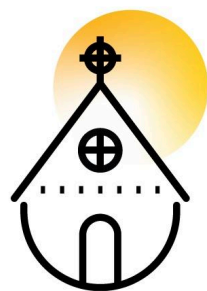


Trinity Sunday

May 26, 2024 + 4pm



Image: *Trinidad* by Greta Lesko - Poland <https://pracowniaikon.pl/>



THE
ABBAY
CHURCH

Welcome to the AbbeyChurch

***No matter who you are or what you are carrying today,
know you are beloved and so very welcome here.***

At the AbbeyChurch, we tell stories of faith, encourage hope, share meals, care for each other and for God's creation, and strive to practise the teachings of Jesus.

We're at different places in our faith journey but we share a guiding sacred story as found in scripture (The Bible) and summarised in our Christian creeds.

We share a willingness to honestly wrestle with God—with our questions and doubts, our disillusionment with our institutions and our concern for our world.

We invite diversity in our community and our leadership; old, young, rich, poor, conservative, liberal, radical, single, married, LGBTQ2IA+, straight, evangelical, progressive, overeducated, undereducated, overhoused, underhoused, certain, doubting, hurting, thriving (to name a few).

As a witness to unity in diversity, the AbbeyChurch is an affirming shared ministry of The United Church of Canada and The Anglican Church of Canada.

We draw on those spiritual traditions, as well as others across the Christian spectrum. We're also connected to Emmaus, an intentional community that makes commitments to one another for prayer, presence and simplicity.

We believe that Christ's love and grace binds our differences together and renews our hope as we gather each week at Jesus' table of radical welcome.



admin@abbeychurch.ca + www.abbeychurch.ca
778.557.4166 We would love to connect.

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We Gather

The AbbeyChurch acknowledges that we worship and pray on the stolen territory of the, the Lək'wəḡən peoples', the Songhees and Esquimalt Nations, and strive to journey toward reparation, right relationship and reconciliation with justice.

A note about Trinity Sunday and language. At AbbeyChurch we strive to utilise a diversity of genders to describe God, who is beyond gender. In some cases, we have chosen to hold the traditional formulation of the Trinity in today's worship (usually with an option) in order to preserve the tradition and poetic flow.

Opening Loop

Tolling of the Bells

Land Acknowledgement and Announcements

Bell x 3

Gathering Words

The ineffable, unending grace of Jesus the Christ,
the love supreme of God the Source
and the mystic sweet communion of the Holy Spirit be with you all!

And also with you!

Invocation: Beautiful Things

All this pain -
I wonder if I'll ever find my way?
I wonder if my life could really change at all?

All this earth -
Could all that is lost ever be found?
Could a garden come out from this ground,
at all?

Refrain: You make beautiful things
You make beautiful things out of the dust

You make beautiful things
You make beautiful things out of us

All around - hope is springing up
from this old ground. Out of chaos
life is being found, in you. *Refrain*

You make me new, You are making me new
You make me new, You are making me new

Lisa and Michal Gungor / CCLI

During this gathering song, folks of all ages (including children and youth!) are welcome to set the orange table with icons and symbols of faith and hope found on the back table!

Gathering Song: Holy Holy Holy Lord God Almighty

Holy, holy, holy! Lord God Almighty!
Early in the morning
our song shall rise to Thee;
Holy, holy, holy, merciful and mighty!
God in three Persons, blessed Trinity!

Holy, holy, holy!
All the saints adore Thee,
Casting down their golden crowns
around the glassy sea,
Cherubim and seraphim
falling down before Thee,
Which wert and art, and

evermore shall be.

Holy, holy, holy!
Though the darkness hide Thee,
Though the eye of sinfulness
thy glory may not see;
Only Thou art holy;
there is none beside Thee,
Perfect in power, love, and purity.

Holy, holy, holy! Lord God Almighty!
All Thy works shall praise Thy name
in earth and sky and sea;
Holy, holy, holy, merciful and mighty!
God in three Persons, blessed Trinity!
Reginald Heber (1826); public domain.

Poem: selected by Rebecca Yeo - poet-in-residence

We Proclaim

The Psalm - Psalm 29 *Afferte Domino* - we chant together

Ascribe to the Lord, you god *

ascribe to the Lord glory and strength.

Ascribe to the Lord the glory due the divine name; *

worship the Lord in the beauty of holiness.

The voice of the Lord is upon the waters; the God of glory thunders; *

the Lord is upon the mighty waters.

The voice of the Lord is a powerful voice; *

the voice of the Lord is a voice of splendour.

