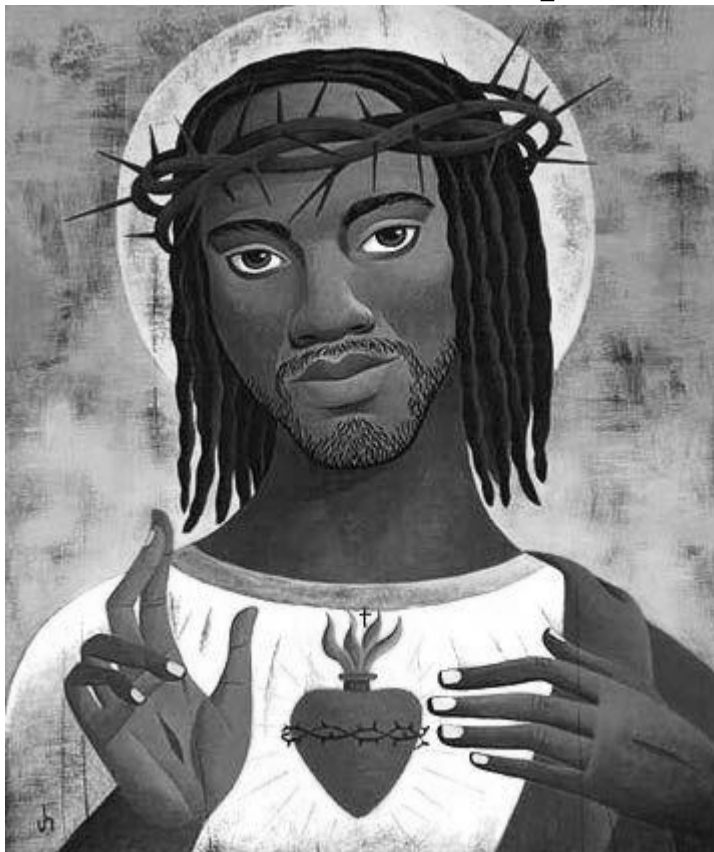


Pentecost + 4
June 25, 2023 + 4pm



*Beloved companions on the Way
Come as you are offering the dance of our lives
In the struggle of faith with hearts alive in love
with holy Mystery*

Welcome to the AbbeyChurch

No matter who you are or what you are carrying today, know you are beloved and so very welcome here!

At the AbbeyChurch, we tell stories of faith, encourage hope, share meals, care for each other and for God's creation – and strive to practice the teachings of Jesus.

We're at different places in our faith journey - but we share a guiding sacred Story as found in scripture (The Bible) and summarized in our Christian creeds.

We share a willingness to honestly wrestle with God - with our questions and doubts, our disillusionment with our institutions and our concern for our world.

We invite diversity in our community and our leadership; old, young, rich, poor, conservative, liberal, radical, single, married, LGBTQ2IA+, straight, evangelical, progressive, overeducated, undereducated, overhoused, under-housed, certain, doubting, hurting, thriving (to name a few).

We believe that Christ's love binds our differences together and renews our hope as we gather each week at Jesus' table of radical welcome.

We Gather

Opening Loop: Every Grain of Sand

Tolling of the Bells & Announcements

Land Acknowledgment

As we gather,

we acknowledge with gratitude and respect the ləkʷəŋən peoples on whose traditional land we worship and the Songhees, Esquimalt and WSÁNEĆ peoples whose historical relationships with the land continue to this day. As a community, we commit to an ongoing journey of decolonization and deep listening as we seek to walk in right-relationship.

Bell x 3

Gathering Words

The Spirit of Christ calls us into freedom.

Let the reign of evil be cast away.

Baptized into the waters of new life, God leads us in the work of love that transforms.

Love confronts us.

Love changes us.

Love enables us to leave behind what is deadly and deadening.

Come, Holy Spirit, and build your world anew.

Let us pray,

Holy Companion, you did not create life in abundance only to have it hoarded and destroyed. You did not gift us with creativity only for us to fear change, risk, or new ideas. You did not give us the ability to dream only to have us settle for what is. Come and trouble the waters, renew our imaginations and excite us with your divine possibilities. Enlive our hopes and stir up our courage as we seek to live into the life of resurrection. **Amen.** © 2020

enfleshed (alt.)

