

Pentecost +3

And The Emmaus Community - 10th Anniversary

June 9, 2024 + 4pm



Image: Love Never Fails - Sarah Fuller Art www.sarahfullerart.com



Welcome to the AbbeyChurch

***No matter who you are or what you are carrying today,
know you are beloved and so very welcome here.***

At the AbbeyChurch, we tell stories of faith, encourage hope, share meals, care for each other and for God's creation, and strive to practise the teachings of Jesus.

We're at different places in our faith journey but we share a guiding sacred story as found in scripture (The Bible) and summarised in our Christian creeds.

We share a willingness to honestly wrestle with God—with our questions and doubts, our disillusionment with our institutions and our concern for our world.

We invite diversity in our community and our leadership; old, young, rich, poor, conservative, liberal, radical, single, married, LGBTQ2IA+, straight, evangelical, progressive, overeducated, undereducated, overhoused, underhoused, certain, doubting, hurting, thriving (to name a few).

As a witness to unity in diversity, the AbbeyChurch is an affirming shared ministry of The United Church of Canada and The Anglican Church of Canada.

We draw on those spiritual traditions, as well as others across the Christian spectrum. We're also connected to Emmaus, an intentional community that is inspired by monasticism and that makes commitments to one another for prayer, presence and simplicity.

We believe that Christ's love and grace binds our differences together and renews our hope as we gather each week at Jesus' table of radical welcome.



admin@abbeychurch.ca + www.abbeychurch.ca
778.557.4166 We would love to connect.

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We Gather

The Abbey Church acknowledges that we worship and pray on the stolen territory of the, the Lək'wəḡən peoples', the Songhees and Esquimalt Nations, and strive to journey toward reparation, right relationship and reconciliation with justice.

Opening Loop

Tolling of the Bells

Land Acknowledgement and Announcements

Bell x 3

Gathering Words

The ineffable, unending grace of Jesus Christ,
the love supreme of God the Source
and the mystic sweet communion of the Holy Spirit be with you all!

And also with you!

During this gathering song, folks of all ages (including children and youth!) are welcome to set the orange table with icons and symbols of faith and hope found on the back table!

Sung Collect for Purity: Almighty God

Almighty God to you all hearts are open
Search and know our thoughts and anxious fears
Wash us in the fountain of your mercy
Come with your light, we cannot hide from you

Almighty God to you all hearts are open
With gratitude we raise our song to you
Come and fill the praises of your people
In grace and truth, you make us new again

Refrain: Alleluia. Alleluia. Alleluia.

Almighty God to you all hearts are open
We long for more
than what this world provides
No shallow spring will ever satisfy us
Your river deep floods over everything
Refrain.

Sandra McCracken © 2015 Drink Your Tea (ASCAP) / CCLI

Poem: "What If?" by Micheál O'Siadhail selected by Rebecca Yeo - poet-in-residence

We Proclaim

The Hebrew Scripture

A reading from the prophet Ezekiel (36:25-27, 33-35)

I will sprinkle clean water upon you, and you shall be clean from all your uncleannesses, and from all your idols I will cleanse you. A new heart I will give you, and a new spirit I will put within you, and I will remove from your body the heart of stone and give you a heart of flesh. I will put my spirit within you and make you follow my statutes and be careful to observe my ordinances...Thus says the Lord GOD: On the day that I cleanse you from all your iniquities, I will cause the towns to be inhabited, and the waste places shall be rebuilt. The land that was desolate shall be tilled, instead of being the desolation that it was in the sight of all who passed by. And they will say, "This land that was desolate has become like the garden of Eden, and the waste and desolate and ruined towns are now inhabited and fortified."

...The word of the Lord.

Thanks be to God.

The Psalm - Come Light Our Hearts - based on Psalm 62

For You, O Lord, our souls in still - ness wait.

Tru - ly our hope is in You, Tru - ly our hope is in You.

Verse

O Lord of life, our on - ly hope, Your ra - diance
O joy a - bove all oth - er loves, In You we

shines on all who look to You in the dark. E - mman - u - el come, come light our
find more than e - nough, We come as we are, O heal and re - store, come light our

hearts.
hearts.

