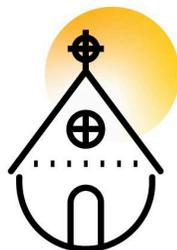


Easter 3

April 14, 2024 + 4pm



Image: Road to Emmaus by Julie Lonneman



THE
ABBAY
CHURCH

Welcome to the AbbeyChurch

Christ Is Risen! Chrst is Risen Indeed!

***No matter who you are or what you are carrying today,
know you are beloved and so very welcome here.***

At the AbbeyChurch, we tell stories of faith, encourage hope, share meals, care for each other and for God's creation, and strive to practise the teachings of Jesus.

We're at different places in our faith journey but we share a guiding sacred story as found in scripture (The Bible) and summarised in our Christian creeds.

We share a willingness to honestly wrestle with God—with our questions and doubts, our disillusionment with our institutions and our concern for our world.

We invite diversity in our community and our leadership; old, young, rich, poor, conservative, liberal, radical, single, married, LGBTQ2IA+, straight, evangelical, progressive, overeducated, undereducated, overhoused, underhoused, certain, doubting, hurting, thriving (to name a few).

As a witness to unity in diversity, the AbbeyChurch is an affirming shared ministry of The United Church of Canada and The Anglican Church of Canada.

We draw on those spiritual traditions, as well as others across the Christian spectrum. We're also connected to Emmaus, an intentional community that makes commitments to one another for prayer, presence and simplicity.

We believe that Christ's love and grace binds our differences together and renews our hope as we gather each week at Jesus' table of radical welcome.



admin@abbeychurch.ca + www.abbeychurch.ca
778.557.4166 We would love to connect.

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We Gather

The AbbeyChurch acknowledges that we worship and pray on the stolen territory of the, the Lək'wəḡən peoples', the Songhees and Esquimalt Nations, and strive to journey toward reparation, right relationship and reconciliation with justice.

Opening Loop

Tolling of the Bells

Land Acknowledgement and Announcements

Bell x 3

Gathering Words

The Risen One has come alongside us on our journey from the empty tomb.

He speaks to us of love and meets us in our sorrows.

A guest is among us, and mysteriously becomes our Host.

He makes himself known to us in the breaking of bread.

Let us celebrate the promise of new life, for Christ is risen.

Christ is risen, indeed. Alleluia! *Life in Liturgy, Alt.*

Let us pray: Splattering the black-blue night with the twinkling stars and spinning fluffy clouds out of the fabric of your hope, you raised creation out of chaos, Gracious God, giving life and calling it good. Walking with disciples down grief's lonely road, you sang of how God had raised you from the dead, so that listening, they might believe; and believing, they might understand; and understanding, they might follow: going forth to invite all to follow you, Bread of Life, and to feast on your love forever.

Reach out your love to us, so we would touch others; fill us with your gifts, so we could be a blessing to the world; pierce our darkness with hope, so we might bring healing to the broken: and raise us to new life, God in Community, Three in One, we pray. **Amen.**

Thom Shuman, Alt.

O God, whose blessed Son made himself known to his disciples in the breaking of bread: Open the eyes of our faith, that we may behold him in all his redeeming work; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and forever. *Amen*

During this gathering song, folks of all ages (including children and youth!) are welcome to set the table with icons and symbols of faith and hope!

Gathering Song: Who Will Roll Away the Stone

Early in the morning,
the sun already risen
Three women came bearing spices,
the lord's body to anoint
Standing outside the tomb,
they asked each other saying

"Who will roll away the stone?" (X4)

Looking up they realized,
the stone had been removed

And to their amazement,
a young man sat before them
"Do not be amazed,
for Jesus the Nazarene
He who has been crucified,
here you will not find

He has risen from the dead (X4)

You'll find him on the road
You'll find him at your table (X2)

© Tom Wuest Brass Trumpet Publishing 2008

Poem selected and read by Rebecca Yeo, AbbeyChurch Poet-in Residence

We Proclaim

You are invited to rise in body or in spirit as we prepare our hearts to hear the gospel.