*Please rise in body or in spirit as we sing
& the AbbeyKids set the altar*

Opening Song: Wade in the Water

Refrain: Wade in the water,
wade in the water, children,
wade in the water.
God's gonna trouble the water.

See that host all dressed in white,
God's gonna trouble the water.
The leader looks like the Israelite.
God's gonna trouble the water. *Refrain*

See that band all dressed in red, ...
Looks like the band that Moses led.

Look over yonder, what do I see..
The Holy Ghost a comin' on me.

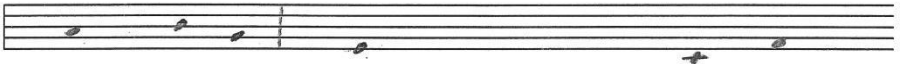
If you don't believe I've been redeemed,
Just follow me down to Jordan's stream. *Refrain*

Tune: © 2010, BriLee Music - represented By Carl Fisher LLC

Poem: Kin, Mohja Kahf

selected and recorded by poet-in-residence **Rebecca Yeo**

We Proclaim



PSALM 86 (chanted)

Bow down your ear, O Lord, and answer me, *
for I am poor and in misery.

Keep watch over my life, for I am faithful; *
save your servant who trusts in you.

Be merciful to me, O Lord, for you are my God; *
I call upon you all the day long.

Gladden the soul of your servant, *
for to you, O Lord, I lift up my soul.

For you, O Lord, are good and forgiving, *
and great is your love toward all who call upon you.

Give ear, O Lord, to my prayer, *
and attend to the voice of my supplications.

In the time of my trouble I will call upon you, *
for you will answer me.

Among the gods there is none like you, O Lord, *
nor anything like your works.

All nations you have made will come and worship you, O Lord, *
and glorify your name.

For you are great; you do wondrous things; *
and you alone are God.

Teach me your way, and I will walk in your truth; *
knit my heart to you that I may fear your name.

I will thank you, O Lord my God, with all my heart, *
and glorify your name forevermore.

For great is your love toward me; *
you have delivered me from the nethermost Pit.

The arrogant rise up against me O God & the violent seek my life*
they have not set you before their eyes.

But you, O Lord, are gracious and full of compassion, *
slow to anger, and full of kindness and truth.

Turn to me and have mercy upon me; *
give your strength to your servant;

and save the child of your handmaid*
Show me a sign of your favour,

so that those who hate me may see it and be ashamed; *
because you, O Lord, have helped me and comforted me.

The Story of the Beloved Community)

the letter of Paul to the community in Rome (6:1-11)

What then are we to say? Should we continue in sin in order
that grace may increase? By no means! How can we who died to
sin go on living in it? Do you not know that all of us who were
baptized into Christ Jesus were baptized into his death?

Therefore we were buried with him by baptism into death, so
that, just as Christ was raised from the dead by the glory of the
Father, so we also might walk in newness of life.

For if we have been united with him in a death like his, we will
certainly be united with him in a resurrection like his. We know
that our old self was crucified with him so that the body of sin
might be destroyed, so we might no longer be enslaved to sin.

For whoever has died is freed from sin. But if we died with Christ, we believe that we will also live with him. We know that Christ, being raised from the dead, will never die again; death no longer has dominion over him. The death he died, he died to sin once for all, but the life he lives, he lives to God. So you also must consider yourselves dead to sin and alive to God in Christ Jesus...The word of the Lord. **Thanks be to God.**

You are invited to rise in body or in spirit as we prepare our hearts to hear the Gospel.

Gospel Acclamation: Come Holy Spirit Come

Come, Holy Spirit, come; Let Thy bright beams arise;
Dispel the shadows from our minds, and open all our eyes.
Tis' thine to cleanse the heart; to sanctify the soul.
To pour fresh life in every part, the new create the whole.
To pour fresh life in every part, the new create the whole.

Joseph Hart, 1759, alt. | Music: Hiram Ring, 2004 Cardiphonia Music CCLI

The Gospel

Let us proclaim the gospel from the housetops!

With our words and with our lives!

