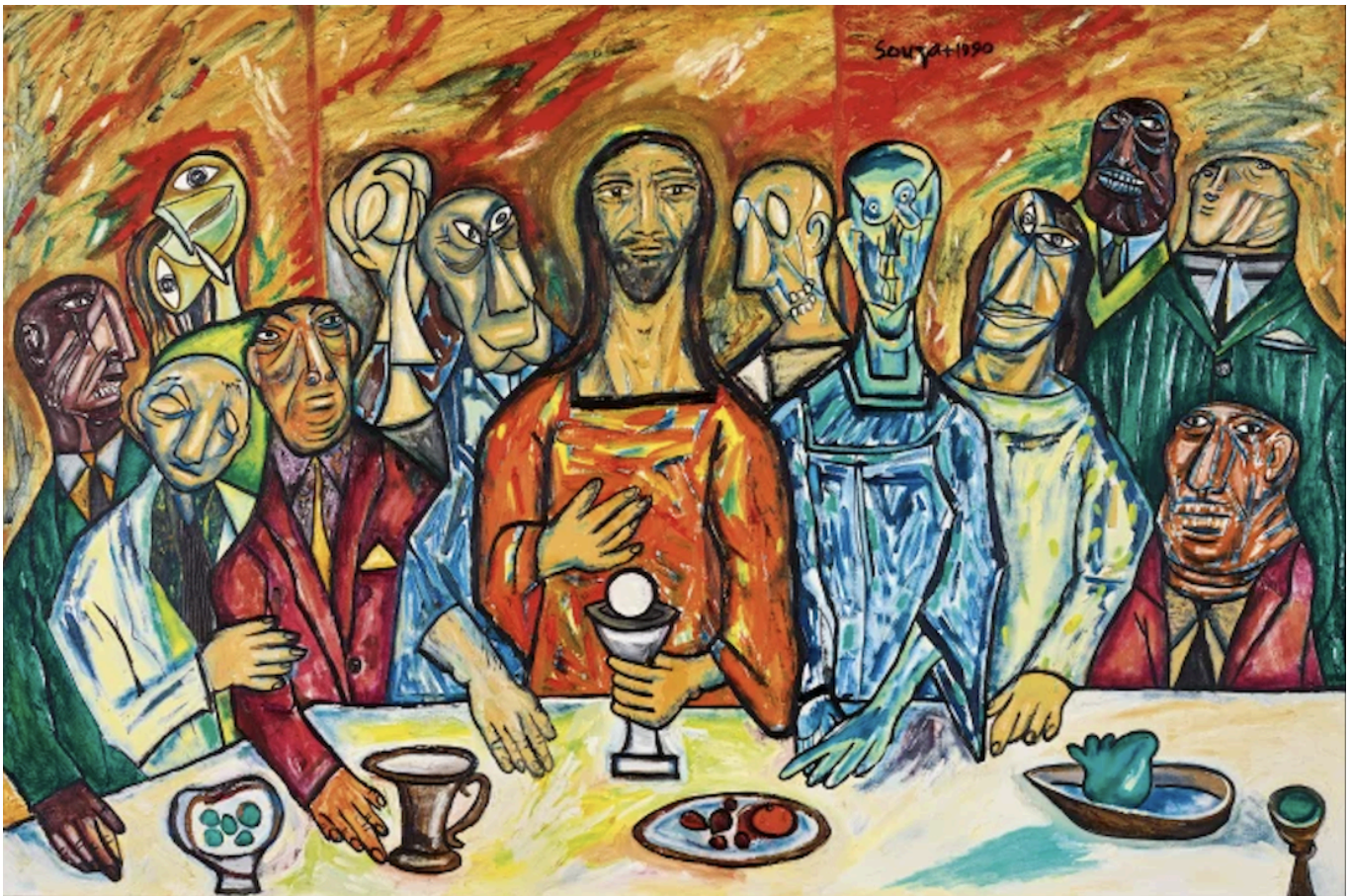




## **We Celebrate! (We Confess and We Feast)**

**The Eighth Sunday after Pentecost**

**August 3, 2025 + 4pm**



Francis Newton Souza, *The Last Supper*, 1990 - Goa/India -



**BLACK  
LIVES  
MATTER**



**CEASE  
FIRE  
NOW**

# Welcome to The AbbeyChurch

*No matter who you are or what you are carrying today,  
know you are beloved and so very welcome here.*

At the AbbeyChurch, we tell stories of faith, encourage hope, share meals, care for each other and for God's creation, and strive to practice the teachings of Jesus.

