



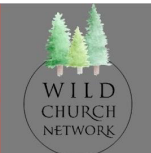
‘Proclamation & Response’
The Sixth Sunday after Pentecost
July 20, 2025 + 4pm



Fra Angelico (c. 1400-1455 CE). San Marco, Florence.



**BLACK
LIVES
MATTER**



**CEASE
FIRE
NOW**

Welcome to The AbbeyChurch

*No matter who you are or what you are carrying today,
know you are beloved and so very welcome here.*

At the AbbeyChurch, we tell stories of faith, encourage hope, share meals, care for each other and for God's creation, and strive to practice the teachings of Jesus.

We're at different places in our faith journey but we share a guiding sacred story as found in scripture (The Bible) and summarised in our Christian creeds.

We share a willingness to honestly wrestle with God—with our questions and doubts, our disillusionment with our institutions and our concern for our world.

We invite diversity in our community and our leadership; old, young, rich, poor, conservative, liberal, radical, single, married, LGBTQ2IA+, straight, evangelical, progressive, overeducated, undereducated, overhoused, underhoused, certain, doubting, hurting, thriving (to name a few).

As a witness to unity in diversity, the AbbeyChurch is an affirming (full inclusion and leadership of 2SLGBTQIA+ folk) shared ministry of The United Church of Canada and The Anglican Church of Canada.

We draw on those spiritual traditions, as well as others across the Christian spectrum. We're also connected to Emmaus, an intentional community that is inspired by monasticism and whose members make commitments to prayer, presence and simplicity.

We believe that Christ's love and grace binds our differences together and renews our hope as we gather each week at Jesus' table of radical welcome.

The AbbeyChurch acknowledges that we worship and pray on the stolen territory of the Lək̓ʷəŋən peoples', the Songhees and Xwsepsum (Esquimalt) Nations. We strive to journey toward reparation, right relationship and reconciliation with justice. We confess the complicity of our religious traditions and institutions in the loss of life, lands, languages, spiritualities and cultures of the First Peoples' of these lands. We are grateful for the ongoing wisdom, stewardship and tending of these lands and apprentice ourselves to this good work of caring for creation and seeking to live in right-relationship with each other.

We Gather

Opening Loop and Tolling of the Bells

Welcome & Land Acknowledgement

Bell x 3

Gathering Words

In the beginning was the Word,

and the Word was with God, and the Word was God.

What has come into being in Jesus was life,

and the life was the light of all people.

And the Word became flesh and moved into the neighbourhood

And we have seen God's glory!

Let us pray,

Blessed One, you have given us your Holy Scriptures for our learning. May we so hear them, read, learn, and take them to heart, that being strengthened and comforted by your holy Word, we may cling to the blessed hope of everlasting life, through Jesus Christ, our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. **Amen.**

Thomas Cranmer, The Book of Common Prayer, 1662, prayer for Advent, Alt.

Please rise in body or in spirit as we sing, and our community altar is set.

Opening Song: I Heard the Voice of Jesus Say

I heard the voice of Jesus say, "Come unto me and rest;

Lay down, O weary one, lay down

Your head upon my breast."

I came to Jesus as I was, so weary, worn, and sad;

I found in him a resting place, and he has made me glad.

I heard the voice of Jesus say, "Behold, I freely give

The living water; thirsty one,

stoop down, and drink, and live."

I came to Jesus, and I drank of that life-giving stream;

My thirst was quenched, my soul revived,

and now I live in him.

I heard the voice of Jesus say,

"I am this dark world's light;

Look unto me, your morn shall rise,

and all your day be bright."

I looked to Jesus, and I found in him my star, my sun;

And in that light of life I'll walk till trav'ling days are done.