A reading from the Gospel according to Matthew (10:24-39)
[Jesus said] "A disciple is not above the teacher nor a slave above the master; it is enough for the disciple to be like the teacher and the slave like the master. If they have called the master of the house Beelzebul, how much more will they malign those of his household! "So have no fear of them, for nothing is covered up that will not be uncovered and nothing secret that will not become known. What I say to you in the dark, tell in the light, and what you hear whispered, proclaim from the housetops. Do not fear those who kill the body but cannot kill the soul; rather, fear the one who can destroy both soul and body in Gehenna. Are not two sparrows sold for a penny? Yet not one of them will fall to the ground apart from your Father. And even the hairs of your head are all counted. So do not be afraid; you are of more value than many sparrows. "Everyone, therefore, who acknowledges me before others, I also will acknowledge before my Father in heaven, but whoever denies me before others, I also will deny before my Father in heaven. "Do not think that I have come to bring peace to the earth; I have not come to bring peace but a sword. For I have come to

set a man against his father, and a daughter against her mother, and a daughter-in-law against her mother-in-law, and one's foes will be members of one's own household. "Whoever loves father or mother more than me is not worthy of me, and whoever loves son or daughter more than me is not worthy of me, and whoever does not take up the cross and follow me is not worthy of me. Those who find their life will lose it, and those who lose their life for my sake will find it. ...Let us proclaim the gospel from the housetops!

With our words and with our lives!

Gospel Acclamation

Come, Holy Spirit, come; let Thy bright beams arise;
Dispel the shadows from our minds, and open all our eyes.
Dwell, therefore, in our hearts; Our minds from bondage free;
Then we shall know and praise and love; the holy Trinity
Then we shall know and praise and love; the holy Trinity

Joseph Hart, 1759, alt. | Music: Hiram Ring, 2004 Cardiphonia Music CCLI

Sermon

Rob Crosby-Shearer, EC

Bell / Silence for meditation / Bell

You are invited to rise in body or in spirit as we affirm this ancient Story of our faith.

The Apostles Creed

We believe in God Almighty, Maker of all heav'n and earth;
& in Jesus Christ our Saviour God's own Son of matchless worth
By the Spirit was conceived of the virgin Mary born,
God in whom we have believed: God Almighty Three-in-One.

Suffered under Pontius Pilate, on the cross, he bled and died;
Placed within the grave so silent, where for three days he did lie;
Then the stone-sealed tomb was empty; we believe he did arise;
Triumphed o'er the grave forever, over death, he is the Christ.

Into heaven he ascended - seated at God's own right hand
'Til he comes again in glory, gracious judge o'er every land;
We confess the Holy Spirit who was sent through Christ the Son
Who is Lord and giver of life - God, the Spirit, Three-in-One.

We believe the Church of Jesus, catholic it 'ere remains;
We are one through all the ages, the communion of the saints.
We believe sins are forgiven, +that our bodies shall be raised
Everlasting life the promise may God's holy name be praised.

Mindy Deckard; arr. Bruce Benedict / Rob C-S verses © 2006 Cardiphonia Music / CCLI

Confession

Lord, have mercy (x4)

Holy Spirit rest upon us lead us in the way of your justice

Holy Spirit rest upon us.

Teach us how to serve in our weakness

We bring our confessions before the God of mercy asking the Spirit to release, to anoint and to heal.

Lord, have mercy (x4)

Holy Spirit rest upon us teach us how to tend to creation

Holy Spirit rest upon us

guide us from our path of destruction

© Integrity's Alleluia! Music, Paul Zach Publishing CCLI

Assurance / Absolution

The Peace

Beloved Community, the peace of the liberating Christ be with you all. **And also with you.**

We acknowledge the peace of Christ in each other.

During this next 'offertory' song, the table is set. Contributions to our common life can be placed in the record player in the back of the space. Cheques made out to 'The Emmaus Community'.

Charitable receipts will be issued if you provide your address.

