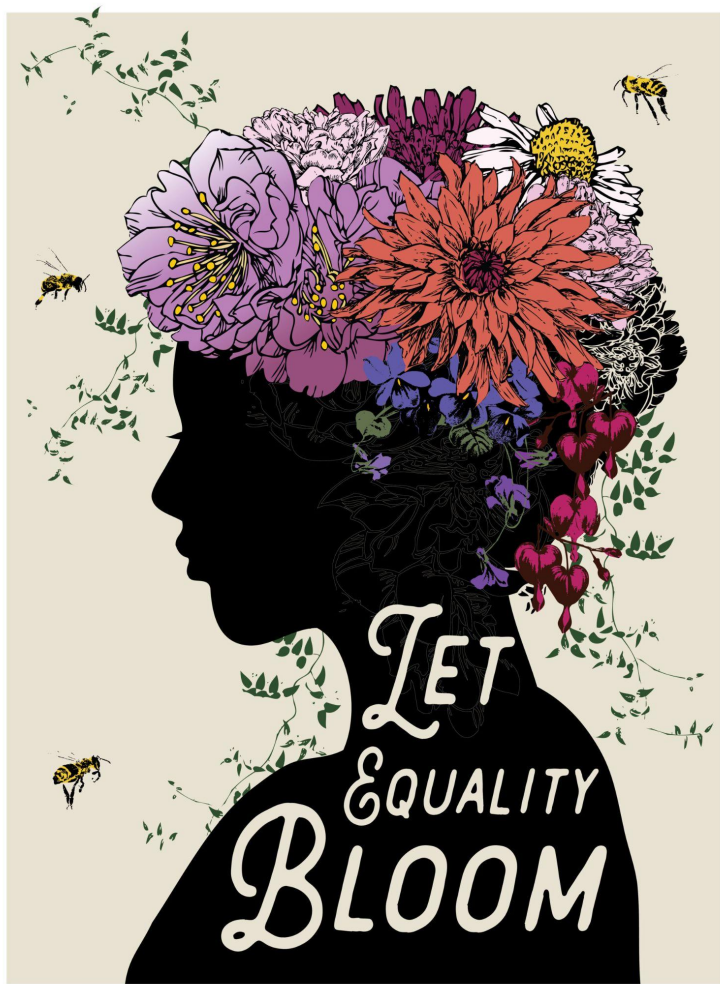
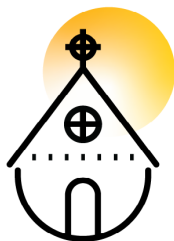


Epiphany + 5
February 6, 2022 + 4pm



Poster by Brooke Fischer



THE
ABBAY
CHURCH

Welcome to the AbbeyChurch.

No matter who you are or what you are carrying today, know you are beloved and so very welcome here!

At the AbbeyChurch, we tell stories of faith, encourage hope, share meals, care for each other and for God's creation – and strive to practice the teachings of Jesus.

We're at different places in our faith journey - but we share a guiding sacred Story as found in scripture (The Bible) and summarized in ancient Christian creeds.

We share a willingness to honestly wrestle with God, and with our questions and doubts.

We invite diversity in our community and our leadership; old, young, rich, poor, conservative, liberal, radical, LGBTQ2IA+, straight, evangelical, progressives, overeducated, undereducated, overhoused, underhoused, certain, doubting, hurting, thriving (to name a few).

We believe that Christ's love binds our differences together in unity as we gather each week at Jesus' table of welcome.

The AbbeyChurch worships, prays, plays and gathers on the traditional lands of the łk^wəŋən People, known today as the Esquimalt and Songhees Nation.

Come as you are, people offering their lives in the beautiful struggle of faith...

We Gather

Announcement Loop

Land welcome video from Butch Dick

Tolling of the Bells

Welcome

Bell x 3

Light and peace, in Jesus Christ our Lord!

Thanks be to God. Amen.