Source: text: Horatius Bonar; tune: traditional English / Public Domain

The Poem: "i thank You God for most this amazing day" by E. E. Cummings

Chosen by our Summer Poet in Residence - Dan Aire

i thank You God for most this amazing
day: for the leaping greenly spirits of trees
and a blue true dream of sky;and for everything
which is natural which is infinite which is yes

(i who have died am alive again today,
and this is the sun's birthday;this is the birth
day of life and of love and wings:and of the gay
great happening illimitably earth)

how should tasting touching hearing seeing
breathing any—lifted from the no
of all nothing—human merely being
doubt unimaginable You?

(now the ears of my ears awake and
now the eyes of my eyes are opened)

We Proclaim

The Psalm: 78 (1-4) - *Attendite, popule*

Hear my teaching, O my people;

Incline your ears to the words of my mouth.

I will open my mouth in a parable; *

I will declare the mysteries of ancient times.

That which we have heard and known, and what our ancestors have told us, *

**we will not hide from their children. We will recount to generations to come
the praiseworthy deeds and the power of the Lord, who has done wonderful
works.**

You are invited to rise in body or spirit as we prepare our hearts to hear the gospel:

Gospel Acclamation:

ALLELUIA

Mass of Restoration
Josh Blakesley and Leland G. "Grae" McCullough, IV



Speak, Lord, your servant is listening. You have the words of everlasting life



Music © 2012, 2016, Joshua Blakesley and Leland G. "Grae" McCullough, IV. Published by OCP. All rights reserved.

The Gospel

Let us proclaim the Gospel from the rooftops. **With our words and with our lives!**

A reading from the Gospel according to Luke

Then Jesus, in the power of the Spirit, returned to Galilee, and a report about him spread through all the surrounding region. He began to teach in their synagogues and was praised by everyone. When he came to Nazareth, where he had been brought up, he went to the synagogue on the Sabbath day, as was his custom. He stood up to read, and the scroll of the prophet Isaiah was given to him. He unrolled the scroll and found the place where it was written:

“The Spirit of the Lord is upon me,
because God has anointed me
to bring good news to the poor.
God has sent me to proclaim release to the captives
and recovery of sight to the blind,
to set free those who are oppressed,
to proclaim the year of the Lord’s favor.”

And Jesus rolled up the scroll, gave it back to the attendant, and sat down. The eyes of all in the synagogue were fixed on him. Then he began to say to them, “Today this scripture has been fulfilled in your hearing.” (Luke 4:14-21 NRSVUE)

...

And Jesus went back to Galilee, all powered up by the Spirit, and word about him spread like wildfire throughout the whole region.

And he was, like, teaching in their synagogues and everyone thought he was totally awesome.

So he went to Nazareth, where he grew up, and like he always did, he went to the synagogue on the sabbath day, and stood up to read.

So they gave him the book of the prophet Isaiah. And when he opened it, he found the spot where it was written,

The Lord's vibe is strong in me, 'cause he chose me to spread good news to those struggling; he sent me to mend the brokenhearted, to free the imprisoned, help the blind see, and bring freedom to those who've been hurt. Spreading the word about how lit the Lord's blessings are this year.

Then he finished reading, handed the book back to the minister, and took a seat. Everyone in the synagogue couldn't take their eyes off him.

And he started telling them, yo, this scripture is like totally coming true right now in your hearing. (Luke 4:14-21 Gen Z Bible - Based on KJV)

Let us proclaim the Gospel from the rooftops. **With our words and with our lives!**

Gospel Acclamation:

Your words, Lord, are spirit and truth. You have the words of everlasting life

Reflecting on our Worship

“We Proclaim + Respond”

Bell. Silence for reflection. Bell.

Please rise in body or in spirit as we affirm our faith and remember our ancient Story of trust.

Credo

We say together:

We are not alone, we live in God's world.

**We believe in God: who has created and is creating,
who has come in Jesus, the Word made flesh, to reconcile and make new,
who works in us and others by the Spirit. We trust in God.**

We are called to be the Church:

**to celebrate God's presence, to live with respect in Creation,
to love and serve others, to seek justice and resist evil,
to proclaim Jesus, crucified and risen, our judge and our hope.**

In life, in death, in life beyond death, God is with us.

