

# The Feast of the Transfiguration

February 11, 2024 + 4pm



Image: [Glitch Transfiguration](#) by Kelly Latimore



# Welcome to the AbbeyChurch

***No matter who you are or what you are carrying today,  
know you are beloved and so very welcome here.***

At the AbbeyChurch, we tell stories of faith, encourage hope, share meals, care for each other and for God's creation, and strive to practice the teachings of Jesus.

We're at different places in our faith journey but we share a guiding sacred story as found in scripture (The Bible) and summarized in our Christian creeds.

We share a willingness to honestly wrestle with God—with our questions and doubts, our disillusionment with our institutions and our concern for our world.

We invite diversity in our community and our leadership; old, young, rich, poor, conservative, liberal, radical, single, married, LGBTQ2IA+, straight, evangelical, progressive, overeducated, undereducated, overhoused, underhoused, certain, doubting, hurting, thriving (to name a few).

As a witness to unity in diversity, the AbbeyChurch is an affirming shared ministry of The United Church of Canada and The Anglican Church of Canada.

We draw on those spiritual traditions, as well as others across the Christian spectrum. We're also connected to Emmaus, an intentional community that makes commitments to one another for prayer, presence and simplicity.

We believe that Christ's love and grace binds our differences together and renews our hope as we gather each week at Jesus' table of radical welcome.

# We Gather

**Opening loop and tolling of the bells**  
**Welcome and announcements**  
**Campus Ministry Presentation**

*Bell x 3*

## Opening Words

In this time and place we gather with gratitude on the lands  
of the ɫəkʷəŋən people; known today as the Songhees and Esquimalt nations.

**From many places and peoples, we come to this house of prayer to seek Holy Love.**

We have seen the light of God;  
**on high mountains of celebration**  
**and in the ecstasy of a lover's embrace.**

We have seen the light of God;  
**through the bitter scorn of violence**  
**and the searing chasm of our pain and grief.**

We have seen the light of God;  
**with eyes that have been shaded,**  
**with eyes that have been opened,**  
**with eyes that have been blinded.**

We have seen the light of God - and so, we worship!

*Katherine Hawker, Alt.*

*Please rise in body or in spirit as we set our common table:*

## Opening Song: Guide Me O Thou Great Jehovah

Guide me, O Thou great Jehovah,  
Pilgrim through this barren land.  
I am weak, but thou art mighty;  
Hold me with Thy powerful hand.  
Bread of heaven, bread of heaven,  
Feed me now and ever more;  
Feed me now and ever more.

Open now the crystal fountain,  
Whence the healing stream doth flow;  
Let the fire and cloudy pillar  
Lead me all my journey through.  
Strong deliverer, strong deliverer,

Be thou still my strength and shield;  
Be thou still my strength and shield.

When I tread the verge of Jordan,  
Bid my anxious fears subside;  
Death of deaths, and hell's destruction,  
Land me safe on Canaan's side.  
Songs of praises, songs of praises,  
I will ever give to thee;  
I will ever give to thee.

*Williams / Public Domain*

## Prayer

Let us pray. As Jesus dazzled before his friends on the mountainside, reveal your hope to us, Oh God. Life is often so difficult & tiring. There is much grief, we are pulled in many directions—systems of violence leave us sick, anxious, and struggling. We often protect ourselves by just tuning out. Awaken us to all the wonder that we can bear in this moment. Shift our faces to the dazzling possibility of a new day, of new chances for meaning & connection. Shine upon those co-creating compassionate ones who walk with us. Glow your holy warmth upon our aching spirits, now and always. **Amen.** *enfleshed, alt.*

## Phos Hilaron

### (Hail Gladdening Light)

Hail Gladdening Light, sun so bright  
Jesus Christ, end of night,  
Alleluia, Alleluia

Hail Gladdening Light, Eternal Bright  
at evening time, 'round us shine,  
Alleluia, Alleluia

And we hymn the Source and  
we hymn the Son,  
we hymn the Spirit - wholly divine  
No one more worthy of songs to be sung  
To the giver of life - all glory is Thine

Hail Gladdening Light,  
such joyous Light  
O Brilliant Star, forever shine,  
Alleluia, Alleluia