We're at different places in our faith journey but we share a guiding sacred story as found in scripture (The Bible) and summarised in our Christian creeds.

We share a willingness to honestly wrestle with God—with our questions and doubts, our disillusionment with our institutions and our concern for our world.

We invite diversity in our community and our leadership; old, young, rich, poor, conservative, liberal, radical, single, married, LGBTQ2IA+, straight, evangelical, progressive, overeducated, undereducated, overhoused, underhoused, certain, doubting, hurting, thriving (to name a few).

As a witness to unity in diversity, the AbbeyChurch is an affirming (full inclusion and leadership of 2SLGBTQIA+ folk) shared ministry of The United Church of Canada and The Anglican Church of Canada.

We draw on those spiritual traditions, as well as others across the Christian spectrum. We're also connected to Emmaus, an intentional community that is inspired by monasticism and whose members make commitments to prayer, presence and simplicity.

We believe that Christ's love and grace binds our differences together and renews our hope as we gather each week at Jesus' table of radical welcome.

The AbbeyChurch acknowledges that we worship and pray on the stolen territory of the Lək'wəḡən peoples', the Songhees and Xwsepsum (Esquimalt) Nations. We strive to journey toward reparation, right relationship and reconciliation with justice. We confess the complicity of our religious traditions and institutions in the loss of life, lands, languages, spiritualities and cultures of the First Peoples' of these lands. We are grateful for the ongoing wisdom, stewardship and tending of these lands and apprentice ourselves to this good work of caring for creation and seeking to live in right-relationship with each other.

# We Gather

## Opening Loop and Tolling of the Bells

### Welcome & Land Acknowledgement

*Bell x 3*

### Gathering Words

Give us, God of the earth and of the wheat fields, our daily bread.

**That bread that does not belong to us,**

**that bread is yours and is generous, bread to share,**

Bread that becomes blessed when it reaches each person,

when it satisfies hunger and solitude, when it is not hoarded or hidden.

**But do not give us only bread, give us the dignity**

**that we are denied in this world of ours**

Where walls and wars and the cracks of ambitions and neo-liberalisms and fundamentalisms which exclude, marginalize, condemn, expel, kill.

**Give us tables where we can meet to celebrate our human diversities.**

Give us the ability to embrace, to look kindly, give us outstretched hands and sensitive hearts, commitment to the fullness of life.

**Give us words that encourage, actions that include gestures that bring hope,**

songs that draw mornings or fresh bread that is tender and just and of glasses overflowing with the wine of equity. *Adapted from Claudio Carvalhaes, Liturgies from Below*

*Let us pray,*

O God, who in this wonderful Sacrament have left us a memorial of your Passion, grant us, we pray, so to revere the sacred mysteries of your Body and Blood that we may always experience in ourselves the fruits of your redemption.

Who live and reign with God our Source, in the unity of the Holy Spirit,

One God, for ever and ever. **Amen.** *Collect for the Solemnity of Corpus Christi, alt.*

*Please rise in body or in spirit as we sing, and our community altar is set.*

### Opening Song: We Will Feast In the House of Zion

*Refrain:* We will feast in the house of Zion

We will sing with our hearts restored

You have done great things, we will say together

We will feast and weep no more

In the dark of night before the dawn

my soul be not afraid

For the promised morning, O how long?

O God of Jacob, be my strength. *Refrain*

Every vow we've broken and betrayed

You are the faithful One

And from the garden to the grave

Bind us together, bring shalom. *Refrain*

*Sandra McCracken / Drink Your Tea Music / CCLI, alt.*

### The Poem

*Chosen by our Summer Poet in Residence - Dan Aire*

# We Proclaim

**The Psalm: Psalm 116: 12-19 (The Message)** - read responsively - please read the bold print together  
What can I give back to God for the blessings God's poured out on me?

**I'll lift high the cup of salvation— a toast to God!**

I'll pray in the name of God;

**I'll complete what I promised God I'd do, and I'll do it together with God's people.**

When they arrive at the gates of death, God welcomes those who love God

**Oh, God, here I am, your servant, your faithful servant: set me free for your service!**

I'm ready to offer the thanksgiving sacrifice and pray in the name of God.

**I'll complete what I promised God I'd do and I'll do it in company with God's people**

In the place of worship, in God's house, in Jerusalem, God's city. Hallelujah!