Let us pray,

God of the multitude,

We praise you for being a God who contains a diversity of personhood in one. In your very being, you possess a sacred community where each part is distinct and beautiful and necessary. Make our community like you, that we would no longer be content with the bland flavor of sameness. That we would no longer use language of unity and oneness as a veil for the suppression of voice, body, and culture. Be near to those who have offered up the particularity of their stories to bring about restoration, only to be met with accusations of divisiveness and unkindness. Lord, let our kindness be marked by telling the truth. And if division follows, let it be for our own protection— that you would lead us into spaces that see and honor that we are not the same. And it is very good.

@blackliturgies

-written by Cole Arthur Riley

During the next song AbbeyKids set the altar.

Gathering Song: Gather Them In

We wait for you to testify
To hold the kingdoms to account
Your righteous justice shall not fail
All those who trust in your name

Refrain

You will gather them in
You will bring, bring them home
O King of all Kings
Lord of all Lords

Sing out, sing out ye daughters of Zion
And Shout aloud o Israel
Be glad, rejoice with all your heart
He has removed your punishment *Refrain*

He will rescue the lost
gather the scattered
He will give them praise and honor in every land
He will quiet us with love
He will rejoice over us with singing
He will restore the fortunes of the lost

Peter La Grand / © 2008 / CCLI

Poem

selected or written by Benjamin Hertwig
AbbeyChurch Poet-in-Residence

We Proclaim

A Reading from the prophet Zephaniah (3:14-20, *Wil Gafney trans.*) Sing aloud, daughter of Zion; shout, all ye Israel!
Rejoice, daughter, and exult with all your heart, daughter
of Jerusalem!

The Judge of all Flesh has taken away the judgments
against you, and has turned away your enemies,
daughter. The sovereign of Israel, Creator of the Heavens
and Earth, is in your midst, daughter; no longer shall you

tear evil. On that day it shall be said to Jerusalem; Fear not, Zion; do not let your hands grow weak, daughter. The Ageless One, your God, is in your midst, daughter, a warrior who will deliver salvation; who will rejoice over you with gladness, daughter, God will renew you in love, daughter; God will exult over you, daughter, with loud singing. Those who are grieved on account of the festivals, I will remove from you, daughter, so, daughter, that you will not bear their reproach.

I will deal with all your oppressors, daughter, at that time. And I will save the lame and gather the outcast and I will change their shame into praise and renown in all the earth. At that time I will bring you all home, at the time when I gather all of you; for I will make you all renowned and praised among all the peoples of the earth, when I restore your fortunes before all of your eyes, says the God Who Is Salvation. ...The word of the Lord.

Thanks be to God

The Psalm: Psalm 17:6-9,13,15 (*Wil Gafney trans.*)

I call upon you, for you will answer me, God;
extend your ear to me, hear my words.

Make your wondrous faithful love known.

**Savior of those who seek refuge at your right hand,
from those who raise themselves up against them.**

Keep me as the apple of the eye;
hide me in the shadow of your wings,

**from the wicked who despoil me,
my mortal enemies who surround me.**

Rise up, Holy Protector, confront them, overthrow them!
deliver my soul from the sword of wicked.

**As for me, in righteousness shall I behold your face;
I shall be satisfied when I wake, having seen your
likeness.**

The Gospel Acclamation: Alleluia

Alleluia, Alleluia, Alleluia, Alleluia,

Alleluia, Alleluia, Alleluia, Alleluia.

Jerry Sinclair / © 1972, Renewed 2000 by Manna Music, Inc., (ASCAP) / OneLicense

The Gospel

Let us proclaim the Gospel from the rooftops.

With our words and with our lives!

A reading from the Gospel according to St. Mark

(1:29-31 *Wil Gafney trans.*)

Immediately after [Jesus and the disciples] left the synagogue, they entered the house of Simon and Andrew, with James and John. Now the mother of Simon's wife was in bed with a fever, and immediately they told Jesus about her. Jesus came and lifted her up, taking her by the hand. Then the fever left her and she ministered to them

...Let us proclaim the Gospel from the rooftops.