2004 SixSteps and WorshipTogether = Crowder / Giglio  
/ Tomlin et al, alt. - Passion / CCCI

**Poem:** Selected and read by poet-in-residence, Rebecca Yeo

## We Proclaim

### A reading from Leviticus

(chapter 23 selected verses)

Now, the fifteenth day of the seventh month, when you have gathered in the produce of the land, you shall keep the festival of the LORD, lasting seven days, a complete rest on the first day and a complete rest on the eighth day. On the first day you shall take the fruit of majestic trees, branches of palm trees, boughs of leafy trees, and willows of the brook, and you shall rejoice before the LORD your God for seven days. You shall keep it as a

festival to the LORD lasting seven days in the year; you shall keep it in the seventh month as a statute forever throughout your generations. You shall live in booths for seven days; all who are native-born in Israel shall live in booths, so that your generations may know that I made the Israelites live in booths when I brought them out of the land of Egypt: I am the LORD your God...

...The word of the Lord

**Thanks be to God**

*You are invited to rise in body or in spirit as we prepare our hearts to hear the gospel.*

### The Gospel Acclamation

fiddle

[A] Lord, to whom shall we go? [C] Lord, to whom shall we go? —

D G D A

[A] You are gra-cious and merc - i - ful. [C] Lord, to whom shall we go? —

D G D A

[A] Slow to an - ger and a-bound-ing in love [C] Lord, to whom shall we go? —

D G D A

[A] Lord, to whom shall we go? [C] Let us trust in your word. —

Kent Gustavson / Mountain Vespers / Used with permission



## The Gospel

Let us proclaim the gospel from the rooftops!

### With our words and with our lives!

A reading from the +Gospel according to Mark (9: 2-9, NRSVUE):

Six days later, Jesus took with him Peter and James and John and led them up a high mountain apart, by themselves. And he was transfigured before them, and his clothes became dazzling bright, such as no one[b] on earth could brighten them. And there appeared to them Elijah with Moses, who were talking with Jesus. Then Peter said to Jesus, “Rabbi, it is good for

us to be here; let us set up three tents: one for you, one for Moses, and one for Elijah.” He did not know what to say, for they were terrified. Then a cloud overshadowed them, and from the cloud there came a voice, “This is my Son, the Beloved;[c] listen to him!” Suddenly when they looked around, they saw no one with them any more, but only Jesus.

Let us proclaim the gospel from the rooftops!

### With our words and with our lives!



## Sermon

**Rob Crosby-Shearer**

Guide me O thou great redeemer! Pilgrim through this barren land.

We are weak but thou art mighty. Hold us with thy powerful hand

Bread of heaven, bread of heaven. Lead us now and evermore! Lead us now and evermore

*bell / brief silence for meditation/ bell*

*You are invited to rise in body or in spirit as we affirm the ancient story of faith.*

## Credo (Iona Community)

We believe that God is present  
in the darkness before dawn;  
in the waiting and uncertainty  
where fear and courage join hands,  
conflict and caring link arms,  
and the sun rises over barbed wire.

We believe in a with-us God  
Jesus, who sits down in our midst  
to share our humanity.

We affirm a faith that takes us beyond  
a safe place—into action, into  
vulnerability, and onto the streets.

We commit ourselves to work for change  
and put ourselves on the line;  
to bear responsibility, take risks,  
live powerfully, and face humiliation;  
to stand with those on the edge;  
to choose life and be used by the Holy  
Spirit for God’s new community of hope.  
Amen.

## Our Prayers

Sue Patterson, ec

### Confession

Dear friends in Christ, God is steadfast in mercy and infinite in goodness, let us turn to to the God of compassion and confess our sins...

*Silence*

Before God, **with the people of God, we confess to our brokenness: to the ways we wound our lives, the lives of others and the life of the world.**

Siblings in Christ - know that God forgives you, Christ renews you, and the Spirit enables you to grow in love! Amen.