We are not alone. Thanks be to God. Amen. *The United Church of Canada, 1968, rev.*

Our Prayers

The Confession

God, you share with us words of hope, words of Good News. But sometimes we are unable to hear them and respond to the call they offer. In the multitude of ways we can and have subverted your message of freedom and healing, in all the ways we have kept Jubilee from happening, forgive us and open us again to your Word of life.

...time of silent prayer...

This is the time of God's favour,
God's grace, God's Word, continues to proclaim
release to the captives,
sight to the blind,
Good News to the poor
and freedom to the oppressed.
You are loved, forgiven and free people
through the grace of God! **Hallelujah! Amen.**

Rev Gord - Worship Offerings [alt]

The Peace

The peace of the Lord be always with you! **And also with you.**

You are invited to share a sign of peace to those near you.

*Offering: Contributions to our common life can be made at the back of the space (now or later) in the boxes or using debit or credit card. You can e-transfer donations to treasurer@emmauscommunity.ca (that's our preferred method) or donate to AbbeyChurch / Emmaus via CanadaHelps by using the QR Code on the last page of this leaflet.
All donations are eligible for a charitable tax receipt.*

Offertory Song: Jesus Calls us Here to Meet Him

Jesus calls us here to meet him
as, through word and song and prayer,
we affirm God's promised presence
where his people live and care.
Praise the God who keeps the promise ;
praise the Son who calls us friends ;
praise the Spirit who, among us,
to our hopes and fears attends.

Jesus calls us to confess him
Word of life and Lord of all,
sharer of our flesh and frailness,
saving all who fail or fall.
Tell his holy human story ;
tell his tales that all may hear ;
tell the world that Christ in glory
came to earth to meet us here.

Jesus calls us to each other,
vastly different though we are ;
creed and colour, class and gender
neither limit nor debar.
Join the hand of friend and stranger ;
join the hands of age and youth ;
join the faithful and the doubter
in their common search for truth.

Jesus calls us to his table
Rooted firm in time and space,
Where the church in earth and heave
Finds a common meeting place.
Share the bread and wine, his body;
Share the love of which we sing;
Share the feast for saints and sinners
Hosted by our Lord and King.

John L. Bell (b. 1949) and Graham Maule (b. 1958) Words & Music: 1989 WGRG, c/o Iona Community, Glasgow, Scotland (Admin. by Wild Goose Resource Group) CCLI Song# 878659

We Celebrate

As we prepare for this holy feast, we are reminded that all are welcome at Jesus's wherever they find themselves in their spiritual journey. If you wish to come forward to receive a blessing rather than bread and wine, place your hands across your chest.

Invitation to the Table

Beloveds.

We come to this Table because we are claimed in covenant and called to hear and respond to the Living Word.

We come because we long for liberation

We come because we thirst for justice

We come because we know the need—fierce and urgent—

for grace and freedom and nourishment in our flesh and our bones

We come proclaiming that this is not the table of The Abbey Church, this is the table of Christ, the Word made flesh, who invites you to come

For you are made welcome here. **Amen.**

Enfleshed - rev. anna bladel, Alt.

The Great Thanksgiving / Communion

God is with you. **And also with you.**

Lift up your hearts. **We lift them to the Lord**

Let us give thanks to the Lord our God. **It is right to give our thanks and praise**

Storytelling God, to worship you is our joy and strength.

Your prophets foretold a day when your Anointed One would bring good news to the poor, release to the captives and recovery of sight to the blind, In Christ, you proclaimed the year of your favour and fulfilled the promise of your glory, Recalling our story of redemption and failure, exodus and liberation we join the song that echoes throughout all generations on earth and in heaven as we praise your name.

**Holy, holy, holy Lord, God of power and might,
Heaven and earth are full of your glory. Hosanna in the highest.
+Blessed is the One who comes in the name of the Lord.
Hosanna in the highest.**

Inscribing God, in Jesus, Your word was made flesh.

