



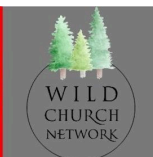
We are Blessed and Sent!

The 10th Sunday after Pentecost

August 17, 2025 + 4pm



**BLACK
LIVES
MATTER**



**CEASE
FIRE
NOW**

Welcome to The AbbeyChurch

*No matter who you are or what you are carrying today,
know you are beloved and so very welcome here.*

At the AbbeyChurch, we tell stories of faith, encourage hope, share meals, care for each other and for God's creation, and strive to practice the teachings of Jesus.

We're at different places in our faith journey but we share a guiding sacred story as found in scripture (The Bible) and summarised in our Christian creeds.

We share a willingness to honestly wrestle with God—with our questions and doubts, our disillusionment with our institutions and our concern for our world.

We invite diversity in our community and our leadership; old, young, rich, poor, conservative, liberal, radical, single, married, LGBTQ2IA+, straight, evangelical, progressive, overeducated, undereducated, overhoused, underhoused, certain, doubting, hurting, thriving (to name a few).

As a witness to unity in diversity, the AbbeyChurch is an affirming (full inclusion and leadership of 2SLGBTQIA+ folk) shared ministry of The United Church of Canada and The Anglican Church of Canada.

We draw on those spiritual traditions, as well as others across the Christian spectrum. We're also connected to Emmaus, an intentional community that is inspired by monasticism and whose members make commitments to prayer, presence and simplicity.

We believe that Christ's love and grace binds our differences together and renews our hope as we gather each week at Jesus' table of radical welcome.

The AbbeyChurch acknowledges that we worship and pray on the stolen territory of the Lək̓ʷəŋən peoples', the Songhees and Xwsepsum (Esquimalt) Nations. We strive to journey toward reparation, right relationship and reconciliation with justice. We confess the complicity of our religious traditions and institutions in the loss of life, lands, languages, spiritualities and cultures of the First Peoples' of these lands. We are grateful for the ongoing wisdom, stewardship and tending of these lands and apprentice ourselves to this good work of caring for creation and seeking to live in right-relationship with each other.

We Gather

Opening Loop and Tolling of the Bells

Welcome & Land Acknowledgement

Bell x 3

Gathering Words

Holy is the One who draws us together in Love.

Holy is the One who strengthens and enlivens our souls.

God points us in the direction of what is just.

And liberates us from the ways of evil.

By the Spirit of Christ, our lives are transformed.

For all that God has done for us, we give thanks!

Please rise in body or in spirit as we sing, and our community altar is set.

Opening Song: Make a Way

(Chorus) Make a way, and help us to walk in it. Make a way, Mmmm

Make a way, and help us to walk in it. Make a way, Mmmm

While trouble and suffering are all around our story does not end there x2 Chorus

With mercy and goodness, you welcome us, forgiven, at your table x2 Chorus

The years of sorrow will be swallowed up with tears of joy x2 Chorus

Rachel Colman, 2024.

The Poem

Chosen by our Summer Poet in Residence - Dan Aire

We Proclaim

Psalm 67 *Deus misereatur*

O God, be merciful to us and bless us, *

show us the light of your countenance and come to us.

Let your ways be known upon earth, *

your saving health among all nations.

Let the peoples praise you, O God; *

let all the peoples praise you.

Let the nations be glad and sing for joy, *

for you judge the peoples with equity and guide all the nations upon earth.

Let the peoples praise you, O God; *

let all the peoples praise you.

The earth has brought forth its increase; may you, O God our God, bless us.*

May you bless us, and may all the ends of the earth stand in awe of you.

You are invited to rise in body or spirit as we prepare our hearts to hear the gospel:

The Gospel Acclamation:

Josh Blakesley and Leland G. "Grae" McCullough, IV



Speak, Lord, your servant is listening. You have the words of everlasting life

The Gospel

Let us proclaim the Gospel from the rooftops. **With our words and with our lives!**

A reading from the Gospel according to Luke (10-1-9)

Jesus appointed seventy-two others and sent them on ahead of him in pairs to every town and place where he himself intended to go. He said to them, "The harvest is plentiful, but the labourers are few; therefore, ask the Lord of the harvest to send out labourers into his harvest. Go on your way; I am sending you out like lambs into the midst of wolves. Carry no purse, no bag, no sandals, and greet no one on the road. Whatever house you enter, first say, 'Peace to this house!' And if a person of peace is there, your peace will rest on that person, but if not, it will return to you. Remain in the same house, eating and drinking whatever they provide, for the labourer deserves to be paid. Do not move about from house to house. Whenever you enter a town and its people welcome you, eat what is set before you; cure the sick who are there, and say to them, 'The kingdom of God has come near to you. ...Let us proclaim the Gospel from the rooftops. **With our words and with our lives!**

The Gospel Acclamation:



Music © 2012, 2016, Joshua Blakesley and Leland G. "Grae" McCullough, IV. Published by OCP. All rights reserved.