### The Peace

Beloved community, the peace of Christ be with you all. **And also with you!**

*We acknowledge the peace of Christ in each other.*

*During the 'offertory' song, the communion table is set.*

*Contributions to our common life can be made at the back of the space (now or later).*

*As we prepare for this holy feast we are reminded that all are welcome to receive wherever they find themselves in their spiritual journey. All are welcome to Jesus' table - as you feel ready.*

### Offertory: Christ Is The Light of the World

In Christ, we offer  
All that he has offered  
The perfect offering  
Christ is the life of the world  
Christ is the life of the world

So we remember  
All that he remembered  
The whole of love returned  
Christ is the life of the world  
Christ is the life of the world

Let us lift up, lift our hearts  
Let us lift up, lift our hearts  
It is good to lift our hearts to the lord

Let us lift up, lift our hearts  
Let us lift up, lift our hearts  
It is good to lift our hearts to the lord

Sent forth in beauty  
Reconciling all things  
Radiant in holiness  
Christ is the life of the world  
Christ is the life of the world  
Christ is the life of the world

Let us lift up, lift our hearts  
Let us lift up, lift our hearts  
It is good to lift our hearts to the lord  
Let us lift up, lift our hearts  
Let us lift up, lift our hearts  
It is good to lift our hearts to the lord

Sandra McCracken / 2019 Drink Your Tea Music /  
CCLI

## **We Celebrate**

### **Prayer Over The Gifts**

Holy God, receive all we offer you this day, and bring us to that radiant glory which we see in the transfigured face of Jesus Christ our Lord. **Amen.** *The Anglican Church of Canada*

### **The Great Thanksgiving**

The Lord be with you. **And also with you.**

Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God. **It is right to give our thanks and praise.**

Holy God, How wonderful is the work of your hands!

All of creation echoes the music of your praise.

When sin had scarred the world, You made a covenant to renew the whole of creation.

You embraced a people as your own and filled them with longing

For a peace that would last and a justice that would never fail.

**Glory to you forever and ever.**

Through countless generations your people hungered for the bread of freedom.

From them you raised up Jesus, the living bread, in whom ancient hungers are filled.

You have given your Holy Spirit as a mighty stream to refresh and renew the face of the earth.

Therefore with the company of heaven and all of your creation we sing:

**Holy Holy Holy Lord God of power and might**

**Heaven and earth are full of your glory**

**Hosanna in the highest**

**+Blessed is the One who comes in the name of the Lord.**

**Hosanna in the highest.**

As Jesus was eating with his disciples

He took a loaf of bread and after blessing it,

Broke it, gave it to them and said

Take, this is my body. Do this in remembrance of me.

**Glory to you forever and ever**

As supper was ending Jesus took the wine

And after blessing it,

Poured it, gave it to them and said,

Take, this is my blood

Shed for you and for many for the forgiveness of sins.

Do this in remembrance of me. **Glory to you forever and ever**

Holy God we give you thanks for the mystery of faith given to us in Jesus your child.

**Christ has died. Christ is Risen. Christ will come again.**

Send your Holy Spirit upon us and upon these gifts of bread and wine that they may be the body and blood of your Christ. Grant that with burning hearts we may be a people of hope, justice and love. As grain was scattered across this land, then gathered and made one in this bread, so may your Church, scattered to the ends of the earth, be gathered and made one in your love. **Amen.**

## The Prayer of Jesus

As beloved children of a loving parent, we pray as Jesus taught:

*(said in a language, translation or paraphrase of your choice)*

**Our \*Father** (\*or Parent, or Source, or Mother) **in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our debts as we forgive our debtors.**

**Lead us not into temptation but deliver us from evil.**

**For the kingdom, the power, and the glory are yours now and forever. Amen.**

*Silence.*

These are the gifts of God for the people of God given for the life of the world.

**Thanks be to God!**

*All are welcome to receive at Jesus' table! The bread is gluten-free but contains almond flour and dairy. Please ask the server if you would like a non-dairy / almond option. The juice is in the small cups. Wine is in the larger common cup. Please refrain from dipping the bread.*

**Agnus Dei (Pre-Recorded) - Lamb of God** - Tom Wuest Brass Trumpet Publishing

**Communion Song: Kindle A Flame** (vu19)

The image shows a musical score for the song 'Kindle A Flame'. It is written for two staves, Treble and Bass, in the key of D major (two sharps) and 2/2 time. The melody is simple and hymn-like. The lyrics are: 'Kin - dle a flame to light - en the dark and take all fear a - way.' The score includes a repeat sign at the end of the second line.

