

# The Day of Pentecost

May 19, 2024 + 4pm

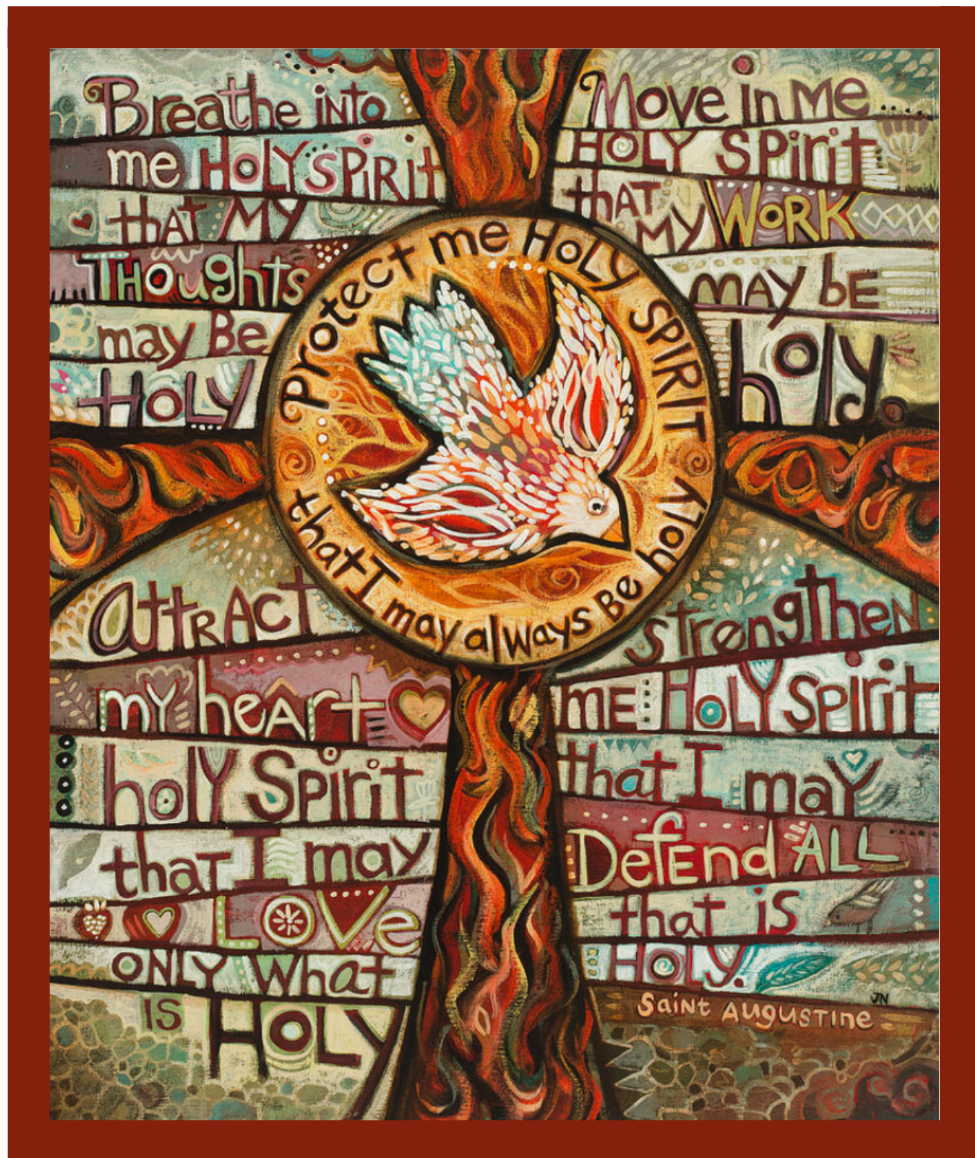
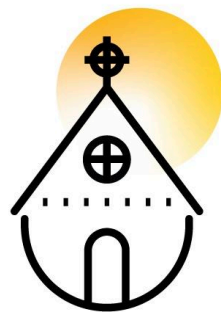


Image: Jen Norton Art - Holy Spirit Prayer by St. Augustine - Support the Artist!  
<https://jen-norton.pixels.com/featured/holy-spirit-prayer-by-st-augustine-jen-norton.html>



THE  
ABBEY  
CHURCH

# Welcome to the AbbeyChurch

## Come Holy Spirit! Veni Sancte Spiritus!

***No matter who you are or what you are carrying today,  
know you are beloved and so very welcome here.***

At the AbbeyChurch, we tell stories of faith, encourage hope, share meals, care for each other and for God's creation, and strive to practise the teachings of Jesus.