...Glory to God, Source of All Being, Eternal Word and Holy Spirit

**As it was in the beginning, is now and ever shall be, world without end, amen.**

*You are invited to rise in body or spirit as we prepare our hearts to hear the gospel:*

## The Gospel Acclamation:

Josh Blakesley and Leland G. "Grae" McCullough, IV



*Speak, Lord, your servant is listening. You have the words of everlasting life*

## The Gospel

Let us proclaim the Gospel from the rooftops. **With our words and with our lives!**

A reading from the Gospel according to Luke (22: 14-20)

When the hour came, Jesus took his place at the table, and the apostles with him. He said to them, "I have eagerly desired to eat this Passover with you before I suffer, for I tell you, I will not eat it until it is fulfilled in the kingdom of God." Then he took a cup, and after giving thanks he said, "Take this and divide it among yourselves, for I tell you that from now on I will not drink of the fruit of the vine until the kingdom of God comes." Then he took a loaf of bread, and when he had given thanks he broke it and gave it to them, saying, "This is my body, which is given for you. Do this in remembrance of me." And he did the same with the cup after supper, saying, "This cup that is poured out for you is the new covenant in my blood."

...Let us proclaim the Gospel from the rooftops. **With our words and with our lives!**

## The Gospel Acclamation:



Music © 2012, 2016, Joshua Blakesley and Leland G. "Grae" McCullough, IV. Published by OCP. All rights reserved.

*Your words, Lord, are spirit and truth. You have the words of everlasting life*

*Bell. Silence for reflection. Bell.*

*Please rise in body or in spirit as we affirm our faith and remember our ancient Story of trust.*

**Credo**

*We say together:*

**We are not alone, we live in God's world.**

**We believe in God: who has created and is creating,  
who has come in Jesus, the Word made flesh, to reconcile and make new,  
who works in us and others by the Spirit. We trust in God.**

**We are called to be the Church:**

**to celebrate God's presence, to live with respect in Creation,  
to love and serve others, to seek justice and resist evil,  
to proclaim Jesus, crucified and risen, our judge and our hope.  
In life, in death, in life beyond death, God is with us.**

**We are not alone. Thanks be to God. Amen.** *The United Church of Canada, 1968, rev.*

**Our Prayers :: Anointing and Stations**

*During these next songs we invite you to sing along, or light candles of prayer for those  
who are struggling here and around the world - or write your prayer in the prayer  
weave. You are also welcomed to come forward to receive anointing for healing; an  
ancient sacrament where you will be prayed over and oil placed on your forehead.*

**Healing Song: Healer of Our Every Ill**

*Refrain:* Healer of our every ill, light of each tomorrow,  
give us peace beyond our fear & hope beyond our sorrow.

You who know our fears and sadness,  
grace us with your peace and gladness;  
Spirit of all comfort, fill our hearts. *Refrain.*

In the pain and joy beholding  
how your grace is still unfolding,  
give us all your vision, God of love. *Refrain.*

Give us strength to love each other,  
every sister, every brother;  
Spirit of all kindness, be our guide. *Refrain.*

You who know each thought and feeling,  
teach us all your way of healing;  
Spirit of compassion, fill each heart. *Refrain.*

Marty Haugen / GIA Publications) OneLicense

## Healing Song: Come Healing

O gather up the brokenness  
and bring it to me now  
the fragrance of those promises  
you never dared to vow  
the splinters that you carry  
the cross you left behind  
come healing of the body  
come healing of the mind

and let the heavens hear it  
the penitential hymn  
come healing of the spirit  
come healing of the limb

behold the gates of mercy  
in arbitrary space  
and none of us deserving  
the cruelty or the grace  
o solitude of longing  
where love has been confined  
come healing of the body  
come healing of the mind

o see the darkness yielding  
that tore the light apart  
come healing of the reason  
come healing of the heart  
o troubled dust concealing  
an undivided love  
the heart beneath is teaching  
to the broken heart above

o let the heavens falter  
and let the earth proclaim:  
come healing of the altar  
come healing of the name  
o longing of the branches  
to lift the little bud  
o longing of the arteries  
to purify the blood

and let the heavens hear it  
the penitential hymn  
come healing of the spirit  
come healing of the limb  
o let the heavens hear it  
the penitential hymn  
come healing of the spirit  
come healing of the limb

Leonard Cohen / Sony Music

## Collecting Prayer (*extempore*) - and prayer for Sue

### The Confession

Let us turn toward the God of mercy and compassion as we bring our confessions

[saying together] **For the roads we have blocked,** (*deep breath*)