1987 Iona Community / OneLicense

**Communion Song: Cause Your Face to Shine**

Cause your face to shine

Cause your face to shine

Cause your face to shine

And we will find our way *(repeat)*

O we will find our way

Lord, we will find our way

*Tom Wuest / Brass Trumpet Publishing / Used With Permission*

## Prayer after Communion

Let us pray together: **Holy God, we have seen your glory in the face of Jesus Christ. May we who have partaken of his table reflect his life in our words and in our Lives, that all the world may know his gracious power to transform and save. We ask this in his name. Amen.** *Anglican Church of Canada, Alt.*

## Blessing

Go now, and speak of what you have seen of God's glory. Do not cling to the holy moments when heaven overshadows you, but as the Lord lives, listen to Christ and follow him from the places of revelation to the places of mission.

And may God shine the light of glory into your hearts. May Christ be with you and never leave you. And may the Spirit renew the image of God within you. And the blessing of God... + *Nathan Nettleton, laughingbird.net, Alt.*

## We Are Sent

### Closing Songs: This Little Light of Mine

This little light of mine,  
I'm gonna let it shine.  
This little light of mine,  
I'm gonna let it shine.  
This little light of mine,  
I'm gonna let it shine,  
Let it shine, let it shine,  
let it shine.

Hide it under a bushel, No!  
I'm gonna let it shine...

Won't let no one blow it out,  
I'm gonna let it shine...

Let it shine 'till Jesus comes,  
I'm gonna let it shine.

### Study War No More

I'm gonna lay down  
my sword and shield  
Down by the riverside  
Down by the riverside  
Down by the riverside  
I'm gonna lay down  
my sword and shield  
Down by the riverside  
Study war no more

*Refrain:*

I aint gonna study war no more (x5)

I'm gonna put on my long white robe...  
I'm gonna put on my starry crown...  
I'm gonna walk with the prince of peace...  
*African-American Spirituals / Public Domain*

## Sending

We turn to embrace the rising Sun.  
The fire that burns brilliantly in the morning sky.  
Its glow gleams in the growing earth and glistens in sea and sky.  
*[turn east with hands outstretched for silent reflection]*  
We turn to embrace the dazzling Son.  
May his fire burn in our hearts.  
May his glow gleam through our actions and glisten in our love for others.  
*[turn west with hands outstretched for silent reflection]* *Alydia Smith, UCC - for Transfiguration*

Go in peace to experience and reflect the Transfigured One.

**Thanks be to God. Amen.**



## Prayer / Communion (other than Sunday afternoon)

**Mondays at 8pm - Centering Prayer with Evening Prayer.** Resuming in-person tomorrow Balmoral Chapel. Cancelled tomorrow, Feb 12 due to Pancake Supper

**Tuesdays at 8:15am - Morning Prayer.** in-person/online at Lynn and Phil's (email for location - near Castle Hardware on Cook) and on Zoom.

**THIS Wed. - 4pm Ashes at Our Place.** in-person only, followed by a meal. Meet at church at 3:45 to walk over together.

**7pm Ash Wed in the Way of Taize** in the Chapel. Enter from parking lot.

**Thursdays at 8:15am - Morning prayer** at Quadra/Balmoral Chapel  
- in person only. Enter from parking lot at 932 Balmoral.

**Fridays at 8:15am - Morning Prayer.** Zoom-only.

**Sundays at 10am - Spanish Anglican Eucharist** at Quadra/Balmoral Chapel. Nuestra Señora de Guadalupe - Misas Todos Los domingos a las 10: 00 de la Mañana con Fr. Dimas Canjura

*Our common prayer is liturgical in nature and based on ancient monastic practices.  
It's open to all who wish to join in-person or online.*

## Coming Up

### **TOMORROW!!!! Mardi Gras / Shrove Tuesday Monday**



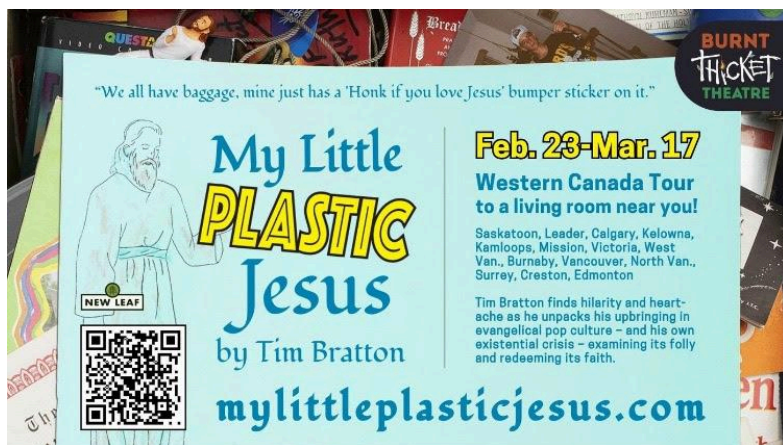
All ages come and celebrate Mardi Gras! with a pancake dinner, live music, and dancing! Join us Monday February 12 for an evening of fun, pancakes, and dancing with special guests the **Odd Hack Band**.