For

Sandra McCracken 2014 Drink Your Tea Music / CCLI

The Christian Scripture

A reading from the Acts of the Apostles (2: 43-47, 4: 32-35)

Awe came upon everyone because many wonders and signs were being done through the apostles. All who believed were together and had all things in common; they would sell their possessions and goods and distribute the proceeds to all, as any had need. Day by day, as they spent much time together in the temple, they broke bread at home and ate their food with glad and generous hearts, praising God and having the goodwill of all the people. And day by day the Lord added to their number those who were being saved... Now the whole group of those who believed were of one heart and soul, and no one claimed private ownership of any possessions, but everything they owned was held in common. With great power the apostles gave their testimony to the resurrection of the Lord Jesus, and great grace was upon them all. There was not a needy person among them, for as many as owned lands or houses sold them and brought the proceeds of what was sold. They laid it at the apostles' feet, and it was distributed to each as any had need...

The word of the Lord.

Thanks be to God.

Please rise in body or in spirit as we prepare to hear the Gospel

Gospel Acclamation: Create In Me A Clean Heart

Cre - ate in me a clean heart, O God,
and renew a right spir - it within me. Cre - ate in me a
clean heart, O God, and renew a right spir - it within
me. And cast me not a - way from thy pres - ence, O
Lord, and take not thy Ho - ly Spir - it from me. Re -
store un - to me the joy of thy sal - va - tion.
And re - new a right spir - it with - in me.

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The Gospel (Luke 24:28-33)

Let us proclaim the Gospel from the rooftops!

With our words and with our lives!

A reading from the Gospel according to Luke:

As they came near the village to which they were going, Jesus walked ahead as if he were going on. But they urged him strongly, saying, "Stay with us, because it is almost evening and the day is now nearly over." So Jesus went in to stay with them. When he was at the table with them, he took bread, blessed and broke it, and gave it to them. Then their eyes were opened, and they recognized him, and he vanished from their sight. They said to each other, "Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?"

Let us proclaim the Gospel from the rooftops!

With our words and with our lives!

Acclamation: Create In Me A Clean Heart (repeated, see above)

Sermon

Rob Shearer, ec

Bell + short silence

You are invited to rise in body or in spirit as we affirm the story of our faith

The Apostles Creed

We believe in God Almighty, Maker of all heav'n and earth;
And in Jesus Christ, our Saviour: God's own Son of matchless worth;
By the Spirit was conceived of the virgin Mary born,
God in whom we have believed: God Almighty Three-in-One.

Suffered under Pontius Pilate, on the cross, he bled and died;
Placed within the grave so silent, where for three days he did lie;
Then the stone-sealed tomb was empty; we believe he did arise;
Triumphed o'er the grave forever, over death he is the Christ.

Into heaven he ascended - seated at God's own right hand
'Til he comes again in glory, gracious judge o'er every land;
We confess the Holy Spirit who was sent through Christ the Son
Who is Lord and giver of life - God, the Spirit, Three-in-One.

We believe the Church of Jesus, catholic, it ere remains;
We are one through all the ages, the communion of the saints.
We believe sins are forgiven, that our bodies shall be raised
Everlasting life the promise - may God's holy name be praised.

Decker / Cardiphonia Music, 2006. / CCLI

Our Prayers

Jesse Robertson

The Confession

Trusting in God's Forgiveness, let us in silence confess our failings and acknowledge
our part in the pain of the world. *bell. silence. bell.*

**Before God, with the people of God, we confess to our brokenness: to the ways
we wound our lives, the lives of others and the life of the world.**

The Assurance/Absolution

Siblings in Christ - know that God forgives you, Christ renews you, and the Spirit
enables you to grow in love! **Amen.**

The Peace

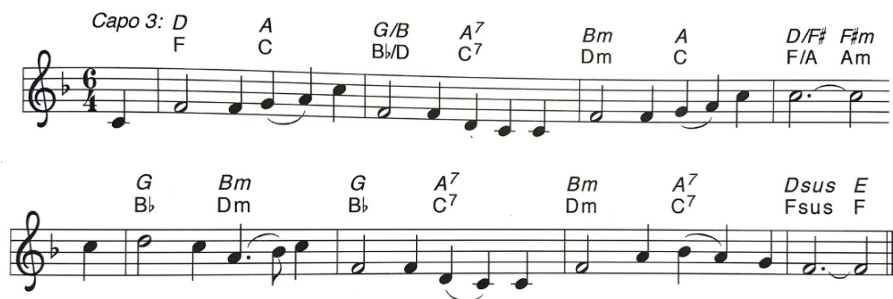
...The peace of Christ be with you. **And also with you.**

All are invited to offer a gesture or sign of God's peace to those around them.

*During the 'offertory' song, the communion table is set.
Contributions to our common life can be made at the back of the space (now or later).*

*As we prepare for this holy feast we are reminded that all are welcome to receive wherever they
find themselves in their spiritual journey. All are welcome to Jesus' table - as you feel ready.*

Offertory Song: O Thou Who This Mysterious Bread



O thou who this mysterious bread
didst in Emmaus break,
return, herewith our souls to feed,
and to thy followers speak.