We're at different places in our faith journey but we share a guiding sacred story as found in scripture (The Bible) and summarised in our Christian creeds.

We share a willingness to honestly wrestle with God—with our questions and doubts, our disillusionment with our institutions and our concern for our world.

We invite diversity in our community and our leadership; old, young, rich, poor, conservative, liberal, radical, single, married, LGBTQ2IA+, straight, evangelical, progressive, overeducated, undereducated, overhoused, underhoused, certain, doubting, hurting, thriving (to name a few).

As a witness to unity in diversity, the AbbeyChurch is an affirming shared ministry of The United Church of Canada and The Anglican Church of Canada.

We draw on those spiritual traditions, as well as others across the Christian spectrum. We're also connected to Emmaus, an intentional community that makes commitments to one another for prayer, presence and simplicity.

We believe that Christ's love and grace binds our differences together and renews our hope as we gather each week at Jesus' table of radical welcome.



**admin@abbeychurch.ca + www.abbeychurch.ca**  
**778.557.4166 We would love to connect.**

*This leaflet is printed on tree-free paper. Please recycle or reuse.*



## We Gather

*The Abbey Church acknowledges that we worship and pray on the stolen territory of the, the Lək'wəḡən peoples', the Songhees and Esquimalt Nations, and strive to journey toward reparation, right relationship and reconciliation with justice.*

### Opening Loop

### Tolling of the Bells

### Land Acknowledgement and Announcements

*Bell x 3*

### Gathering Words

The ineffable, unending grace of Jesus the Christ,  
the love supreme of God the Source  
and the mystic sweet communion of the Holy Spirit be with you all!

### And also with you!

*Please chant/sing along as we invoke and invite the presence and power of God's Holy Spirit.*



Ateliers et presses de Taizé / OneLicense

*During this gathering song, folks of all ages (including children and youth!) are welcome to set the orange table with icons and symbols of faith and hope found on the back table!*

### Gathering Song: Come Holy Ghost

Come Holy Ghost. Come God and Lord  
with all your grace on us outpoured.  
Come Holy Light. Come Guide Divine.  
Now cause the Word of Life to shine.

Come Holy Fire - and Comfort true.  
Grant us the will - Your work to do.

(Veni Sancte Spiritus)

Lord, by your power prepare our hearts.  
Where we are weak, Lord strength impart.

That bravely here we may afford  
our life and death to You our Lord.  
Alleluia! (repeat Alleluia!)

Luther / Ward / Best / Church of the Beloveds

**Poem:** by Maya Angelou - selected by Rebecca Yeo - poet-in-residence

# **We Proclaim**

## **The Epistle**

A reading from the letter to the Romans (8: 22-27): We know that the whole creation has been groaning in labour pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience.

## **Acclamation: Spirit of the Living God**

Spirit of the Living God, fall afresh on me,  
Spirit of the Living God, fall afresh on me.  
Melt me, mold me, fill me, use me.  
Spirit of the Living God, fall afresh on me.

Daniel Iverson / © 1935, 1963 Birdwing Music (ASCAP) / One Licence

## **The Christian Story**

A reading from the Acts of the Apostles (2:1-21) When the day of Pentecost had come, the apostles were all together in one place. And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability. Now there were devout Jews from every nation under heaven living in Jerusalem. And at this sound the crowd gathered and was bewildered, because each one heard them speaking in the native language of each. Amazed and astonished, they asked, "Are not all these who are speaking Galileans? And how is it that we hear, each of us, in our own native language? Parthians, Medes, Elamites, and residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes, Cretans and Arabs - in our own languages we hear them speaking about

Likewise the Spirit helps us in our weakness; for we do not know how to pray as we ought, but that very Spirit intercedes with sighs too deep for words. And God, who searches the heart, knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God.

...The word of the Lord

**Thanks be to God**

God's deeds of power." All were amazed and perplexed, saying to one another, "What does this mean?" But others sneered and said, "They are filled with new wine." But Peter, standing with the eleven, raised his voice and addressed them, "Men of Judea and all who live in Jerusalem, let this be known to you, and listen to what I say. Indeed, these are not drunk, as you suppose, for it is only nine o'clock in the morning. No, this is what was spoken through the prophet Joel: 'In the last days it will be, God declares, that I will pour out my Spirit upon all flesh, and your sons and your daughters shall prophesy, and your young men shall see visions, and your old men shall dream dreams. Even upon my slaves, both men and women, in those days I will pour out my Spirit; and they shall prophesy. And I will show portents in the heaven above and signs on the earth below, blood, and fire, and smoky mist. The sun shall be turned to darkness and the moon to blood, before the coming of the Lord's great and glorious day. Then everyone who calls on the name of the Lord shall be saved.'"