Dinner served at 6:00 pm followed by live music and beginner-friendly contra dancing!

First Met/Abbey Church hall at 932 Balmoral Road. Entrance via the parking lot.

The event is free, and folks are welcome to make a small donation to the band.

Drop us a line if you can help volunteer — cooking, cleaning up, setup, etc.



## My Little Plastic Jesus

"We all have baggage, mine just has a 'Honk if you love Jesus' bumper sticker on it."

Thursday March 7th.

Doors 7pm. Show 7:30pm.

Tickets \$25

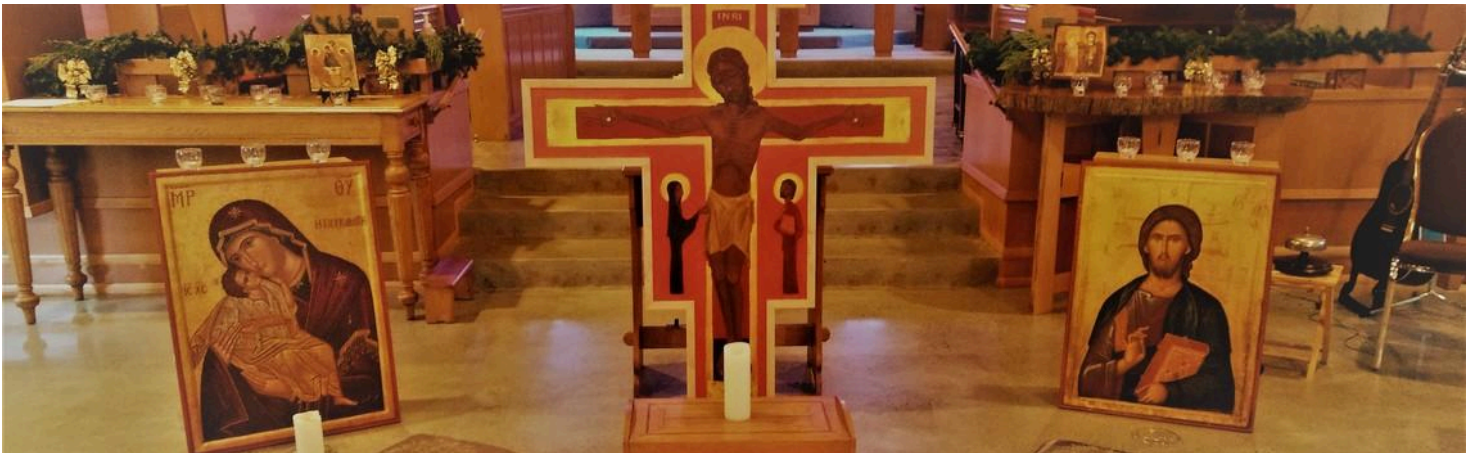
please let us know if cost is prohibitive

*Abbey Church is excited to collaborate with Burnt Thicket Theatre and Holydene to bring the one-person production of "My Little Plastic Jesus"*

In this one-man living room show, Tim

Bratton finds hilarity and heartache as he unpacks his upbringing in evangelical pop culture, examining its folly and redeeming its faith. Experience an insider's quest to unravel his own existential crisis by deconstructing the culture he grew up in, with both satire and love.

Part confession, part history lesson, part multimedia extravaganza, discover this surprisingly poignant coming-of-age story from a subculture that's so little understood even as it impacts global politics and the perspectives of millions.



## Ash Wednesday - THIS Wednesday Feb 14 - "Get Your Ash in Church!"

4pm with Our Place (at Our Place)

7pm here at the Church in the Way of Taizé.





Transfiguration by Kelly Latimore



**admin@abbeychurch.ca + www.abbeychurch.ca**  
**778.557.4166 We would love to connect.**

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