The voice of the Lord breaks the cedar trees; *

the Lord breaks the cedars of Lebanon,

and makes Lebanon skip like a calf, *

and Mount Hermon like a young wild ox.

The voice of the Lord *

splits the flames of fire;

the voice of the Lord shakes the wilderness; *

the Lord shakes the wilderness of Kadesh.

The voice of the Lord makes the oak trees writhe *

and strips the forests bare.

And in the temple of the Lord *

all are crying, "Glory!

The Lord sits enthroned above the flood; *

the Lord sits enthroned as sovereign for evermore.

The Lord shall give strength to this people; *

the Lord shall give this people the blessing of peace.

Glory to You Source of All Being, Eternal World and Holy Spirit*

As it was in the beginning, is now and ever shall be, world without end, amen.

Please rise in body or in spirit as we prepare our hearts to hear the Gospel reading.

Acclamation: Spirit of the Living God

Spirit of the Living God, fall afresh on me,

Spirit of the Living God, fall afresh on me.

Melt me, mold me, fill me, use me.

Spirit of the Living God, fall afresh on me.

Daniel Iverson / © 1935, 1963 Birdwing Music (ASCAP) / One Licence

The Gospel

The Holy Gospel of our Lord Jesus Christ
according to St. John (3:1-17)

Now there was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." Nicodemus said to him, "How can anyone be born after

having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you a

teacher of Israel, and yet you do not understand these things? Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever

believes in him may have eternal life. For God so loved the world that God gave his only Son, so that everyone who believes in him may not perish but may have eternal life. Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him."

...The Gospel of Christ
Praise to You Lord Jesus Christ.

Acclamation: Spirit of the Living God

Spirit of the Living God, fall afresh on me,
Spirit of the Living God, fall afresh on me.
Melt me, mold me, fill me, use me.

Spirit of the Living God, fall afresh on me.

Daniel Iverson / © 1935, 1963 Birdwing Music (ASCAP) / One Licence

Sermon

Ernest Morrow

Bell + short silence

*You are invited to rise in body or in spirit as we affirm the story of faith
- following along with the words on the video.*

A Song of Faith (excerpt - Trinity Section)

God is Holy Mystery,
beyond complete knowledge,
above perfect description.
Yet, in love, the one eternal God seeks relationship.
So God creates the universe
and with it the possibility of being and relating.
God tends the universe,
mending the broken and reconciling the estranged.
God enlivens the universe,
guiding all things toward harmony with their Source.

Grateful for God's loving action,
We cannot keep from singing.

With the Church through the ages,
we speak of God as one and triune:
Father, Son, and Holy Spirit.
We also speak of God as
Creator, Redeemer, and Sustainer
God, Christ, and Spirit
Mother, Friend, and Comforter
Source of Life, Living Word, and Bond of Love,
and in other ways that speak faithfully of
the One on whom our hearts rely,
the fully shared life at the heart of the universe.

We witness to Holy Mystery that is Wholly Love. Amen. The United Church of Canada.

Our Prayers

The Confession

Let us, together, facing the cross, take a moment in silence before the God of unending mercy and love to confess both the wrongs which we have done and the things we have left undone.

bell. silence. bell.

The Assurance/Absolution

The Peace

...The peace of Christ be with you. **And also with you.**

All are invited to offer a gesture or sign of God's peace to those around them.

During the 'offertory' song, the communion table is set.

Contributions to our common life can be made at the back of the space (now or later).

As we prepare for this holy feast we are reminded that all are welcome to receive wherever they find themselves in their spiritual journey. All are welcome to Jesus' table - as you feel ready.

Offertory Song:

Mothering God, you gave me birth
in the bright morning of this world.
Creator, source of every breath,
you are my rain, my wind, my sun

Mothering Christ, you took my form,
offering me your food of light,
Grain of life, and grape of love,
your very body for my peace.

Mothering Spirit, nurt'ring one,
in arms of patience hold me close,
So that in faith I root and grow
until I flow'r, until I know.

Praise God from whom all blessings flow;
praise God, all creatures here below;
give thanks to God in love made known:
Creator, Word and Spirit, One. A—men.