Unseal the volume of thy grace,
apply the gospel Word;
open our eyes to see thy face,
our hearts to know the Lord.

Of thee communing still, we mourn
till thou the veil remove;
talk with us, and our hearts shall burn
with flames of fervent love.

Enkindle now the heavenly zeal,
and make thy mercy known,
and give our pardoned souls to feel
that God and love are one.

Charles Wesley, Public Domain / Tune: Land of Rest

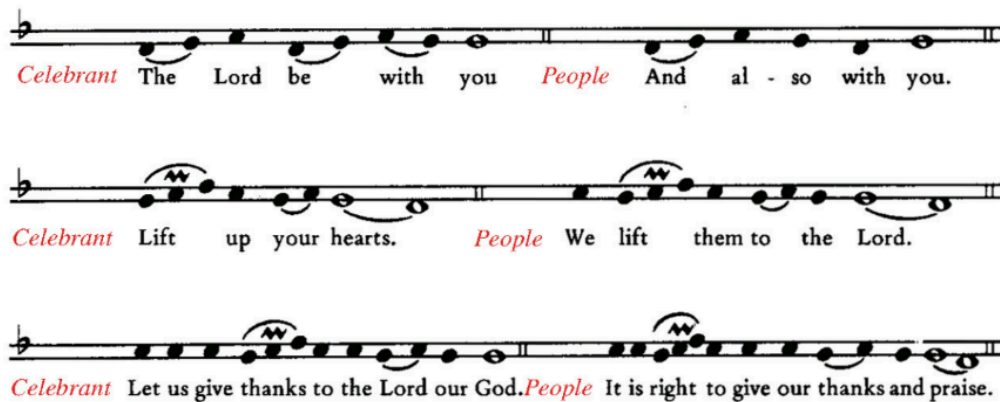
We Celebrate

The Prayer Over the Gifts

Like the disciples at Emmaus, we offer what we have. They offered their company, their table, their bread. We invite you, Christ, to be with us as we offer you our love, our devotion, these gifts. May our eyes be opened to your holy presence, now and always.

Amen. Carol Penner

The Great Thanksgiving BAS 1



It is indeed right that we should praise you, gracious God, for you created all things. You formed us in your own image: in holy diversity, you created us. When we turned away from you in sin, you did not cease to care for us, but opened a path of salvation for all people. You made a covenant with Israel, and through your servants Abraham and Sarah gave the promise of a blessing to all nations. Through Moses you led your people from bondage into freedom; through the prophets you renewed your promise of salvation. Therefore, with them, and with all your saints who have served you in every age, we give thanks and raise our voices to proclaim the glory of your name:

♩ = 100 Em C G D G Am Dsus⁴

O- Holy - Holy Holy Lord - O God of power and Might. All

C Am⁷ G D G C Em

Heaven and earth of-your glory are full Ho - sanna in the high - est. O

Bm Em D G G Dsus⁴

Blessed is the one who comes in the name-of-the Lord! Ho-

C Am G D G C Em

-sanna in the high - est. Ho - sanna in the high - est.

Holy God, source of life and goodness, all creation rightly gives you praise. In the fullness of time, you sent your Son Jesus Christ, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Source of all. He healed the sick and ate and drank with outcasts and sinners; he opened the eyes of the blind and proclaimed the good news of your reign to the poor and to those in need. In all things he fulfilled your gracious will. On the night he freely gave himself to death, our Lord Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Gracious God, his perfect sacrifice destroys the power of sin and death; by raising him to life you give us life for evermore. Therefore we proclaim the mystery of faith:

♩ = 100 Em C G D G Am Dsus⁴

Sing Christ has died and Christ is ri - sen, Christ will come a - gain! Sing

C Am⁷ G D G C Em

Christ has died and Christ is ri - sen, Christ will come a - gain!

Recalling Christ's death, proclaiming his resurrection, and looking for his coming again in glory, we offer you, Almighty God, this bread and this cup. Send your Holy Spirit upon us and upon these gifts, that all who eat and drink at this table may be one body and one holy people, a living sacrifice in Jesus Christ, our Lord. Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours, now and forever.

♩ = 100 Em C G D G Am Dsus⁴

A - men, a - men, O Ho - ly One! Ho - san - na and A - men! A -

C Am⁷ G D G C Em

men, a - men, O Ho - ly One, Ho - san - na and A - men!