Your words, Lord, are spirit and truth. You have the words of everlasting life

Reflecting on our Worship

Blessing and Sending

Bell. Silence for reflection. Bell.

Please rise in body or in spirit as we affirm our faith and remember our ancient Story of trust.

Credo

We say together:

We are not alone, we live in God's world.

**We believe in God: who has created and is creating,
who has come in Jesus, the Word made flesh, to reconcile and make new,
who works in us and others by the Spirit. We trust in God.**

We are called to be the Church:

**to celebrate God's presence, to live with respect in Creation,
to love and serve others, to seek justice and resist evil,
to proclaim Jesus, crucified and risen, our judge and our hope.**

In life, in death, in life beyond death, God is with us.

We are not alone. Thanks be to God. Amen.

The United Church of Canada, 1968, rev.

Our Prayers

The Confession

Let us turn toward the God of mercy and compassion as we bring our confessions

...time of silent prayer of confession...

God of wonder, **even when we have turned from our callings to be sent to live into Love, still, you receive us. You delight in our becoming and set us on paths of healing and restoration. Where we have come to recognize our shortcomings, do not let us get bogged down by guilt. May your grace set us free, that we may be uninhibited in pursuing what is just, what is good, and what is holy. Amen**

Absolution / Assurance of Grace

The Peace

The peace of the Lord be always with you! **And also with you.**

You are invited to share a sign of peace to those near you.

Offering: Contributions to our common life can be made at the back of the space (now or later) in the boxes or using debit or credit card. You can e-transfer donations to treasurer@emmauscommunity.ca (that's our preferred method) or donate to AbbeyChurch / Emmaus via CanadaHelps by using the QR Code on the last page of this leaflet. All donations are eligible for a charitable tax receipt.

Offertory Song: Will you Come and Follow Me?

Will you come and follow me if I but call your name?
Will you go where you don't know and never be the same?
Will you let my love be shown, will you let my name be known,
Will you let my life be grown in you and you in me?

Will you leave yourself behind if I but call your name?
Will you care for cruel and kind and never be the same?
Will you risk the hostile stare should your life attract or scare?
Will you let me answer prayer in you and you in me?

Will you let the blinded see if I but call your name?
Will you set the prisoners free and never be the same?
Will you kiss the leper clean, and do such as this unseen,
and admit to what I mean in you and you in me?

Will you love the 'you' you hide if I but call your name?
Will you quell the fear inside and never be the same?
Will you use the faith you've found to reshape the world around,
through my sight and touch and sound in you and you in me?

Christ, your summons echoes true when you but call my name.
Let me turn and follow you and never be the same.
In your company I'll go where your love and footsteps show.
Thus I'll move and live and grow in you and you in me.

The Iona Community, 1987.

We Celebrate

As we prepare for this holy feast, we are reminded that all are welcome at Jesus's wherever they find themselves in their spiritual journey. If you wish to come forward to receive a blessing rather than bread and wine, place your hands across your chest.

Invitation to the Table

Beloveds. We come to this Table because we are claimed in covenant and called to be witnesses to your work in the world.

We come because we long for liberation

We come because we thirst for justice

We come because we know the need — fierce and urgent—

for grace and freedom and nourishment in our flesh and our bones

We come proclaiming that this is not the table of The Abbey Church, this is the table of Christ, the Word made flesh, who blesses us and sends us in love.

So come, for you are made welcome here. **Amen.**

Enfleshed - rev. anna bladel, Alt.

The Great Thanksgiving / Communion

God is with us! **We are not alone!**

Lift up your hearts. **We lift them up to God.**

Let us give thanks to the Lord our God. **It is right to give our thanks and praise.**

Holy Mystery that is Wholly Love, you are beyond complete knowledge, above perfect description. Father, Son, and Holy Spirit; Source of Life, Living Word, and Bond of Love, you are creative and self-giving, generously moving. In all the near and distant corners of the universe. nothing exists that does not find its source in you. Even when we turn away from you, you are with us; your presence never fails us, your gifts of hope and new life transform us, sending us into our families, our communities, and our nations as vessels of your blessings.

