

# Monday Morning Prayer – Lent 2022

## Preparation:

O Lord, open our lips  
**and our mouth shall proclaim your praise.**

## Prayer for Lent

Remember, Lord,  
your compassion and mercy  
which you've showed from long ago.  
Do not recall the sins and failings of my youth.  
In your mercy remember me, lord,  
because of your goodness.  
**Psalm 25:6-7**

## Trisagion (sung x3)

Holy God  
Holy and Mighty  
Holy Immortal One  
Have mercy, have mercy, on us.

## Scripture Readings:

### Psalm

*At end:* **Glory to you Source of All Being,  
Eternal Word and Holy Spirit,  
as it was in the beginning, is now  
and ever shall be, world without end. Amen.**

## Lectio Divina Reading of the Gospel:

*Sung acclamation (same as Abbey)*

*We will now have our first reading, and you are  
invited to listen for a **word** that resonates within you.*

### **First Reading**

*Silent reflection. Bell. Invitation to share your word.*

*We will now have the second reading and you are  
invited to listen for a **phrase or image** from the  
Spirit.*

### **Second Reading**

*Silent reflection. Bell. Invitation to share your phrase  
or image.*

*We will now have the third reading - you are invited  
to listen for an **action God may be calling you to.***

### **Third Reading**

*Silent reflection. Bell. Invitation to share your calling  
to action.*

## Prayers of Thanksgiving and Intercession:

*You are invited to offer prayers, silently or aloud.*

The Lord's Prayer (paraphrase)

**Eternal Spirit,  
Earth-maker, Pain-bearer, Life-giver,  
Source of all that is and that shall be,  
Father and Mother of us all,  
Loving God, in whom is heaven:**

**The hallowing of your name echo through  
the universe!**

**The way of your justice be followed by  
peoples of the world!  
Your heavenly will be done by all created  
beings!  
Your commonwealth of peace and freedom  
sustain our hope and come on earth.**

**With the bread we need for today, feed us.  
In the hurts we absorb from one another,  
forgive us.  
In times of temptation and test, strengthen  
us.  
From trials too great to endure, spare us.  
From the grip of all that is evil, free us.**

**For you reign in the glory of the power that  
is love, now and forever. Amen.**

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## The Conclusion:

Almighty and ever living God,  
**you invite us deeper into your world.**  
This Lent, may we see you in those we often  
ignore.  
**Help us live this Lent focused on freedom,  
generosity, and encounter.**  
Give us hearts hungry to serve you  
and those who need what we have to give.  
**Amen.**

Let us bless the Lord.  
**Thanks be to God.**