The Prayer of Jesus

As beloved children of a loving parent, we pray as Jesus taught:

**Our *Father (*or Parent, or Source, or Mother) who art in heaven,
hallowed be thy name, thy kingdom come,
Thy will be done, on earth as it is in heaven.**

Give us this day our daily bread.

Forgive us our trespasses as we forgive those who trespass against us.

And lead us not into temptation but deliver us from evil.

For thine is the kingdom, the power and the glory

Forever and ever. Amen.

Silence.

These are the gifts of God for the people of God given for the life of the world.

Thanks be to God!

All are welcome to receive at Jesus' table! The bread is gluten-free but may contain almond flour, egg and dairy. Please ask the server if you would like a non-dairy / almond option (rice cracker). The juice is in the small cups. Wine is in the larger common cup. Please refrain from dipping the bread.

Song: (pre-recorded) Agnus Dei by Koine Tune: Tracy Fedke, b. 1975, arr. Koiné c Koine.

Communion Song: Stay With Us

p *mf*

Stay with us, O Lord Je - sus Christ, night will soon fall. Then
Bleib mit dei - ner Gna - de bei uns, Herr Je - su Christ. Ach,

stay with us, O Lord Je - sus Christ, light in our dark - ness.
bleib mit dei - ner Gna - de bei uns, du treu - er Gott.

Ateliers et Presses De Taizé / OneLicense

Communion Song: Lead Us To The End

O God we are crying out
Marked by the violence of Cain
Our hands are bloodstained, forgive us
O God, your children are suffering
You hear the groaning
You know the sorrows, have mercy
We are sowing in tears
May they be, Lord, seeds of your peace

*Refrain: Take our hearts of stone
-Give us hearts of flesh -
Lead us to the end of - us versus them
Spread wide your table Lord*

*Gather us in - Tear down the barrier walls
Between us and them*

There is a light - shining in our darkness
There is a spring - whose waters never fail
There is a voice - crying out in the wilderness
There is a way of peace through the valley
through the shadow of death *Refrain*

By the power of the Spirit
- by the word made flesh
In the kingdom of heaven
- with the wolf and the lamb
The earth is the Lord's - And all it contains
Lead us to the end of us versus them *Refrain*
Tom Wuest / Brass Trumpet / Used with permission

Prayer after Communion

Let us pray together: **O God, we have shared in the mysteries of the body and blood of Christ. Nourish us by this feast, that we may live the risen life and serve you faithfully in the world. We ask this in the name of Jesus Christ the Lord.** BAS

We Are Sent

Blessing

The Lord Bless you and keep you
The Lord make Their face shine upon you
and be gracious unto you
The Lord lift up Their countenance upon you.
And give you peace.

Closing Song: Road to Emmaus (He Is Risen)

Halle! Hallelujah!
He is, He is risen!
Halle! Hallelujah!
He is, He is risen!

He is risen!
He is risen indeed!
He is risen!
He is risen indeed!
He is risen!
He is risen indeed!
He is risen!
He is risen indeed!

We're on the road to Emmaus
We are walking with the Lord
Though we do not recognize him
He is right beside us

No grave could hold him inside
For he has defeated death
Do our hearts not burn within us
For we know our Savior lives

Heed the words of the angels
Believe what the prophets wrote
Jesus Christ was dead and buried
On the third day walked again
Grandview Church - Songwriter Unknown

Dismissal:

Go forth to with burning hearts to love the world, Alleluia!
Thanks be to God! Alleluia!

Closing Announcement Loop

We will be here next Sunday at 4pm for worship.
Note: In July and August we will worship every other week.

The Emmaus Community - Who Are We

The Emmaus Community is a neo-monastic, intentional Christian community whose recognition of Christ in our midst leads us to walk the Way of love through prayer, simplicity and presence with each other and in our neighbourhoods. The Emmaus Community acknowledges with gratitude and respect the ʔəkʷəŋən peoples on whose traditional land we live. As a community, we commit to an ongoing journey of decolonization, deep listening and humility as we seek to walk in right-relationship. We are fully affirming of 2SLGBTQIA+ folx.

The Emmaus Community Rule of Life

Prayer

When Jesus was at the table with them, he took bread, blessed and broke it, and gave it to them. Then their eyes were opened, and they recognized him, and he vanished from their sight. They said to each other, “Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?”
—Luke 24:30–32

Rejoice always, pray without ceasing, and give thanks in all circumstances; for this is the will of God in Christ Jesus for you. —1 Thess. 5:16–18

As a community, before all else, we are called to root ourselves in a life of prayer. Jesus modelled a life of prayer, and his followers have been instructed to pray without ceasing. The Emmaus Community thus commits to being immersed in prayer which is both personal and collective, active and contemplative.