V1-3. Jean Janzen based on Julian of Norwich (Augsburg /
OneLicense). V4 based on The Doxology, Thomas Ken.
Tune Old 100th

We Celebrate

The Prayer Over the Gifts

We pray together: **God of all creation, all you have made is good - you indeed make beautiful things - and your love endures forever. You bring forth bread from the earth and fruit from the vine. Nourish us with these gifts, so that we might for the world signs of your gracious presence in Jesus Christ, our Saviour and Lord. Amen.**

The Great Thanksgiving Adapted From The ancient Liturgy of St. Basil (BAS EP6, ACC)

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is right to glorify you, Almighty God and to give you thanks;
 for you alone are God, living and true,
 dwelling in light inaccessible from before time and forever.
 Fountain of life and source of all goodness,
 you made all things and fill them with your blessing;
 you created them to rejoice in the splendour of your radiance.
 Countless throngs of angels stand before you to serve you night and day,
 and, beholding your presence, they offer you unceasing praise.
 Joining with them, and giving voice to every creature under heaven,
 we acclaim you, and glorify your name, as we sing:

♩ = 100 Em C G D G Am Dsus⁴

O- Holy - Holy Holy Lord - O God of power and Might. All

C Am⁷ G D G C Em

Heaven and earth of-your glory are full Ho - sanna in the high - est. O

Bm Em D G G Dsus⁴

Blessed is the one who comes in the name-of-the Lord! Ho-

C Am G D G C Em

-sanna in the high - est. Ho - sanna in the high - est.

We acclaim you, holy Lord, glorious in power;
 your mighty works reveal your wisdom and love.
 You formed us in your own image, giving the whole world into our care,
 so that, in obedience to you, our creator, we might care for and serve all your creatures.

When our disobedience took us far from you, you did not abandon us to the power of death.
 In your mercy you came to our help, so that in seeking you we might find you.
 Again and again you called us into covenant with you,
 and through the prophets you taught us to hope for salvation.
 Source of All, you loved the world so much
 that in the fullness of time you sent your only Son to be our Saviour.
 Incarnate by the Holy Spirit, born of blessed Mary,
 he lived as one of us, yet without sin.

To the poor he proclaimed the good news of salvation;
 to prisoners, freedom; to the sorrowful, joy.
 To fulfil your purpose he gave himself up to death
 and, rising from the grave, destroyed death and made the whole creation new.

Therefore we sing the great mystery of our our faith:

♩ = 100 Em C G D G Am Dsus⁴



Sing Christ has died and Christ is ri - sen, Christ will come a - gain! Sing

C Am⁷ G D G C Em



Christ has died and Christ is ri - sen, Christ will come a - gain!

And that we might live no longer for ourselves,
but for him who died and rose for us,
he sent the Holy Spirit, his own first gift for those who believe,
to complete his work in the world, and to bring to fulfilment the sanctification of all.

When the hour had come for him to be glorified
he took bread; and when he had given thanks to you,
he broke it, and gave it to his disciples, and said,
“Take, eat: this is my body which is given for you.
Do this for the remembrance of me.”

After supper he took the cup of wine; and when he had given thanks,
he gave it to them, and said, “Drink this, all of you: this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Whenever you drink it, do this for the remembrance of me.”

Source of all, we now celebrate the memorial of our redemption.
Recalling Christ’s death and descent among the dead,
proclaiming his resurrection and ascension to your right hand,
awaiting his coming in glory; and offering to you, from the gifts you have given us,
this bread and this cup, we praise you and we bless you.

We pray that in your goodness and mercy your Holy Spirit may descend upon us,
and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people,
the bread of life and the cup of salvation, the body and blood of your Son Jesus Christ.

Grant that all who share this bread and this cup may become one body and one spirit,
a living sacrifice in Christ to the praise of your name.

Remember, Lord, your one holy catholic and apostolic Church,
redeemed by the blood of your Christ.

Reveal its unity, guard its faith, and preserve it in peace.

Remember all who minister in your Church.

Remember all your people, and those who seek your truth.

Remember all who have died in the peace of Christ,

and those whose faith is known to you alone;
bring them into the place of eternal joy and light.

And grant that we may find our inheritance with blessed Mary,
with matriarchs and patriarchs, prophets, evangelists, apostles, and martyrs,
and all the saints who have found favour with you in ages past.

We praise you in union with them

and give you glory through your Son Jesus Christ our sibling and our Lord.

Through Christ, and with Christ, and in Christ,
all honour and glory are yours, almighty God our Source,
in the unity of the Holy Spirit, for ever and ever.

♩ = 100 Em C G D G Am Dsus⁴

A - men, a - men, O Ho - ly One! Ho - san-na and A - men! A -

C Am⁷ G D G C Em

men, a - men, O Ho - ly One, Ho - san - na and A - men!