With our words and with our lives!

We repeat the sung acclamation

Sermon

Megumi Matso Saunders

Silence for Reflection

The Apostles Creed

We believe in God Almighty,
Maker of all heav'n and earth;
And in Jesus Christ, our Saviour:
God's own Son of matchless worth;
By the Spirit was conceived
of the virgin Mary born,
God in whom we have believed:
God Almighty Three-in-One.

Suffered under Pontius Pilate,
on the cross, he bled and died;
Placed within the grave so silent,
where for three days he did lie;
Then the stone-sealed tomb was empty;

we believe he did arise;
Triumphed o'er the grave forever,
over death he is the Christ.

Into heaven he ascended -
seated at God's own right hand
'Til he comes again in glory,
gracious judge o'er every land;
We confess the Holy Spirit
who was sent through Christ the Son
Who is Lord and giver of life -
God, the Spirit, Three-in-One.

We believe the Church of Jesus, catholic it 'ere remains;
We are one through all the ages, the communion of the saints.
We believe sins are forgiven, that our bodies shall be raised
Everlasting life the promise - may God's holy name be praised.
Mindy Deckard; arr. Bruce Benedict / Rob C-S verses © 2006 Cardiphonia Music / CCLI

Our Prayers

The Confession

Let us take a moment in silence to bring before God the places
in our lives which need cleansing, healing, wholeness and
renewal.

Silence.

Together we say: **We confess that we have not beheld your
glory in each other and in your creation. We have too often
broken our word and hurt each other. We have too often
taken the easy way instead of the right way. Guide us into
your paths of holiness and justice so that we may live in
right relation with you, each other and your whole creation.**

Absolution or Assurance of Grace

The Peace

Beloved in Christ, The peace of the Lord be always with you
And also with you.

*We acknowledge the face of Christ in each other
with a nod or bow.*

Offertory: There is a Balm in Gilead

Refrain: There is a balm in Gilead
To make the wounded whole
There is a balm in Gilead
To heal the sin-sick soul

Sometimes I feel discouraged
And think my work's in vain
In prayers the Holy Spirit
Revives my soul again *Refrain*

If you can't preach like Peter
If you can't pray like Paul
You can tell the love of Jesus
And say "He died for all" *Refrain*
African-American spiritual / Public domain

We Feast

Prayer Over The Gifts / Invitation

The table of bread and wine is now made ready and all are welcome. It is the table of sharing with the poor of the world, with whom Jesus identified himself.

It is the table of communion with the earth, in which Christ became incarnate.

For the sake of all that aches in this world, our church, and within every creature and creation, we come to your Table O God, hungry for a taste of your Kindom. Receive all we offer you this day and fill us with your hope. **Amen.**

The Iona Community/Enfleshed

Silence

The Holy Eucharist

(chanted) The Lord be with You

And also with you.

Lift up your hearts

We lift them to the Lord

Let us give thanks to the God of Love

It is right to give God thanks and praise.

Holy God how wonderful is the work of your hands, all of creation echoes the music of your praise...

... and a justice that would never fail.

Glory to you forever and ever.

Through countless generations...

...therefore with all of creation we sing:

Holy Holy Holy Lord God of power and might

Heaven and earth are full of your glory

Hosanna in the highest

Blessed is the One who comes in the name of the Lord

Hosanna is the highest.

As Jesus was eating with his disciples...

...Holy God we give you thanks for the mystery of faith given to us in Jesus your child.

Christ has died, Christ is risen, Christ will come again

Christ has died, Christ is risen, Christ will come again

Send your Holy Spirit upon us...

...be gathered and made one in your love. (*Chanted*) **Amen.**

The Prayer of Jesus

As beloved children of a loving parent let us pray:

O Great Spirit, our *Father from above, (*or Parent)

we honour your name as sacred and holy.