Our call to prayer invites us into personal prayer, which includes times of silence and scripture study—as well as to join with the community in times of common prayer and worship.

Our hope is that our times of prayer will cause our hearts to burn as we encounter Christ in the breaking open of scripture, in prayer (including confession, intercession and gratitude), and in the breaking of bread through the celebration of the Eucharist / Communion.

We recognize that our life of common prayer engages tradition and innovation, creativity and ongoing study. We also recognize that these times of prayer will guide us in seeking reconciliation with God, each other, the neighbourhood, the stranger, and all of creation.

Simplicity

All the believers were one in heart and mind. No one claimed that any of their possessions was their own, but they shared everything they had. —Acts 4:32

“Stay with us, because it is almost evening and the day is now nearly over.” So [Jesus] went in to stay with them. —Luke 24:29

Those who are called to walk in the way of Jesus must consider that Jesus asks us to trust him for our daily bread, to care for the poor, the orphan and the widow, and to find joy and contentment in a life of simplicity. A life defined by simplicity can hear and respond quickly to the leading of the Holy Spirit.

Our call to simplicity means having all we need for a healthy life but seeking to remain free from the bondage of unhealthy attachments. We choose an attitude inclined away from accumulation. We desire to be mindful of wastefulness, to care for God’s creation, and to be concerned about how we use what we own.

Together we desire to support each other in creating a sharing economy with our possessions and to help each other—and others—with material needs, as well as to practice hospitality. We define life not by what we have, but by who we are, who’s we are, what we do with our lives, and the relationships that we have.

Accordingly, we choose individually and collectively to step towards a life simpler in possessions, time, and technology.

In our call to simplicity, we trust in God’s providence and provision. We desire to respect God’s creation and to live in the awareness that each person is made in the image of God. We recognize that simplicity is a grace from God that we receive—and that simplicity is found in seeking the reign of God.

Presence

The word became flesh and blood and moved into the neighbourhood. —John 1:14 (Message)

Now on that same day, two of them were going to a village called Emmaus... While they were talking and discussing, Jesus himself came near and went with them. —Luke 24:13–14

Our call to presence is undertaken in response to the radical presence offered to us by God. We recognize that God has become present to us throughout time, whether in a pillar of cloud, a prophetic word, or in the radical act of the Incarnation, life, death and resurrection of Jesus. We believe that God continues to be present to us through the Holy Spirit drawing us deeper into our relationship with God and all of God's creation.

As a community, we respond to our call to presence as we incarnate the Gospel in our daily lives, work, and relationships. A life of presence requires the hard work of walking with each other through our pain and disillusionment, as well as in our celebration and thanksgiving. It is a commitment to authenticity and availability, knowing that as we journey together, Jesus joins us on the road, widening our view and changing our hearts.

A life of presence invites us into active relationships of accountability and reconciliation with one another and with the land and the neighbourhood where we have been placed. Through our commitment to stability, hospitality and presence, we become witnesses to what God is doing in our neighbourhoods and in the world, and we become signs and symbols of that in-breaking reign of peace, justice and love.

* * *

In order to make these commitments more concrete, each community member will create an individual and/or family plan which takes life circumstances into account. This will be shared, reviewed, and updated annually, reflecting the individual and collective ways in which each community member is prayerfully called to move toward the embodiment of the Rule and Rhythms.

All these intentions are practised through the kindling of the Holy Spirit. As a community, we aim to live each moment with grace, celebration (including joyful laughter!) and generosity both to self and others. We seek to live prayerfully and creatively according to the spirit of these commitments, rather than limiting ourselves to the words in which they are written. In living out this call, we affirm that it is a call to abundant life, freedom, celebration and joy, as we grow in the loving discipline of a faithful community.

Prayer and Communion gatherings other than Sunday Afternoons

Mondays at 9am- Morning Prayer with Centering Prayer @ AbbeyChurch office (off the Balmoral parking lot, metal stairs up) - in-person only.

Tuesdays at 8:15am - morning prayer - Lynn and Phil's and online on Zoom

Thursdays at 8:15am - morning prayer - AbbeyChurch office (see above) and online on zoom

Fridays at 8:15am - morning prayer - *on-line zoom only*

Sundays at 10am - Spanish Anglican Eucharist at Quadra/Balmoral Chapel. Nuestra Señora de Guadalupe - Misas Todos Los domingos a las 10: 00 de la Mañana con Fr. Dimas Canjura

Our weekday common prayer is liturgical in nature and based on ancient monastic practices. It's open to all who wish to join in-person or online.