**For the bridges that we didn't build,** (*deep breath*)

**For the empty table that we didn't fill,** (*deep breath*)

**Forgive us.** *Liturgies from below - p72*

*...time of silent prayer of confession...*

## Absolution / Assurance of Grace

### The Peace

The peace of the Lord be always with you! **And also with you.**

*You are invited to share a sign of peace to those near you.*

*Offering: Contributions to our common life can be made at the back of the space (now or later) in the boxes or using debit or credit card. You can e-transfer donations to [treasurer@emmauscommunity.ca](mailto:treasurer@emmauscommunity.ca) (that's our preferred method) or donate to AbbeyChurch / Emmaus via CanadaHelps by using the QR Code on the last page of this leaflet.  
All donations are eligible for a charitable tax receipt.*



### **Offertory Song: All Who Hunger, Gather Gladly**

All who hunger gather gladly; holy manna is our bread.  
Come from wilderness and wand'ring. Here in truth we will be fed.  
You that yearn for days of fullness, all around us is our food.  
Taste and see the grace eternal. Taste and see that God is good.

All who hunger, never strangers; seeker, be a welcome guest.  
Come from restlessness and roaming. Here in joy we keep the feast.  
We that once were lost and scattered in communion's love have stood.  
Taste and see the grace eternal. Taste and see that God is good.

All who hunger, sing together, Jesus Christ is living bread.  
Come from loneliness and longing. Here in peace we have been fed.  
Blest are those who from this table live their days in gratitude.  
Taste and see the grace eternal. Taste and see that God is good.

Sylvia G. Dunstan / GIA Publications / OneLicense. Tune: HOLY MANNA, American folk melody, attrib. William Moore

## **We Celebrate**

*As we prepare for this holy feast, we are reminded that all are welcome at Jesus's wherever they find themselves in their spiritual journey. If you wish to come forward to receive a blessing rather than bread and wine, place your hands across your chest.*

### **Invitation to the Table**

Beloveds.

We come to this Table because we are claimed in covenant and called to the feast.  
We come because we long for liberation  
We come because we thirst for justice  
We come because we know the need — fierce and urgent—  
for grace and freedom and nourishment in our flesh and our bones  
We come proclaiming that this is not the table of The Abbey Church, this is the table of Christ,  
the Word made flesh, who invites us to be nourished by Their very life.  
So come, for you are made welcome here. **Amen.** *Enfleshed - rev. anna bladel, Alt.*

### **The Great Thanksgiving / Communion**

*Prayer I from Celebrate God's Presence - The United Church of Canada  
Taken from a translation of the prayer of Hippolytus of Rome (c. 215) the earliest known text of a eucharistic prayer.*

The Lord be with you. **And with your spirit.**  
Lift up your hearts. **We lift them to the Lord**  
Let us give thanks to the Lord our God. **It is right to give God thanks and praise**

We give you thanks, O God, through your beloved servant, Jesus Christ,  
whom you have sent in these last times as saviour and redeemer, and messenger of your will.  
Christ is your Word, inseparable from you,  
through whom you made all things and in whom you take delight.

You sent him from heaven into the Virgin's womb,  
where he was conceived, and took flesh.  
Born of Blessed Mary by the power of the Holy Spirit, he was revealed as your Son.  
In fulfillment of your will Jesus stretched out his hands in suffering  
to release from suffering those who place their trust in you, and so won for you a holy people.

And so we join the angels and saints in proclaiming your glory:  
**Holy, holy, holy Lord, God of power and might,  
Heaven and earth are full of your glory. Hosanna in the highest.  
+Blessed is the One who comes in the name of the Lord.  
Hosanna in the highest.**

Jesus freely accepted the death to which he was handed over, in order to destroy death and to shatter the chains of the evil one; to trample underfoot the powers of hell and to lead the righteous into light; to fix the boundaries of death, and to manifest the resurrection.

And so he took bread, gave thanks to you, and said: "Take, and eat; this is my body, broken for you."  
In the same way he took the cup, saying: "This is my blood, shed for you. When you do this, do it for the remembrance of me."

Therefore, we proclaim the mystery of faith.  
**Christ has died. Christ is risen. Christ will come again.  
Christ has died. Christ is risen. Christ will come again.**

Remembering therefore Jesus' death and resurrection, we set before you this bread and cup, thankful that you have counted us worthy to stand in your presence and serve you as your priestly people.

