushing grasp.
This saving word that our forebears heard is the promise which holds us bound,
'Til the spear and rod can be crushed by God, who is turning the world around. *Refrain.*
Rory Cooney / Star of the County Down Tune / 1990 GIA / Onelicense.

The Sending

Go in peace to love and serve the Risen Lord! Alleluia!
Thanks be to God. Amen. Alleluia!

Postlude: You Shall go out with Joy

You shall go out with joy and be let forth with peace -
The mountains and the hills will break forth before you
There'll be shouts of joy And all the trees of the fields - will clap, will clap their hands.
And all the trees of the fields will clap their hands (x x)
And all the trees of the fields will clap their hands (x x)
The trees of the fields will clap their hands (x x)... While you go out with joy
Stuart Daeuermann / OneLicense / Hope Publishing / Voices United

Wishing each of you a blessed Easter and celebration of the Resurrection! See you next
Sunday at 4pm - as we celebrate the confirmation of three of our youth!

Weekday Prayer with the Emmaus Community

@ **Emmaus/AbbeyChurch Upper Room** (off the Balmoral parking lot, up the metal stairs)

NO MORNING PRAYER FOR EASTER MONDAY - see you on Tuesday!

Mondays 9 am - Morning Prayer w/ Centering Prayer - approx 45 mins. In-person only.

Tuesdays 9 am - approx 25-30 mins - in-person and online.

Thursdays 8:15 am - morning prayer - The Upper Room and online on zoom.

Fridays 8:15 am - morning prayer - *on-line zoom only*

Contact us for information on the accessible entrance or zoom/liturgies link.

Open to any and all!

BORROW A BOOK? the (very in-progress - 15% catalogued) library catalog is here:
www.librarycat.org/lib/EmmausCommunity or email library@emmauscommunity.ca

WEEKLY NEWSLETTER? Have you subscribed to our weekly e-newsletter? We have recently learned that some shaw.ca emails are not receiving the newsletters - if you are missing them, please re-subscribe with a new email here: <https://www.abbeychurch.ca/subscribers>



Donations to our Common Life and Ministry

A huge thank you to everyone who supported our ministry in 2025, making it possible for us to continue thriving! We continue to welcome your offerings of all kinds; financial and otherwise - and are grateful for all the ways you give.

Here are a few ways to donate financially to the common life of our Beloved Community:

1. **E-transfers.** This method is our favourite as we receive the full amount. (no fees) Please use your online banking to interac e-transfer to treasurer@emmauscommunity.ca. Make sure you have filled out [this form](#) so we have the details to provide a tax receipt or email treasurer@emmauscommunity.ca with the details of the amount, date and your full contact details.
2. **Online** Via [Canada Helps](https://www.canadahelps.org/en/charities/emmausabbeychurch/) - follow the link below or click the QR code -> here: <https://www.canadahelps.org/en/charities/emmausabbeychurch/>
3. The **Square POS** reader at the back of the church. Again, be sure to provide your name and contact details either when making the donation via Square or using one of the slips by the iPad.

With deep gratitude for your generous support of this beloved AbbeyChurch.

admin@abbeychurch.ca + www.abbeychurch.ca

778.557.4166 we would love to connect.

This leaflet is printed on tree-free paper. Please recycle or take home