We praise you for Jesus Christ, eternal as your love, our bond to one another. In Jesus, love incarnate, you provide us all we need for each day: his words comfort the weary; his actions challenge the contented; his touch heals the sick; his presence feeds the deepest hunger in our souls. In Jesus and in his feast you provide for us the sustenance we need to respond to the cries of creation.

Therefore, we rejoice with all your people of every time and place and with angels and archangels, to proclaim the glory of your name as we say:

Holy, holy, holy Lord, God of power and might,

Heaven and earth are full of your glory. Hosanna in the highest.

+Blessed is the One who comes in the name of the Lord.

Hosanna in the highest.

It is Jesus, God incarnate, the Risen Christ, who joins us together as a community of broken but hopeful believers: loving what he loved, living what he taught, and striving to be his faithful servants in our time and place.

On the night before Jesus died, he took a loaf of bread, gave thanks, broke it, and said, "This is my body, broken for you. Whenever you eat it, remember me." After supper, Jesus took the cup, and poured, saying, "This is the promise of God, poured out in my life's blood. Whenever you drink it, remember me." We do remember. We remember his life of love, his friendship, his teaching, his dying, and his rising to life again.

In sharing this meal, we proclaim the mystery of faith.

Christ has died. Christ is risen. Christ will come again.

Christ has died. Christ is risen. Christ will come again.

Holy Mystery, God the Spirit, we call on you to transform these familiar things, as you continually transform the world around us. +Bless this bread and this cup, that they may be the very presence of Jesus Christ. As we share this bread and cup, give us a glimpse of what it is to be in communion with you, with one another, and with all of creation. Nourish us, that we may be strengthened and empowered as you send us to the world you love. Through Christ, in Christ, and with Christ, in the unity of the Holy Spirit, all glory is yours, God most holy, now and forever. **Amen.**

The Prayer of Jesus

As beloved children of a loving parent, we pray as Jesus taught:

Our *Father (*or Parent, or Abba, or Amma, or Source, or Mother)

who art in heaven, hallowed be thy name, thy kingdom come,

Thy will be done, on earth as it is in heaven. Give us this day our daily bread.

Forgive us our trespasses as we forgive those who trespass against us.

And lead us not into temptation but deliver us from evil.

For thine is the kingdom, the power and the glory. Forever and ever. Amen.

Silence is kept

These are the gifts of God - for the people of God - given for the life of the world.

Thanks be to God!

*All are welcome (none compelled!) to receive at Jesus' table! The bread is gluten-free but may contain almond flour, egg and dairy. Please ask the server if you would like a non-dairy / nut option (rice crackers). The juice is in the small cups. Wine is in the larger common cup.
Please refrain from dipping the bread.*

Song (pre-recorded): **Agnus Dei / Lamb of God** - Gregorian Chant

Communion Song: Establish the Work of our Hands

If You don't build it, we labor in vain,
Without Your Spirit, we stand with no strength.
I know my life is passing away,
but the works of Your hands
are what will remain.
Let the favor of the Lord rest upon us...

REFRAIN:

O Lord, establish the work of our hands!

O Lord, establish the work of our hands!

Teach us to number the length of our days,
Pour out Your power, we'll pour out Your praise.
Teach us to run, to finish the race,
for only what's done in love will remain.
Let the favor of the Lord
rest upon us... (refrain)

Al - le - lu - ia, al - le - luia, al - le - luia (repeat)

2017, Porters Gate Worship Project, Work Songs.

Communion Song: Leaning on the Everlasting Arms

What a fellowship, what a joy divine,
leaning on the everlasting arms;
what a blessedness, what a peace is mine,
leaning on the everlasting arms. Refrain:

(Refrain) Leaning, leaning,
safe and secure from all alarms;
leaning, leaning, leaning on the everlasting arms.

O how sweet to walk in this pilgrim way,
leaning on the everlasting arms;
O how bright the path grows from day to day,
leaning on the everlasting arms. (Refrain)

What have I to dread, what have I to fear,
leaning on the everlasting arms?
I have blessed peace with my Lord so near,
leaning on the everlasting arms. (Refrain)

E.A. Huffman, 1887.

We Are Sent

The Prayer After Communion

Let us pray together:

We thank you, Generous God, for this feast of life. We are fed by your love; we are strengthened by your life. Send us forth into this world, to feed as we have been fed, forgive as we have been forgiven, and love as we have been loved. Amen.