We ask you to +send your Holy Spirit upon the offering of the holy church. Gather into one all who share these holy mysteries, filling them with the Holy Spirit and confirming their faith in the truth, that together we may praise you and give you glory, through your servant, Jesus Christ.

Through Christ all glory and honour are yours,  
Almighty Father - with the Holy Spirit in the holy church, now and forever. **Amen.**

### **The Prayer of Jesus**

As beloved children of a loving parent, we pray as Jesus taught:  
**Our \*Father (\*or Parent, or Abba, or Amma, or Source, or Mother)  
who art in heaven, hallowed be thy name, thy kingdom come,  
Thy will be done, on earth as it is in heaven. Give us this day our daily bread.  
Forgive us our trespasses as we forgive those who trespass against us.  
And lead us not into temptation but deliver us from evil.  
For thine is the kingdom, the power and the glory. Forever and ever. Amen.**

*Silence is kept*

These are the gifts of God - for the people of God - given for the life of the world.  
**Thanks be to God!**

*All are welcome (none compelled!) to receive at Jesus' table! The bread is gluten-free but may contain almond flour, egg and dairy. Please ask the server if you would like a non-dairy / nut option (rice crackers). The juice is in the small cups. Wine is in the larger common cup.  
Please refrain from dipping the bread.*

**Song** (pre-recorded): **Agnus Dei / Lamb of God** - Gregorian Chant



## Communion Song: Eat This Bread

The image shows a musical score for a communion song. It consists of two systems of music, each with a treble and bass staff. The first system has the lyrics 'Eat this bread, drink this cup, come to me and nev-er be hun-gry.' The second system has the lyrics 'Eat this bread, drink this cup, trust in me and you will not thirst.' Above the second system, the following chords are written: G, D, Em, Bm, C, DSUS4, D, G. The music is in G major (one sharp) and common time (C).

J. Berthier - Ateliers et Presses De Taize, OneLicense

## Song: Let Us Break Bread Together On Our Knees

Let us break bread together on our knees  
Let us break bread together on our knees  
When I fall on my knees, with my face to the rising sun  
Oh Lord, have mercy on me

Let us drink wine together on our knees  
Let us drink wine together on our knees  
When I fall on my knees, with my face to the rising sun  
Oh Lord, have mercy on me

Let us praise God together on our knees Let us praise God together on our knees  
When I fall on my knees, with my face to the rising sun Oh Lord, have mercy on me  
African-American Spiritual / Public Domain

## We Are Sent

*Please rise in body or spirit*

### The Prayer After Communion

Let us pray together:

**God of grace, we have shared in the mystery of the body and blood of Christ.**

**May we who have tasted the bread of life live with you for ever.**

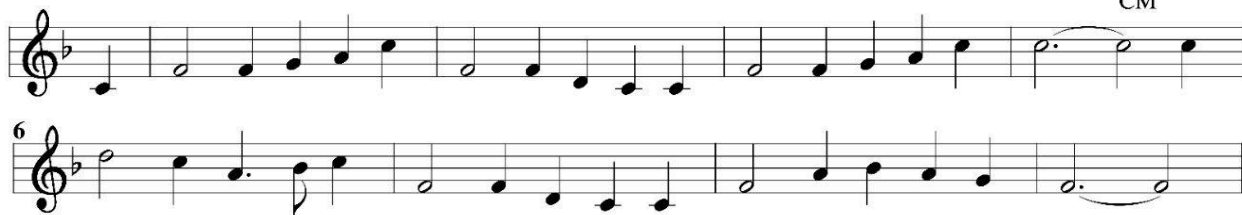
**We ask this in the name of Jesus Christ our Lord. Amen.** *The Anglican Church of Canada, BAS*

### The Blessing

## Closing Song: O Thou Who This Mysterious Bread / Alleluia, Sing to Jesus

American Traditional Melody

Land of Rest  
CM



O Thou who this mysterious bread didst in Emmaus break;  
return, herewith our souls to feed, and to Thy foll'wers speak.

Unseal the volume of Thy grace, apply the gospel Word;  
open our eyes to see Thy face, our hearts to know the Lord.

Of Thee communing still, we mourn till Thou the veil remove;  
talk with us, and our hearts shall burn with flames of fervent love.

Enkindle now the heav'nly zeal, and make Thy mercy known;  
and give our pardoned souls to feel that God and love are one.

Charles Wesley - Hymns on the Lord's Supper 1745. Public Domain.

Alleluia! Sing to Jesus; His the scepter, His the throne.

Alleluia! His the triumph, His the victory alone.