Bring your good road to us,

where the beauty of your ways

in the spirit-world above

is reflected in the earth below.

Provide for us day by day

All the things we need for each day.

Release us from the things we have done wrong,

in the same way we release others

for the things done wrong to us.

Guide us away from the things that tempt us

to stray from your good road,

and set us free from the evil one and his worthless

ways... May it be so!

First Nations Version: An Indigenous Translation of the New Testament, 2021. Alt.

Silence is kept.

These are the gifts of God, for the people of God, given for the life of the world. **Thanks be to God! Amen.**

All are welcomed to receive at Jesus' table!

For those in-house the bread is gluten-free. It may contain dairy and/or almond flour. If you'd like a dairy or nut free option, please let the presider know.

Communion Song: Come Healing

O, gather up the brokenness
Bring it to me now
The fragrance of those promises
You never dared to vow
The splinters that you carried
The cross you left behind
Come healing of the body
Come healing of the mind
And let the heavens hear it
The penitential hymn
Come healing of the spirit
Come healing of the limb

Behold the gates of mercy
In arbitrary space
And none of us deserving
Of cruelty or the grace
O, solitude of longing
Where love has been confined
Come healing of the body
Come healing of the mind
O, see the darkness yielding
That tore the light apart
Come healing of the reason
Come healing of the heart

O, troubled dust concealing
An undivided love
The heart beneath is teaching
To the broken heart above
And let the heavens falter
Let the earth proclaim
Come healing of the altar
Come healing of the name

O, longing of the branches
To lift the little bud
O, longing of the arteries
To purify the blood
And let the heavens hear it
The penitential hymn
Come healing of the spirit
Come healing of the limb
Leonard Cohen / 2012 / ASCAP

Prayer after Communion

Let us pray. Eternal God,
in you we find peace beyond all telling.
May we who share in this heavenly banquet
be instruments of your peace on earth,
in the name of Jesus Christ the Lord. **Amen.**

We Are Sent

Blessing

Closing Song: It is Well with my Soul

When peace like a river attendeth my way,
when sorrows like sea billows roll;
whatever my lot, thou hast taught me to say,
"It is well, it is well with my soul."

Refrain It is well (it is well)
with my soul (with my soul)
it is well, it is well with my soul.

Though Satan should buffet, though trials should come,
let this blest assurance control:
that Christ has regarded my helpless estate,
and has shed his own blood for my soul. *Refrain*

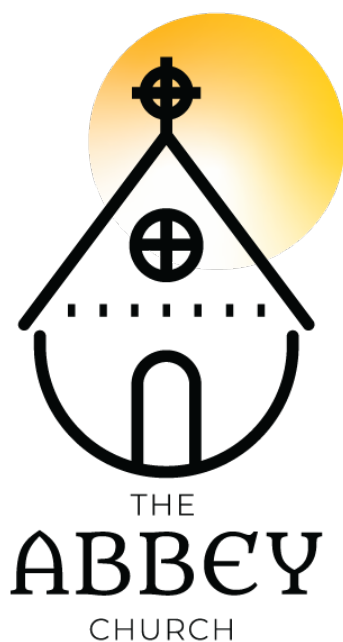
My sin oh, the bliss of this glorious thought!
my sin, not in part, but the whole,
is nailed to the cross, and I bear it no more;
praise the Lord, praise the Lord, O my soul! *Refrain*

And Lord, haste the day when my faith shall be sight,
the clouds be rolled back as a scroll;
the trump shall resound and the Lord shall descend;
even so, it is well with my soul. *Refrain*
Horatio Gates Spafford / Tune: VILLE DU HAVRE, Philip Bliss / Public domain

Sending

Go in the healing peace of Christ.
Thanks be to God. Amen.

Bell x 3



admin@emmauscommunity.ca
www.abbeychurch.ca

250 208 7296 (pastoral cell monitored regularly)
Office hours: Wednesday and Friday 9am-noon