...The word of the Lord!

**Thanks be to God!**

## **Acclamation: Spirit of the Living God**

Spirit of the Living God, fall afresh on me,  
Spirit of the Living God, fall afresh on me.  
Melt me, mold me, fill me, use me.  
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Daniel Iverson / © 1935, 1963 Birdwing Music (ASCAP) / One Licence

## **Sermon**

**Rebecca Yeo**

*Bell + short silence*

*You are invited to rise in body or in spirit as we affirm the story of faith  
- following along with the words on the video.*

## **A Song of Faith** (excerpt - Holy Spirit Section)

We sing of God the Spirit,  
who from the beginning has swept over the face of creation,  
animating all energy and matter  
and moving in the human heart.

We sing of God the Spirit,  
faithful and untameable,  
who is creatively and redemptively active in the world.

The Holy Spirit challenges us to celebrate the holy  
not only in what is familiar,  
but also in that which seems foreign.

We sing of the Spirit,  
who speaks our prayers of deepest longing  
and enfolds our concerns and confessions,  
transforming us and the world.

...Grateful for God's loving action,  
we cannot keep from singing.

Creating and seeking relationship,  
in awe and trust,

we witness to Holy Mystery who is Wholly Love. Amen. The United Church of Canada.

## **Our Prayers**

**Joy Hunter**

## **The Confession**

Let us, together, facing the cross, take a moment in silence before the God of unending mercy and love to confess both the wrongs which we have done and the things we have left undone.

*bell. silence. bell.*

## **The Assurance/Absolution**

## **The Peace**

...The peace of Christ be with you. **And also with you.**

*All are invited to offer a gesture or sign of God's peace to those around them.*

*During the 'offertory' song, the communion table is set.  
Contributions to our common life can be made at the back of the space (now or later).*

*As we prepare for this holy feast we are reminded that all are welcome to receive wherever they find themselves in their spiritual journey. All are welcome to Jesus' table - as you feel ready.*

**Offertory Song:**

Come, Holy Spirit, come;  
Let Thy bright beams arise;  
Dispel the shadows from our minds,  
And open all our eyes.

Tis thine to cleanse the heart,  
to sanctify the soul,  
to pour fresh life in every part,  
the new create the whole.

Dwell, therefore, in our hearts;  
Our minds from bondage free;  
Then we shall know  
and praise and love  
The Holy Trinity  
Then we shall know  
and praise and love  
The Holy Trinity

Words: Joseph Hart (18th c alt).

Music: Hiram Ring (c) Pageant Music / CCLI

## **We Celebrate**

**The Prayer Over the Gifts**

Generous God,  
receive, we pray, all we offer you this day.  
Transform our lives by the power of your Spirit,  
that we may follow faithfully the way of Jesus  
and serve your world with joy and hope. **Amen.** BAS, alt.

**The Great Thanksgiving**

From Celebrate God's Presence - The United Church of Canada

The Spirit of God be with you.

**And also with you.**

Turn to God, the source of life.

**We lift our hearts in prayer.**

Let us give thanks.

**We offer joyful thanks to God.**

Blessed are you, gracious God,  
Creator of light, Giver of all life, Source of love.  
In the beginning your Spirit moved over the waters  
and your Word brought all things into being.  
Through a burning bush,  
you spoke to your prophets and your people.  
With glowing coals you touched their lips,  
that they might speak your word of truth and justice.  
By fire and your Spirit,  
you have guided us through the wilderness.

We give you thanks and praise,  
O God of wind and word, power and peace.  
Lover of all nations,  
although we have so often betrayed your promise,  
you have never left us nor forsaken us.



You sent us Jesus, your Gift of Grace,  
 our Light and Flame.  
 You poured out your Spirit upon us,  
 to create, renew, inspire,  
 that all might be made whole.

