## **Friday Morning Prayer for Ordinary Time**

#### Bell x3

#### **Opening sentences**

Lord, open our lips

And our mouth shall proclaim your praise.

O God, make speed to save us.

O Lord, make haste to help us.

Glory to you, Source of all Being, Eternal Word and Holy Spirit. As it was in the beginning, is now and ever shall be, world without end. Amen.

## **Opening Prayer**

The night has passed, and the day lies open before us. Let us pray with one heart and mind.

Silence

As we rejoice in the gift of this new day, so may the light of your presence, O God, set our hearts on fire with love for you; now and forever. **Amen.** 

## **Gratitude**

Let us give thanks to God our Creator always and for everything, saying, "We thank you, God."

For the beauty and wonder of creation,

We thank you, God.

For all that is gracious in the lives of all people, revealing the image of Christ,

We thank you, God.

For our daily food, for our homes and families, community and friends,

We thank you God

For minds to think and hearts to love,

We thank you, God.

For health, strength, and skill to work, and for leisure to rest and play,

We thank you, God.

For those who are brave and courageous, patient in suffering and faithful in adversity,

We thank you, God.

For all who pursue peace, justice, and truth,

We thank you, God.

I invite your spoken or silent prayers of gratitude... We thank you, God.

# **Hymn or Poem (if selected)**

## **Psalm**

Glory to you Source of All Being, Eternal Word and Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen.

## **Gospel Acclamation**

Alleluia, alleluia Give thanks to the risen Christ Alleluia, alleluia Give praise to God's name

#### Gospel

Silence

## **Shared Reflections**

## The Shema/ Hear O Israel

Hear, O Israel, The Lord our God, the Lord is one. Love the Lord your God With all your heart, With all your soul, With all your mind, And with all your strength. This is the first and the great commandment. The second is like it: Love your neighbour as yourself. There is no commandment greater than these.

#### **Prayers**

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. (Philippians 4:6-7)

United in the company of all the faithful and looking for the coming of the kingdom, let us offer our prayers to God, the source of all life and holiness. Spoken or silent intercessions are offered to God and before each other.

#### The Lord's Prayer

We'll say the Lord's Prayer together in whatever form or paraphrase you choose.

#### Blessing

May the peace of the Lord Christ go with you,
wherever He may send you.
May He guide you through the wilderness,
protect you through the storm.
May He bring you home rejoicing
at the wonders He has shown you.
May He bring you home rejoicing
once again into our doors.
(From Celtic Daily Prayer, Bk Two: 2015, Collins, London. The Northumbria community)

Let us bless the Lord.

Thanks be to God.