Offertory: No Longer Slaves

You unravel me with a melody

You surround me with a song of deliverance

From my enemies 'til all my fears are gone

I'm no longer a slave to fear, I am a child of God

I'm no longer a slave to fear, I am a child of God

From my mother's womb you have chosen me

Love has called my name

I've been born again into your family

Your blood flows through my veins

I'm no longer a slave to fear, I am a child of God

I'm no longer a slave to fear, I am a child of God

I'm no longer a slave to fear, I am a child of God

I'm no longer a slave to fear, I am a child of God

You split the sea so I could walk right through it
My fears are drowned in perfect love
You rescued me so I could stand and say I am a child of God
You split the sea so I could walk right through it
My fears are drowned in perfect love
You rescued me so I could stand and say I am a child of God
I am a child of God, yes, I am a child of God

Tune: © 2014 Bethel Music Publishing (ASCAP). CCLI

We Celebrate

Invitation To The Table / Prayer Over The Gifts

Holy One, in a spirit of awe we offer these gifts. For you have led us to Love, invited us to linger in its presence, and promised us that no matter where we go, Love will go with us. May these offerings also be swept up into the embrace of Love to be channelled in the direction of all who hunger for your presence.

Amen *©enfleshed.*

Communion / The Holy Eucharist

God is here. **God's Spirit is with us.**

Lift up your hearts. **We lift them up to God.**

Let us give thanks to God.

It is right to give God thanks and praise

We give thanks to you, creating God, breath of all being; the earth is yours and all who dwell therein. You founded it upon the seas and made it firm upon the deep. In love, you came to us in Jesus to set us free from sin and death and to live in the joy of your presence. You send your Spirit to comfort and confront us, turning us toward your justice and nourishing us with your love. Therefore with the company of heaven and all your creation we sing:

Holy, holy, holy Lord,

God of power and might,

Heaven and earth of your glory are full

Hosanna Hosanna Hosanna in the highest.

Blessed is the One who comes in the name of the Lord.

Blessed is the One who comes in the name of the Lord.

Steve Bell / © 1991 Signpost Music / CCLI

O God, we give You thanks for every gift that comes from You. And we thank you for the abundance of your nourishing love. For on the night before his death, Jesus blessed you, for the food, took bread, broke it, gave it and said: This is my body, given for you. Do this in remembrance of me. As supper was ending Jesus took the wine, blessed it and gave it and said: This is my blood of the covenant which is poured out for many for the forgiveness of sins. Do this in remembrance of me.

Great is the mystery of our faith

Christ has died, Christ is risen, Christ will come again.

Send your Holy Spirit upon us and on this bread and wine, that they may be for us the body and blood of your Christ.

Through blessed and broken bread may we know Your presence here and everywhere with opened eyes and hearts on fire.

Dwell with all who live with division and restore your church to wholeness, until that day when you are the joy of our desiring and we are the joy of yours.

Through Christ, with Christ, in Christ, by the inspiration of your Life-giving Spirit. We worship you. Now and forever. **Amen.**

Gospel Based Discipleship, Feasting on the word

As beloved children of a loving parent, we pray as Jesus taught:
said in a language, translation or paraphrase of your choice

**Our *Father (*or Parent, or Source) in heaven,
hallowed be your name, your kingdom come,
your will be done, on earth as in heaven.**

Give us today our daily bread.

Forgive us our debts as we forgive our debtors.

Lead us not into temptation but deliver us from evil.

**For the kingdom, the power, and the glory are yours
now and forever. Amen.**

Silence.

These are the gifts of God for the people of God given for the life of the world. **Thanks be to God!**

All are welcome to receive at Jesus' table! The bread is gluten-free but contains almond flour and dairy. Please ask the server if you would like a non-dairy/almond option. Juice is in the small cups. Wine is in the common cup.

Please do not dip bread.

Communion: Come to Me (recording)

(feat: Sandra McCracken) 2014 Rain for Roots, The King of Heaven is like this.

Communion Song: His Eye is on the Sparrow

Why should I feel discouraged,
Why should the shadows come,
Why should my heart be lonely,
And long for heav'n and home;
When Jesus is my portion?
My constant friend is he;
His eye is on the sparrow,
And I know he watches me;
His eye is on the sparrow,
And I know he watches me.

Refrain I sing because I'm happy,
I sing because I'm free;
For his eye is on the sparrow,
And I know he watches me.