In scriptures that flesh was made word again and in your church, living your Kingdom in the world, that Word is made flesh once more. And so we come to this table to remember that your Anointed One, Jesus, gathered his companions around him and, taking bread, He gave thanks and gave it to them, saying, 'Take and eat; this is my body given for you. Do this in remembrance of me.'

After supper, he took the cup. Again, he gave you thanks, and gave it to his disciples, saying, 'Drink this all of you: this is my blood of the new covenant, which is given for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.'

In gratitude, we proclaim the mystery of faith.

**Christ has died. Christ is risen. Christ will come again.
Christ has died. Christ is risen. Christ will come again.**

Inspiring God, send your Holy Spirit upon these gifts of bread and wine that they may become for us the body and blood of Christ.

Open your people's hearts to your word of life and pour your Spirit on all who hear, proclaim and respond to your Word. May we feel our hearts burn within us as we listen to you speak and find our story in your story; until the day you draw us into your book of life and we are gathered between the covers of your glory, ever one God, Source of All Being, Eternal Word and Holy Spirit.

Alleluia, Amen!

The Prayer of Jesus

As beloved children of a loving parent, we pray as Jesus taught:

**Our *Father (*or Parent, or Abba, or Amma, or Source, or Mother)
who art in heaven, hallowed be thy name, thy kingdom come,
Thy will be done, on earth as it is in heaven. Give us this day our daily bread.
Forgive us our trespasses as we forgive those who trespass against us.
And lead us not into temptation but deliver us from evil.
For thine is the kingdom, the power and the glory. Forever and ever. Amen.**

Silence is kept

These are the gifts of God - for the people of God - given for the life of the world.

Thanks be to God!

*All are welcome (none compelled!) to receive at Jesus' table! The bread is gluten-free but may contain almond flour, egg and dairy. Please ask the server if you would like a non-dairy / nut option (rice crackers). The juice is in the small cups. Wine is in the larger common cup.
Please refrain from dipping the bread.*

Song (pre-recorded): **Agnus Dei / Lamb of God** - Gregorian Chant

Communion Song: All of Your Ways Are Peace

All of Your ways are peace, All of Your ways are peace.
Though we are pressed on ev'ry side,
We trust that You are peace.

You are the Word of Truth. You are the Word of Truth.
Though we have heard so many lies, we trust your Word is true

All of Your ways are just, All of Your ways are just.
Though we may say it through our tears,
We trust that you are just.

All of Your ways are peace (x3)

Jessica Fox, Paul Zach, Latifah Alattas, Isaac Wardell, Liz Vice, Orlando Palmer
Porters House / CCLI

Song: Everlasting God

Everlasting God, You alone are the Lord over all the kingdoms of the earth.
You bring out your starry host one by one, you call them all by name.

Everlasting God, you weigh clouds with heavy dew, pour spring rains over barren land. You warm
soil with golden light, Rolling hills you drape in silken moss.

Your grace holds us near. Your mercies rise
Long will our hearts behold you... Everlasting God

Everlasting God, You grant us daily breath, Guide our feet along the path of peace.
You preserve the poor outcast, hear prisoner's cries and soothe our broken hearts.

Everlasting God, You alone are the Lord over all the creatures of the earth.
You will seal our lands with peace and cover us, your mercy shall endure.

Your grace holds us near. Your mercies rise
Long will our hearts behold you
Your grace holds us near. Your mercies rise
Long will our hearts behold you
Everlasting God

Tom Wuest, 2010. Brass Trumpet Publishing

We Are Sent

Please rise in body or spirit

The Prayer After Communion

Infinite, intimate God, in this Eucharist we have celebrated your life-giving Word with us.
Fill us with joy and send us out to proclaim this good news with others.
We ask this through Jesus Christ. **Amen.**

The Blessing (sung together)

The Lord bless you and keep you

The Lord make Their face shine upon you and be gracious unto you

The Lord lift up Their countenance upon you and give you peace

And the blessing of God... +

Closing Song: Go Tell It On the Mountain

Refrain: Go, tell it on the mountain,
over the hills and everywhere;
go, tell it on the mountain that Jesus Christ is born!