Alydia Smith, UCC, Alt.

The Blessing

Closing Song: We Shall Go Out With Hope of Resurrection

We shall go out with hope of resurrection,
We shall go out, from strength to strength go on,
We shall go out and tell our stories boldly,
Tales of a love that will not let us go.
We'll sing our songs of wrongs that can be righted,
We'll dream our dream of hurts that can be healed,
We'll weave a cloth of all the world united
Within the vision of a Christ who sets us free.

We'll give a voice to those who have not spoken,
We'll find the words for those whose lips are sealed,
We'll make the tunes for those who sing no longer,
Expressive love alive in every heart.
We'll share our joy with those who are still weeping,
Chant hymns of strength for hearts that break in grief,
We'll leap and dance the resurrection story
Including all within the circles of our love.

1993 Stainer & Bell Ltd, CCLI.

The Sending

Go with joy to follow Jesus and to live God's kingdom of peace, justice and love!
Thanks be to God! Amen.

The Postlude: You Shall Go Out With Joy

You shall go out with joy and be led forth with peace;
the mountains and the hills will break forth before you;
there'll be shouts of joy, and all the trees of the field
will clap, will clap their hands!
And all the trees of the field will clap their hands, (clap, clap)
the trees of the field will clap their hands, (clap, clap)
the trees of the field will clap their hands (clap, clap)
while you go out with joy.

Steffi G. Ruben, 1975.

COMING UP

See you in 2 Weeks!

Next worship August 31st at 4pm at Willows beach. - We usually gather on the beach to the right of the tea house parking lot.

WANNA CHAT? Reach out to us at admin@emmauscommunity.ca

WEEKLY NEWSLETTER - Have you subscribed to our weekly e-newsletter? We have recently learned that some shaw.ca emails are not receiving the newsletters - if you are missing them, please re-subscribe with a new email here:

<https://www.abbeychurch.ca/subscribers>

Weekday Prayer

Mondays at 9 am - Morning Prayer with Centering Prayer

@ Emmaus/AbbeyChurch *Upper Room* (off the Balmoral parking lot, metal stairs up)
- approx 45 mins - in-person only.

NO MORNING PRAYER ON HOLIDAY MONDAYS

Thursdays at 8:15 am - morning prayer - The Upper Room and online on zoom.

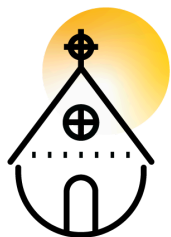
Fridays at 8:15 am - morning prayer - *on-line zoom only*

Contact us for information on the accessible entrance or zoom/liturgies link

Donations to our Common Life and Ministry

We are so grateful for your presence with us! A huge thank you to everyone who supported our ministry in 2024 and made it possible to continue to thrive in the place God has called us to. If you are interested in donating to our common life, you can now send offerings by **e-transfer to treasurer@emmauscommunity.ca** or talk to Lynn, our treasurer to sign up for monthly giving (PAR)! There's also a point of sale machine at the back table for debit or credit donations. Or give

through Canadahelps by clicking the QR code here: All donations are eligible for a charitable receipt for income tax purposes.



THE
ABBEY
CHURCH

admin@emmauscommunity.ca +

www.abbeychurch.ca

778.557.4166 We would love to connect.

This leaflet is printed on carbon neutral tree-free paper. Please recycle.

This Day We Say Grateful
A Sending Blessing

It is a strange thing
to be so bound
and so released
all in the same moment,
to feel the heart
open wide
and wider still
even as it turns
to take its leave.

On this day,
let us say
this is simply the way
love moves
in its ceaseless spiraling,
turning us toward
one another,
then sending us
into what waits for us
with arms open wide to us
in welcome
and in hope.

On this day,
in this place
where you have
poured yourself out,
where you have been
emptied
and filled
and emptied again,
may you be aware
more than ever
of what your heart
has opened to
here,
what it has tended
and welcomed
here,

where it has broken
in love and in grief,
where it has given
and received blessing
in the unfathomable mystery
that moves us,
undoes us,
and remakes us
finally
for joy.

This day
may you know
this joy
in full measure.

This day
may you know
this blessing
that gathers you in
and sends you forth
but will not
forget you.

O hear us
as this day
we say
grace;
this day
we say
grateful;
this day
we say
blessing;
this day
we release you
in God's keeping
and hold you
in gladness
and love.

—*Jan Richardson*