Gospel Acclamation: Alleluia Mass of Restoration



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The Gospel

Hear the good news of Jesus Christ!

Thanks be to God.

A reading from the +Gospel of Luke
(24:13-35)

Now on that same day two of them were going to a village called Emmaus, about seven miles from Jerusalem, and talking with each other about all these things that had happened. While they were talking and discussing, Jesus himself came near and went with them, but their eyes were kept from recognizing him. And he said to them, "What are you discussing with each other while you walk along?" They stood still, looking sad. Then one of them, whose name was Cleopas, answered him, "Are you the only stranger in Jerusalem who does not know the things that have taken place there in these days?" He asked them, "What things?" They replied, "The things about Jesus of Nazareth, who was a prophet mighty in deed and word before God and all the people, and how our chief priests and leaders handed him over to be condemned to death and crucified him. But we had hoped that he was the one to redeem Israel. Yes, and besides all this, it is now the third day since these things took place. Moreover, some women of our group astounded us. They were at the tomb early this morning,

and when they did not find his body there they came back and told us that they had indeed seen a vision of angels who said that he was alive. Some of

those who were with us went to the tomb and found it just as the women had said, but they did not see him." Then he said to them, "Oh, how foolish you are and how slow of heart to believe all that the prophets have declared! Was it not necessary that the Messiah should suffer these things and then enter into his glory?" Then beginning with Moses and all the prophets, he interpreted to them the things about himself in all the scriptures. As they came near the village to which they were going, he walked ahead as if he were going on. But they urged him strongly, saying, "Stay with us, because it is almost evening and the day is now nearly over." So he went in to stay with them. When he was at the table with them, he took bread, blessed and broke it, and gave it to them. Then their eyes were opened, and they recognized him, and he vanished from their sight. They said to each other, "Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?" That same hour they got up and returned to Jerusalem, and they found the eleven and their companions gathered together. They were saying, "The Lord has risen indeed, and he has appeared to Simon!" Then they told what had happened on the road and how he had been made known to them in the breaking of the bread.

...Alleluia, Christ is Risen!

**Christ is risen indeed, Alleluia,
Alleluia!**

Gospel Acclamation



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Sermon

Matt Humphrey

Bell + short silence

You are invited to rise in body or in spirit as we affirm the ancient story of faith.

Credo *(sung)*

I believe in God the Maker almighty Creator of heaven and earth;
I believe in Jesus Christ, God's only Son, our Lord.
Who was conceived by the power of the Holy Spirit and born of the Virgin Mary.
He suffered under Pontius Pilate, was crucified, died and was buried.
He descended to the dead on the third day he rose again.
He ascended into heav'n and is seated at the right hand of the Maker.
He will come again to judge the living and the dead.
I believe in the Holy Spirit, the holy catholic Church,
the communion of saints, the forgiveness of sins, +the
resurrection of the body, and the life everlasting. Amen.

Ryan Flanigan, alt., © 2017, Common Hymnal, CCLI

Our Prayers

The Confession

Let us, together, face the empty cross and take a moment in silence before the God of unending mercy and love to confess both the wrongs which we have done - as well as the things we have left undone.

bell. silence. bell.

The Assurance/Absolution

The Peace

...The peace of the fleshy risen Christ be with you. **And also with you.**

All are invited to offer a gesture or sign of God's peace to those around them.

During the 'offertory' song, the communion table is set.

Contributions to our common life can be made at the back of the space (now or later).

As we prepare for this holy feast we are reminded that all are welcome to receive wherever they find themselves in their spiritual journey. All are welcome to Jesus' table - as you feel ready.

Offertory Song: He Came Down

He came down that we may have love;
He came down that we may have love;
He came down that we may have love,
Hallelujah for evermore.

Why did he come?

He came down that we may have hope;
He came down that we may have hope;
He came down that we may have hope,
Hallelujah for evermore.

Why did he come?

He came down that we may have truth;
He came down that we may have truth;
He came down that we may have truth,
Hallelujah for evermore.

Why did he come?

