

Monday Evening Prayer

with centering prayer / contemplative sit.

THE GATHERING OF THE COMMUNITY

Invocation of a memorial or commemoration, as appropriate.

Bell x 3

Gathering Words

Light and peace in Jesus Christ our hope. **Thanks be to God.**

Blessed be God: Source of all being, eternal Word and Holy Spirit.

Blessed be God for ever.

THE PROCLAMATION OF THE WORD

The Psalm

The psalm of the day is said or chanted.

...Glory to You, Source of all being, eternal Word and Holy Spirit:

as it was in the beginning, is now and ever shall be, world without end, Amen.

The Reading *A reading of the day is read.*

The Contemplative Sit

The Principles of Centering Prayer.

1. Choose a sacred word or a sacred breath as the symbol of your intention to consent to God's presence and action within.
2. Sitting comfortably and with eyes closed, settle briefly and silently introduce the sacred word as the symbol of your consent to God's presence and action within.
3. When engaged with your thoughts, return ever-so- gently to the sacred word. Thoughts include body sensations, feelings, images, and reflections.
4. At the end of the prayer period, remain in silence with eyes closed for a couple of minutes.

20 minutes of silence begins and ends with a bell. We bow toward each other.

The Responsory

Trust in God with all your heart; and be not wise in your own sight.

Trust in God with all your heart; and be not wise in your own sight.

In all your ways acknowledge God who will make clear your paths.

Trust in God with all your heart; and be not wise in your own sight.

Happy are those who find wisdom, and those who get understanding.

Trust in God with all your heart; and be not wise in your own sight.

The Canticle

A Song of God's Children may be said or chanted.

The law of the Spirit of life in Christ Jesus *
has set us free from the law of sin and death.

All who are led by the Spirit of God are children of God; *
for we have received the Spirit that enables us to cry, "Abba, Parent" (Father).

The self-same Spirit bears witness that we are children of God, *
and if God's children, then heirs of God;

if heirs of God, then fellow-heirs with Christ; *

since we suffer with him now, that we may be glorified with him.

These sufferings that we now endure *

are not worth comparing to the glory that shall be revealed.

For the creation waits with eager longing *

for the revealing of the children of God...

Glory to You, Source of all being, eternal Word and Holy Spirit:*

as it was in the beginning, is now and ever shall be, world without end, Amen.

Affirmation of Faith: Ionaian Creed (Iona Community, alt)

We believe in God above us, maker and sustainer of all life,
of sun and moon, of wind, water, fire and earth,
of morning and evening, of all creatures...

We believe in God beside us, Jesus Christ, the Word made flesh,
born of a woman, servant of the poor, tortured and nailed to a tree.

A man of sorrows, and acquainted with grief, he died alone and forsaken.

He descended into the earth to the place of death.

On the third day he rose from the tomb. He ascended into heaven,
to be everywhere present throughout all ages

& whose reign will come on earth.

We believe in God within us, the Holy Spirit burning with Pentecostal fire,
life-giving breath of the Church, Spirit of healing and forgiveness,
source of all resurrection and of eternal life.

Amen.

THE PRAYERS OF THE COMMUNITY

The Litany Church of England

That you will give us a quiet night and a perfect end:

we pray to you, O Lord.

That you will have mercy upon us and grant us your salvation:

we pray to you, O Lord.

That you will keep us this night without sin:

we pray to you, O Lord.

That you will guard us and give us your blessing:

we pray to you, O Lord.

That you will bring us with [N and] all your saints to glory everlasting:

we pray to you, O Lord.

Let us commend ourselves, and all for whom we pray, to the mercy and protection of God...

*Additional intercessions, petitions and thanksgivings
may be offered in silence or aloud.*

Collecting Prayers

This, or another collecting prayer (collect) may be said:

Kindle in our hearts, O God, the flame of love which never ceases, so that it may burn in us, giving light to others. May we shine for ever in your temple, set on fire with your eternal light, even your Son Jesus Christ, our Saviour, our Friend - and our Redeemer. **Amen,**

The Lord's Prayer

...Rejoicing in God's new creation

and gathering our prayers and praises into one

in a language, paraphrase or translation of our choosing

let us pray as our Saviour taught us,

Our Father (or Source, or Maker, or Parent) **in heaven,**

hallowed be your name,

your kingdom come,

your will be done,

on earth as in heaven.

Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us.

Save us from the time of trial,

and deliver us from evil.

For the kingdom, the power, and the glory are yours,

now and for ever. Amen.

THE SENDING FORTH OF THE COMMUNITY

The Dismissal

God of immeasurable grace,

Bless us with spirituality as deep as the ocean

Call us to a discipleship as bold as the saints'.

Compel us to a justice as daring as the Redeemer's love,

In the name of our Impossible Hope, Christ Jesus. Amen.

Jennifer Henry The United Church of Canada.

Let us bless the Lord.

Thanks be to God.

Almighty God grant us a restful night and a peaceful death. **Amen.**

May the risen Christ grant us the joys of eternal life. **Amen.**

We stand, bow to each other, and depart in silence.

Bell x 3