While shepherds kept their watching
o'er silent flocks by night,
behold, throughout the heavens
there shone a holy light. *Refrain*

The shepherds feared and trembled,
when high above the Earth
rang out the angel chorus,
that hailed our saviour's birth. *Refrain*

Down in a lonely manger our humble Christ was born
And God sent us salvation
that blessed Christmas morn. *Refrain*
Traditional African-American spiritual

The Sending

May the sacred chronicler travel with you into the stories that have formed you, that having
made the pilgrimage, you would return freer and more whole, body and soul.
(Black Liturgies - Cole Arthur Riley)

Go in the joy of Christ, to love God and live the Gospel.

Thanks be to God! Amen.

See you in 2 Weeks!
Next worship August 3 at 4pm.
"We Celebrate"

COMING UP

Worship in July and August will happen every other week:

We'll gather next on Sundays, **August 3 & 17**
- all at 4pm here in the AbbeyChurch Sanctuary.

WANNA CHAT? Reach out to us at admin@emmauscommunity.ca

WEEKLY NEWSLETTER - Have you subscribed to our weekly e-newsletter? We have
recently learned that some shaw.ca emails are not receiving the newsletters - if you are
missing them, please re-subscribe with a new email here:

<https://www.abbeychurch.ca/subscribers>

Weekday Prayer

Mondays at 9 am - Morning Prayer with Centering Prayer

@ Emmaus/AbbeyChurch *Upper Room* (off the Balmoral parking lot, metal stairs up)
- approx 45 mins - in-person only.

Tuesdays at 9 am - Morning Prayer @ The Upper Room

- in-person and online on Zoom - approx 25-30 mins.

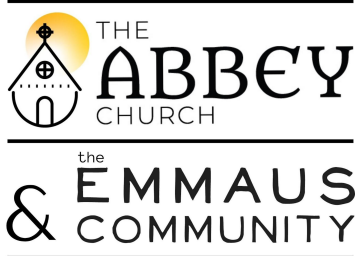
Thursdays at 8:15 am - morning prayer - The Upper Room and online on zoom.

Fridays at 8:15 am - morning prayer - *on-line zoom only*

Contact us for information on the accessible entrance or zoom/liturgies link

Donations to our Common Life and Ministry

We are so grateful for your presence with us! A huge thank you to everyone who supported our ministry in 2024 and made it possible to continue to thrive in the place God has called us to. If you are interested in donating to our common life, you can now send offerings by **e-transfer to treasurer@emmauscommunity.ca** or talk to Lynn, our treasurer to sign up for monthly giving (PAR)! There's also a point of sale machine at the back table for debit or credit donations. Or give through Canadahelps by clicking the QR code here: All donations are eligible for a charitable receipt for income tax purposes.



admin@emmauscommunity.ca

+ www.abbeychurch.ca

778.557.4166 We would love to connect.

This leaflet is printed on carbon neutral tree-free paper. Please recycle.



*Image: 14th-century Annunciation scene
A description from the '1992 Disciple's Prayer Book'
by the Anglican Council of Indigenous Peoples:*

"St. Ephrem said that Mary conceived Jesus by "Her ear." We also see Jesus become flesh among us through hearing the Gospel. This book is a pastoral adaptation of the Book of Common Prayer to help disciples hear the Gospel and see Jesus.

The method and form are not the most important feature of this resource. Like the Gospel itself, you will see the principles that are the foundation of this work thrive on local adaptation and expansion. The Gospel itself is the agent of change and transformation.

Thanks be to God for the Spirit's power that still inspires hearts, creates revolutions, and saves human beings in their communal and individual lives."