He came down that we may have joy;
He came down that we may have joy;
He came down that we may have joy,
Hallelujah for evermore.

Why did he come?

He came down that we may have peace;
He came down that we may have peace;
He came down that we may have peace,
Hallelujah for evermore.

Why did he come?

He came down that we may have love;
He came down that we may have love;
He came down that we may have love,
Hallelujah for evermore.

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We Celebrate

The Prayer Over the Gifts

Risen Christ, the disciples on the Emmaus road, offered their pain, their confusion, their table, their bread. We invite you to be with us as we too offer you our love, our struggle, these gifts of bread and wine, and these hearts longing to burn. May our eyes be opened to your holy presence, here at this table and in the tables of justice and peace we will lay this week. **Amen.** - Carol Penne [alt]

The Great Thanksgiving

The Lord be with you. **And also with you.**

Lift up your hearts. **We lift them up to God.**

Let us give thanks to the Lord our God. **It is right to give God thanks and praise.**

Holy God, how wonderful is the work of your hands!

All of creation echoes the music of your praise.

When sin had scarred the world, You made a covenant to renew the whole of creation.

You embraced a people as your own and filled them with longing

for a peace that would last and a justice that would never fail.

Glory to you forever and ever.

Through countless generations, your people hungered for the bread of freedom.

From them you came in Jesus, the living bread, in whom all our hungers are filled.

You have sent your Holy Spirit as a mighty stream to refresh and renew the face of the earth. Therefore with the company of heaven and all of your creation we sing:

Holy holy holy Lord - God of power and might

Heaven and earth are full of your glory

Hosanna in the highest

+Blessed is the One who comes in the name of the Lord

Hosanna in the highest.

While Jesus was eating with his disciples, he took a loaf of bread,
and after blessing it, broke it, gave it to them, and said,
“Take, this is my body. Do this in remembrance of me.”

Glory to you forever and ever.

As supper was ending, Jesus took the wine
and after blessing it, poured it, gave it to them and said,
“take, this is my blood, do this in remembrance of me.

Glory to you forever and ever.

Holy God we give you thanks for the mystery of faith given to us in Jesus your Child:
Christ has died, Christ is risen, Christ will come again. (x2)

+Send your Holy Spirit upon us and upon these gifts of bread and wine
that they may be to us the body and blood of your Christ.
Grant that with burning hearts, we may be a people of hope, justice and love.

As grain was scattered across this land then gathered and made one in this bread,
so may your people, scattered to the ends of the earth,
be gathered and made one in your love. **Amen.** St. Lydia's Table, alt.

The Prayer of Jesus

As beloved children of a loving parent, we pray as Jesus taught:
(said in a language, translation or paraphrase of your choice)

**Our *Father (*or Parent, or Source, or Mother) who art in heaven,
hallowed be thy name, thy kingdom come,**

Thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

Forgive us our trespasses as we forgive those who trespass against us.

And lead us not into temptation but deliver us from evil.

For thine is the kingdom, the power and the glory

Forever and ever. Amen.

Silence.

These are the gifts of God for the people of God given for the life of the world.

Thanks be to God!

All are welcome to receive at Jesus' table! The bread is gluten-free but contains almond flour and dairy. Please ask the server if you would like a non-dairy / almond option. The juice is in the small cups. Wine is in the larger common cup.

Please refrain from dipping the bread.

During communion there are folks who are available to pray with you in the side chapel to the left of the band (enter through the opening in the black curtain)

Song: (pre-recorded) Agnus Dei by the Soul Sanctuary Choir. C2018 Soul Sanctuary Choir (UK)

Communion Song: Now the Green Blade Rises

Now the green blade riseth
from the buried grain,
wheat that in dark earth
many days has lain;
Love lives again,
that with the dead has been:
Love is come again
like wheat that springeth green.