The Prayer of Jesus

As beloved children of a loving parent, we pray as Jesus taught:
(said in a language, translation or paraphrase of your choice)

Our *Father (*or Parent, or Source, or Mother) **who art in heaven,**
hallowed be thy name, thy kingdom come,
Thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
Forgive us our trespasses as we forgive those who trespass against us.
And lead us not into temptation but deliver us from evil.
For thine is the kingdom, the power and the glory
Forever and ever. Amen.

Silence.

These are the gifts of God for the people of God given for the life of the world.
Thanks be to God!

*All are welcome to receive at Jesus' table! The bread is gluten-free but may contain almond flour, egg and dairy. Please ask the server if you would like a non-dairy / almond option (rice cracker). The juice is in the small cups. Wine is in the larger common cup.
Please refrain from dipping the bread.*

Song: (pre-recorded) Agnus Dei by Koine Tune: Tracy Fedke, b. 1975, arr. Koiné c Koine.

Communion Song: Trinity Song

Holy *Father, Son, and Spirit
Holy communion, Three in One
Holy Father, Son, and Spirit
Holy communion, Three in One

Come with Your peace, with Your invitation
Bind us together in holy love
Come with Your peace, with Your invitation
Bind us together in holy love

* Or 'maker'

Sandra McCracken / Drink Your Tea Music / CCLI

Communion Song: The Lorica

I bind unto myself today
The gift to call on the Trinity
The saving faith where I can say
Come three in one, oh one in three

Refrain:

Be above me, as high as the noonday sun
Be below me, the rock I set my feet upon
Be beside me, the wind on my left and right
Be behind me,
oh circle me with Your truth and light

I bind unto myself today
The love of Angels and Seraphim
The prayers and prophesies of Saints
The words and deeds of righteous ones.
refrain.

I bind unto myself today
The hope to rise from the dust of earth
The songs of nature giving praise
To *Source and Spirit, Living Word. *refrain.*
Gayle Salmond, alt. CCLI

Prayer after Communion

Let us pray together: **Lord our God,
let our reception of this sacrament
and our worship of the ever blessed and undivided Trinity
bring us wholeness of mind and body.
We ask this through Jesus Christ our Lord. Amen.** Roman Catholic Propers.

We Are Sent

Blessing

Closing Song: Come Join the Dance of Trinity

Come, join the dance of Trinity,
before all worlds begun,
the interweaving of the Three,
the *Father, Spirit, Son.
The universe of space and time
did not arise by chance,
but as the Three, in love and hope,
made room within their dance.

Come, speak aloud of Trinity,
as wind and tongues of flame
set people free at Pentecost
to tell the Savior's name.
We know the yoke of sin and death,

our necks have worn it smooth;
go tell the world of weight and woe
that we are free to move!

Within the dance of Trinity,
before all worlds begun,
we sing the praises of the Three,
the Father, Spirit, Son.
Let voices rise and interweave,
by love and hope set free,
to shape in song this joy, this life:
the dance of Trinity.

Or * the Source, the Spirit, Son.
Richard Leach 2001 Selah Publishing / OneLicense

Dismissal:

In the dance of the Triune God, go forth to serve God and love the world, Alleluia!
Thanks be to God! Alleluia!!!

Closing Announcement Loop

We will be here next Sunday at 4pm for worship.
Note: In July and August we will worship every other week.

Prayer and Communion gatherings other than Sunday Afternoons

Mondays at 9am- Morning Prayer with Centering Prayer @ AbbeyChurch office (off the Balmoral parking lot, metal stairs up) - in-person only.

Tuesdays at 8:15am - morning prayer - Lynn and Phil's and online on Zoom

Tuesday Eucharist at 11am at and with Our Place at Pandora site. Folks can meet in parking lot at 10:45 to walk over together.

Thursdays at 8:15am - morning prayer - AbbeyChurch office (see above) and online on zoom

Fridays at 8:15am - morning prayer - *on-line zoom only*

Sundays at 10am - Spanish Anglican Eucharist at Quadra/Balmoral Chapel. Nuestra Señora de Guadalupe - Misas Todos Los domingos a las 10: 00 de la Mañana con Fr. Dimas Canjura

Our weekday common prayer is liturgical in nature and based on ancient monastic practices.

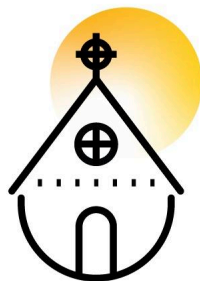
It's open to all who wish to join in-person or online.



Feodosiy Humeniuk - The Trinity



Holy Trinity - Anna Kolisnyk



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