We bless you, for your Spirit wraps us in your presence,  
 drawing us closer in community.  
 And so it is that on this feast of Pentecost,  
 we give you praise and thanks for your many gifts,  
 joining with all your people  
 that as one body we may proclaim your praise:

### The Sanctus

♩ = 100      Em   C   G   D   G   Am   Dsus<sup>4</sup>

O- Holy - Holy Holy Lord - O God of power and Might. All

C   Am<sup>7</sup>   G   D   G   C   Em

Heaven and earth of-your glory are full Ho - sanna in the high - est. O

Bm   Em   D   G   G   Dsus<sup>4</sup>

Blessed is the one who comes in the name-of-the Lord! Ho-

C   Am   G   D   G   C   Em

-sanna in the high - est. Ho - sanna in the high - est.

As we gather at this table,  
 we remember that on the night before he died,  
 Jesus had supper with his friends.  
 He took a loaf of bread, thanked you as we have thanked you,  
 broke the bread, and gave it to them, saying:  
 "Take, eat. This is my body, given for you.  
 Each time you do this, remember me."

Then, he took a cup, and after giving thanks,  
 passed it to his friends, saying:  
 "Drink. This cup is the promise of God, made in my blood.  
 Each time you drink from this cup, remember me."

Loving God, we rejoice in the gift of your grace,  
 remembering Christ's life and death,  
 proclaiming his resurrection,  
 waiting in hope for his coming again.  
 Grant that in praise and thanksgiving,  
 we may so offer ourselves to you  
 that our lives may proclaim the mystery of faith:

## The Memorial Acclamation

Sing Christ has died and Christ is ri - sen, Christ will come a - gain! Sing

Christ has died and Christ is ri - sen, Christ will come a - gain!

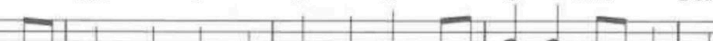
Send your Holy Spirit upon us  
and upon this offering of your church,  
that we who eat and drink at Christ's table  
may share in his life.

Pour out your Spirit upon the whole earth,  
and make it your new creation.

Gather your church together  
from the ends of the earth  
into your realm where peace and justice are revealed—  
that we, with all your people,  
of every language, race, and nation,  
may share the banquet you have promised.


We praise you, eternal God,  
through Christ your Word made flesh,  
and in the power of your life-giving Spirit,  
now and forever....

♩ = 100      Em      C      G      D      G      Am      Dsus<sup>4</sup>



A - men, a - men, O Ho - ly One! Ho - san-na and A - men! A -

C      Am<sup>7</sup>      G      D      G      C      Em



men, a - men, O Ho - ly One, Ho - san - na and A - men!

## The Prayer of Jesus

As beloved children of a loving parent, we pray as Jesus taught:  
(said in a language, translation or paraphrase of your choice)

**Our \*Father (\*or Parent, or Source, or Mother) who art in heaven,  
hallowed be thy name, thy kingdom come,  
Thy will be done, on earth as it is in heaven.  
Give us this day our daily bread.  
Forgive us our trespasses as we forgive those who trespass ag  
And lead us not into temptation but deliver us from evil.  
For thine is the kingdom, the power and the glory  
Forever and ever. Amen.**

*Silence.*



These are the gifts of God for the people of God given for the life of the world.

**Thanks be to God!**

*All are welcome to receive at Jesus' table! The bread is gluten-free but may contain almond flour, egg and dairy. Please ask the server if you would like a non-dairy /almond option (rice cracker). The juice is in the small cups. Wine is in the larger common cup.  
Please refrain from dipping the bread.*

**Song:** (pre-recorded) Agnus Dei by Koine Tune: Tracy Fedke, b. 1975, arr. Koiné c Koine.

### **Communion Song: Spirit of Gentleness**

*Refrain: Spirit, Spirit of gentleness,  
blow through the wilderness  
calling and free,  
Spirit, Spirit of restlessness,  
stir me from placidness,  
wind, wind on the sea.*

You moved on the waters,  
you called to the deep,  
then you coaxed up the mountains  
from the valleys of sleep;  
and over the eons  
you called to each thing:  
“Awake from your slumbers  
and rise on your wings.” *Refrain.*

You swept through the desert,  
you stung with the sand,  
and you goaded your people  
with a law and a land;  
and when they would not see

with their idols and lies,  
then you spoke through your prophets  
to open their eyes. *Refrain.*

You sang in a stable,  
you cried from a hill,  
then you whispered in silence  
when the whole world was still;  
and down in the city  
you called once again,  
when you blew through your people  
on the rush of the wind. *Refrain.*

You call from tomorrow,  
you break ancient schemes.  
From the bondage of sorrow  
all the captives dream dreams;  
our women see visions,  
our men clear their eyes.  
With bold new decisions  
your people arise. *Refrain.*  
James Manley 1975 / VU / OneLicense

### **Communion Song: (You Gotta Move) When The Spirit Says Move**

You gotta move when the Spirit says sing, You gotta move when the Spirit says sing,  
When the Spirit says sing, you gotta sing right along,  
You gotta sing when the spirit says sing.