In the grave they laid him,
Love who had been slain
thinking that he
would never wake again,
laid in the earth
like grain that sleeps unseen:
Love is come again
like wheat that springeth green

JMC Crum / Noel Nouvelet Tune / OneLicense

Communion Song: Hallelujah Sing

Come now, dear ones, all are welcome
At this table, receive the bread and wine

Bring your sadness, anxious madness
Weakness, secrets, your loneliness

Refrain

Hallelujah sing a song of peace to me
Hallelujah sing this unwritten melody
Hallelujah sing in all souls residing
Hallelujah sing your light,
what joy it brings

Hallelujah sing, Hallelujah sing
Come find shelter, breathe and rest here
Comfort and peace from burdens you bear
Hallelujah sing *Refrain*

Forth he came at Easter
like the risen grain,
Jesus who for three days
in the grave had lain;
quick from the dead,
my risen lord is seen:
Love is come again like wheat that
springeth green.

When our hearts are wintry,
grieving, or in pain,
Jesus' touch can call us back
to life again,
fields of our hearts that dead and
bare have been;
Love is come again
like wheat that springeth green.

Take this bread, drink this cup with me
Take this bread, drink this cup with me
(Ha-lle-lu-jah)
Take this bread, drink this cup with me
(Ha-lle-lu-jah)
Take this bread, drink this cup with me
(Ha-lle-lu-jah)
Take this bread, drink this cup with me
(Ha-lle-lu-jah)
Take this bread, drink this cup with me
(Ha-lle-lu-jah)
Take this bread, drink this cup with me
Won't you drink this cup with me?
Take this bread, drink this cup with me
Hallelujah sing

Leslie Jordan, Orlando Palmer & Latifah Alattas
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CCLI

Prayer after Communion

Author of life-divine, in the breaking of bread we know the risen Lord and may our hearts burn within us. Feed us always in these mysteries, that we may show your glory to all the world. We ask this in the name of Jesus Christ our Lord. **Amen.** (enfleshed)

We Are Sent

The Blessing

Closing Song: Abide with Me

Abide with me, fast falls the eventide
The darkness deepens Lord, with me abide
When other helpers fail and comforts flee
Help of the helpless, oh, abide with me

Swift to its close ebbs out life's little day
Earth's joys grow dim, its glories pass away
Change and decay in all around I see
O thou who changest not, abide with me

I fear no foe, with thee at hand to bless
Ills have no weight, and tears no bitterness

Where is death's sting?
Where, grave, thy victory?
I triumph still if thou abide with me

Hold thou thy cross before my closing eyes
Shine through the gloom
and point me to the skies
Heaven's morning breaks,
and earth's vain shadows flee
In life, in death, o Lord, abide with me
Text and music: public domain

Sending

The stone has been rolled away! **We will go to share this good news!**
Jesus walks with us on the road! **We will walk with him wherever the road takes us.**
Jesus has opened our eyes. **We go forth to serve everyone that we meet on the way.**

Closing Announcement Loop

We will be here next Sunday at 4pm for worship.

Prayer and Communion Gatherings other than Sunday Afternoons

Re-starting tomorrow - April 8th.

Mondays at 9am - Morning Prayer with Centering Prayer @ AbbeyChurch office (off the Balmoral parking lot, metal stairs up) - in-person only.

Tuesdays at 8:15am - Morning Prayer hybrid zoom/in-person at Lynn and Phil's Near Castle Hardware.

Tuesdays Eucharist at 11am at and with Our Place - starting date April 17 at Pandora site.

Thursdays at 8:15am - morning prayer - office (see above) - hybrid zoom

Fridays at 8:15am - morning prayer - on-line zoom only

Sundays at 10am - Spanish Anglican Eucharist at Quadra/Balmoral Chapel. Nuestra Señora de Guadalupe - Misas Todos Los domingos a las 10: 00 de la Mañana con Fr. Dimas Canjura

Our weekday common prayer is liturgical in nature and based on ancient monastic practices.

It's open to all who wish to join in-person or online.

Martyn Joseph Live - NEXT Saturday April 20, 2024.

<https://www.abbeychurch.ca/events/martyn-joseph-live/2024-04-20>



[The Resurrection](#) by Kelly Latimore. Support the artist.

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