

Thursday Morning Prayer

Advent 2021

Bell x 3

Opening Poem/Prayer:

Amma by Jeannie Alexander

Amma,
Make me an instrument of your fire.
Make me the breath in the lungs that scream for justice.
Make me the tears on a mother's face holding the body of her child
scorched by war.
Make me a stone thrown at a tank.
Make me the key to open cell doors.
Make me the darkness to hide those fleeing from a desert.
Make me the ocean that guides a refugee's boat.
Make me the scarf covering the face of Antifa.
Make me a vaccination in a free clinic.
Make me farmland never touched by chemicals.
Make me a guitar played by a prisoner's hands.
Make me a song of joy on a child's lips in Syria.
Make me, make me, keep making me, God, until there is nothing left to
transform,
And then let me dissolve into you.

Amen.

Body Scan Meditation - a few minutes to connect with yourself.

Psalm - chanted and followed by....

Glory to you source of all being
Eternal Word and Holy Spirit.
As it was in the beginning, is now and forever shall be,
World without end. Amen.

Gospel Acclamation

O make a way! o-pen wide the gates. O make a way! through the sor row and the pain. O make a way!

through the road is dark and wind - ing. O come, come!

Gospel

Silent contemplation/reflection

Prayers

Closing Prayer

May this season of darkness

Be a tunnel to light.

May this season of hope

Be a worthy keeper of your trust.

May this season of patient waiting

Be a safe harbor for your yearning.

May this season of new possibility

Give you reason to dream.

May this season of wintry grace

Break forth into a springtime of gratitude.

May this season of peace

Be the eye of your every storm.

May this season of joy

Teach you the power of rejoicing.

May this season of incarnation

Give you the courage to embody love.

May this season of extravagant love

Make you blush from its blessing.

Let us Bless the Lord

Thanks be to God

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