Hark! The songs of peaceful Zion thunder like a mighty flood:

"Jesus out of every nation has redeemed us by His blood.

Alleluia! Bread of heaven, here on earth our food, our stay.

Alleluia! Here the sinful flee to You from day to day.

Intercessor, Friend of sinners, earth's Redeemer, hear our plea  
where the songs of all the sinless sweep across the crystal sea.

Alleluia, King eternal, Lord omnipotent we own;

alleluia, born of Mary, earth your footstool, heaven your throne.

As within the veil you entered, robed in flesh, our great high priest,

here on earth both priest and victim in the eucharistic feast. W. Chatterton Dix / Public Domain

### The Sending

Go nourished by the life of Christ, to love God and set tables of welcome!

**Thanks be to God! Amen.**

*See you in 2 Weeks!*  
*Next worship August 17 at 4pm.*  
*"We are Sent"*

## **COMING UP**

**Worship in Summer happens every other week:** We'll gather next on Sunday **August 17**  
- all at 4pm here in the AbbeyChurch Sanctuary.

**WANNA CHAT?** Reach out to us at [admin@emmauscommunity.ca](mailto:admin@emmauscommunity.ca)

**WEEKLY NEWSLETTER** - Have you subscribed to our weekly e-newsletter? We have recently learned that some shaw.ca emails are not receiving the newsletters - if you are missing them, please re-subscribe with a new email here:

<https://www.abbeychurch.ca/subscribers>

## **Weekday Prayer**

**NOTE: NO MORNING PRAYER TOMORROW!**

**Mondays at 9 am** - Morning Prayer with Centering Prayer  
@ Emmaus/AbbeyChurch *Upper Room* (off the Balmoral parking lot, metal stairs up)  
- approx 45 mins - in-person only.

**THERE WILL BE NO MORNING PRAYER THIS HOLIDAY MONDAY!**

**Tuesdays at 9 am** - Morning Prayer @ The Upper Room  
- in-person and online on Zoom - approx 25-30 mins.

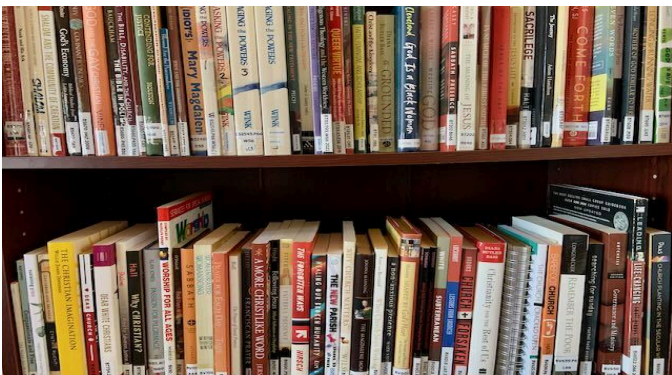
**Thursdays at 8:15 am** - morning prayer - The Upper Room and online on zoom.

**Fridays at 8:15 am** - morning prayer - *on-line zoom only*  
*Contact us for information on the accessible entrance or zoom/liturgies link*



## **Donations to our Common Life and Ministry**

We are so grateful for your presence with us! A huge thank you to everyone who supported our ministry in 2024 and made it possible to continue to thrive in the place God has called us to. If you are interested in donating to our common life, you can now send offerings by **e-transfer to treasurer@emmauscommunity.ca** or talk to Lynn, our treasurer to sign up for monthly giving (PAR)! There's also a point of sale machine at the back table for debit or credit donations. Or give through Canadahelps by clicking the QR code here: All donations are eligible for a charitable receipt for income tax purposes.



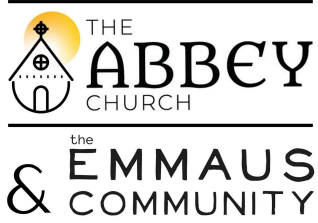
## **Emmaus Library Cataloging Day**

**Sat. August 16 from 10am-4pm (drop in)**

Come help us catalog our over 3000 books as we make our library a resource for the Common Good! August 16 from 10am-4pm (drop in) and bring a bagged lunch if you're here over lunchtime! You can check out the catalog (so far - only 10% entered) at

[librarycat.org/lib/EmmausCommunity](http://librarycat.org/lib/EmmausCommunity). Talk to Lynn for more information





**admin@emmauscommunity.ca +**  
**www.abbeychurch.ca**

**778.557.4166 We would love to connect.**

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