"Let not your heart be troubled,"
His tender word I hear,
And resting on his goodness,
I lose my doubts and fears;
Though by the path he leadeth,
But one step I may see;
His eye is on the sparrow,
And I know he watches me;
His eye is on the sparrow,
And I know he watches me. *Refrain*

Whenever I am tempted,
Whenever clouds arise;
When songs give place to sighing,
When hope within me dies,
I draw the closer to him,
From care he sets me free;
His eye is on the sparrow,
And I know he watches me;
His eye is on the sparrow,
And I know he watches me. *Refrain*

Public Domain Contributors: Cecilia Martin, Charles Gabriel

Communion Song: Nothing to Fear

In the depths of your sorrow I wept beside you
When you walked through the shadow I drew you near
And yesterday, today, tomorrow, always the same
I am the Lord, I am the Lord

Refrain: And there is nothing to fear, nothing to fear
There is nothing to fear, nothing to fear
For I am with you always (repeat)

When you pass through the waters I will be with you
And the depths of the river shall not overwhelm
When you walk through the fire you will not be burned
I am the Lord, I am the Lord

Refrain.

What can separate you from my perfect love
What can separate you from my perfect love
What can separate you from my perfect love
Do not fear. Do not fear. Do not fear

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We Are Sent

Prayer after Communion

Great Creator, you have fed us with bread from heaven.
continue to renew us in your truth, to give light to our minds
strength to our bodies, and seal us with your Holy Spirit.
We ask this in Christ's name. **Amen.**

Anglican Church of Canada resources for National Indigenous Day of Prayer.

Blessing

Closing Songs: Leaning on the Everlasting Arms

What a fellowship, what a joy divine,
Leaning on the everlasting arms;
What a blessedness, what a peace is mine,
Leaning on the everlasting arms.
Leaning, leaning, Safe and secure from all alarms;
Leaning, leaning, Leaning on the everlasting arms.

Oh, how sweet to walk in this pilgrim way,
Leaning on the everlasting arms;

Oh, how bright the path grows from day to day,
Leaning on the everlasting arms.
Leaning, leaning, Safe and secure from all alarms;
Leaning, leaning, Leaning on the everlasting arms.

What have I to dread, what have I to fear,
Leaning on the everlasting arms;
I have blessed peace with my Lord so near,
Leaning on the everlasting arms.
Leaning, leaning, Safe and secure from all alarms;
Leaning, leaning, Leaning on the everlasting arms.

Public Domain. Nolan Williams, Jr., Elisha Hoffman

I Surrender All

All to Jesus I surrender All to him I freely give
I will ever love and trust him. In his presence daily live

I surrender all I surrender all
All to thee my blessed saviour. I surrender all

All to Jesus I surrender. Make me, Savior, wholly thine
Let me feel Thy Holy Spirit truly knowing that thou art mine

I surrender all. I surrender all
All to thee my blessed saviour. I surrender all

All to Jesus I surrender. Now I feel the sacred flame
Oh the joy of full salvation. Glory, glory to his name

refrain.
Public domain

Sending

Go in the wild animating fire of the Spirit to follow Christ
and serve God's people.

Thanks be to God. Amen!

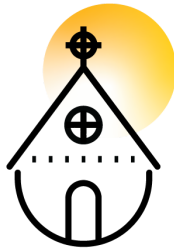
Closing Loop: In Christ There is no East or West



EMMAUS COMMUNITY

Summer Worship Schedule

- June 30** BBQ & music jam - 630pm
- July 9** Pride Parade 11 am
Supper Church - 4 pm - Belmont & Grant
- July 23** Abbey worship - 4 pm - Quadra & Balmoral
- July 28** BBQ and music jam - 630pm - Belmont
- Aug 6** Abbey worship - 4 pm - Quadra & Balmoral
- Aug 20** Abbey worship - 4 pm - Quadra & Balmoral
- Aug 20-22** Goldstream camping (post worship) 630pm
- Sept 3** Abbey worship at the beach & picnic - Willows
- (no common worship on July 2, 16, 30 & Aug 13 or 27)*



THE
ABBAY
CHURCH

admin@emmauscommunity.ca

www.abbeychurch.ca

778 557 4166 Community Cell.

We would love to connect! Call, Text, Email.