You gotta sing...

You gotta clap....

You gotta shout ...

You gotta move... African-American Spiritual / Public Domain

### **Prayer after Communion**

Let us pray together: **Life-giving God,  
may we, who share Christ's body, live his risen life;  
we, who drink his cup, bring new life to others;  
we, whom the Spirit lights, give light to the world.  
Keep us firm in the hope you have set before us,  
so that we and all your children shall be free,  
and all creation will live to praise your name. Amen,**

# **We Are Sent**

## **Blessing and Commissioning:**

Blessed are you, holy God, overflowing in love. With Pentecost dawns the age of the Spirit. Now as we extinguish the paschal candle we lit at Easter, we acknowledge the flame of heaven that rests on every believer. Strong and weak, women and men tell out your word; the young receive visions, the old receive dreams. With the new wine of the Spirit we proclaim your reign of love. Amid the birth pangs of the new creation the way of light is made known. For fifty days we have proclaimed God's mighty acts and we have prayed that the power that was at work when God raised Jesus from the dead might be at work in us. As part of God's Church here in this place, I call upon you to live out what you proclaim.

Empowered by the Holy Spirit, will you dare to walk into God's future, trusting God to be your guide? **By the Spirit's power, we will.**

Will you dare to embrace each other and grow together in love? **We will.**

Will you dare to share your riches in common and minister to and with each other in need? **We will.**

Will you dare to pray for each other until your hearts beat with the longings of God? **We will.**

Will you dare to carry the light of Christ into the world's bleak places? **We will.**

May the Spirit, who set the Church on fire upon the day of Pentecost, breathe into you life and bring the world alive with the love of the risen Christ. **Amen.**

## **Closing Song: I Feel The Winds of God Today**

I feel the winds of God today;  
today my sail I lift,  
Though heavy, oft with drenching spray,  
and torn with many a rift;  
If hope but light the water's crest,  
and Christ my bark will use,  
I'll seek the seas at His behest,  
and brave another cruise.

It is the wind of God that dries  
my vain regretful tears,  
Until with braver thoughts shall rise  
the purer, brighter years;

If cast on shores of selfish ease  
or pleasure I should be;  
Lord, let me feel Thy freshening breeze,  
and I'll put back to sea.

If ever I forget Thy love  
and how that love was shown,  
Lift high the blood red flag above;  
it bears Thy name alone.  
Great pilot of my onward way,  
Thou wilt not let me drift;  
I feel the winds of God today,  
today my sail I lift.

Jessie Adams / Public Domain Tune: Kingfold VU625

## **Dismissal:**

Filled with the power of the Spirit, go in the light and peace of Christ! Alleluia!

**Thanks be to God! Alleluia!!!**

## **Closing Announcement Loop**

***We will be here next Sunday at 4pm for worship.***

*Note: In July and August we will worship every other week.*

## **Prayer and Communion gatherings other than Sunday Afternoons**

**Mondays at 9am- CANCELLED THIS MONDAY DUE TO LONG WEEKEND** - Usually - Morning Prayer with Centering Prayer @ AbbeyChurch office (off the Balmoral parking lot, metal stairs up) - in-person only.

**Tuesdays at 8:15am** - morning prayer - Lynn and Phil's and online on Zoom

**Tuesday Eucharist** at 11am at and with Our Place at Pandora site. Folks can meet in parking lot at 10:45 to walk over together.

**Thursdays at 8:15am** - morning prayer - AbbeyChurch office (see above) and online on zoom

**Fridays at 8:15am** - morning prayer - *on-line zoom only*

**Sundays at 10am** - Spanish Anglican Eucharist at Quadra/Balmoral Chapel. Nuestra Señora de Guadalupe - Misas Todos Los domingos a las 10: 00 de la Mañana con Fr. Dimas Canjura

*Our weekday common prayer is liturgical in nature and based on ancient monastic practices.*

*It's open to all who wish to join in-person or online.*







Pentecost Holy Spirit, Kefas Studio

