

The OFFICE of COMPLINE

Welcome to Compline with the Emmaus Community/AbbeyChurch.

The ancient office of Compline derives its name from a Latin word meaning ‘completion’ (completorium). It is a service of quietness and reflection before rest at the end of the day. The language for this worship is derived from the Book of Common Prayer (1662).

**We continue to follow provincial health guidelines. Masks are required for indoor worship.
Please self-space according to your and others’ comfort.**

We invite you to chant alongside us. The italicized words indicate when to join in:

Cantor Chanted alone by the individual leading the service.
Cantoris Chanted by those seated on the same side as the cantor.
Decanis Chanted by those seated on the opposite side of the cantor.
Full Chanted by all.

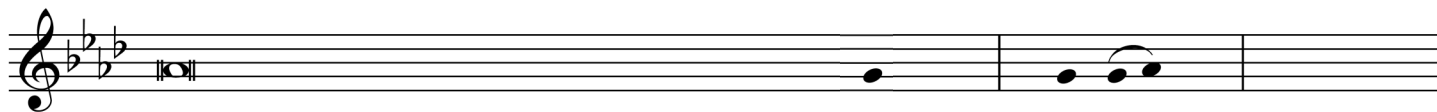
You may also join us in reciting spoken parts in **bold**.

At times you may notice people around you bowing, kneeling, standing, and crossing themselves. These physical gestures are meant to engage our bodies in the act of prayer. You are invited join in (see italicized directions) but please feel welcome to simply pray in stillness if that is your preference.

We acknowledge with humility that we worship on the unceded lands of the Songhees and Esquimalt people.

An Order for Compline based on that in the Book of Common Prayer.

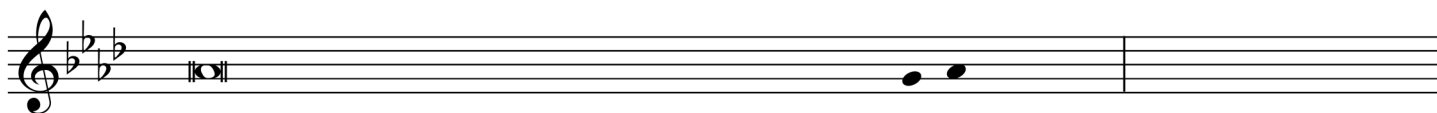
Bell x 3.



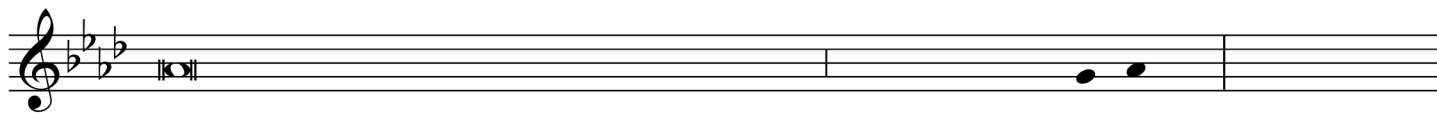
Cantor The Lord Almighty grant us a quiet night and a perfect end. *Full* A - men.



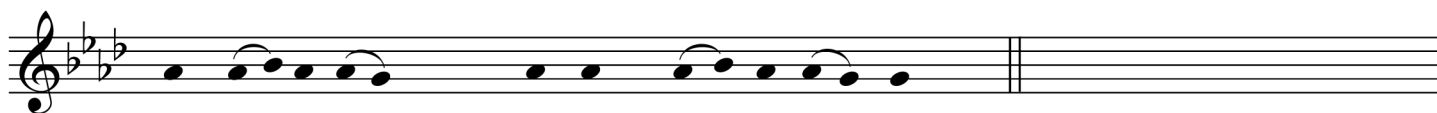
Cantor O God, make speed to save us; *Full* O Lord, make haste to help us.



Cantor (bow) Glory be to the Father, and to the Son, and to the Ho - ly Ghost;



Full As it was in the beginning is now and ever shall be; world without end. A - men.



Cantor Praise ye the Lord; *Full* The Lord's Name be prais - ed.

Then shall be sung one of the following Psalms: Psalm 4; Psalm 31. 1-6; Psalm 91; Psalm 134; or any other Psalm or Psalms. The service continues after with the Lesson on page 7.

Psalm 4



Cantor 1. HEAR ME WHEN I call, O God of my right^eous^ness: /

Cantoris thou hast set me at liberty when I was in trouble; have mercy upon me, and
hearken un-to my prayer~.

Decani 2. O mortals, how long will ye blas-pheme mine ho^mour, /
And have such pleasure in vanity, and seek af-ter false-hood~?



Cantoris 3. Know this also, that the Lord hath chosen to himself the one that is god[^]ly; /
when I call upon the Lord, he will hear me~.

Decani 4. Stand in awe, and sin not; /
commune with your own heart, and in your cham-ber, and[^]be still~.

Cantoris 5. Offer the sacrifice of right-eous-ness, /
And put your trust in the Lord~.

Decani 6. There be many that say, “Who will show us a[^]ny good?” /
Lord, lift thou up the light of thy counte-nance u-pon us~.

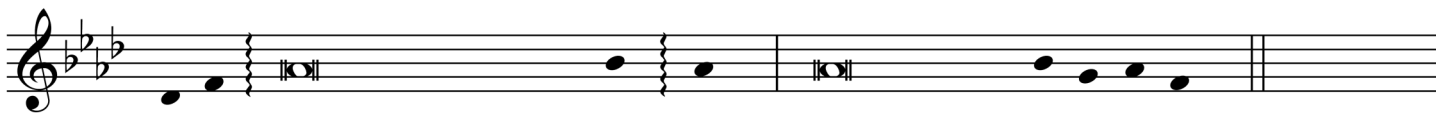
Cantoris 7. Thou hast put glad-ness in[^]my heart, /
more than men have when their grain and wine[^]in-crease~.

Decani 8. I will lay me down in peace, and take my rest; /
for it is thou, Lord, only, that makest me dwell in safe-ty~.

Cantoris (*bow*) Glory be to the Father and to the Son: /
and to the Ho[^]ly Ghost~.

Decani As it was in the beginning is now and e-ver shall be: /
World with-out end. A-men~.

Psalm 31. 1-6



- Cantor* 1. In thee, O Lord, have I put my trust; *
- Cantoris* Let me never be put to confusion; deliver me in thy right-eous[^]ness.
- Decani* 2. Bow down thine ear to me; *
- Make haste to de-li-ver[^]me.
- Cantoris* 3. And be thou my strong rock and house of de-fence, *
- That thou may-est save me.
- Decani* 4. For thou art my strong rock and my cas-tle: *
- Be thou also my guide and lead me for thy Name's sake.
- Cantoris* 5. Draw me out of the net that they have hidden for me; *
- For thou art my strength.
- Decani* 6. Into thy hands I commend my spi-rit, *
- For thou hast redeemed me, O Lord, thou God of[^]truth,
- Cantoris* (*bow*) Glory be to the Father and to the Son *
- and to the Ho-ly Ghost.
- Decani* As it was in the beginning is now and ever shall be, *
- world with-out end. A-men.

Psalm 91



- Cantor* 1. WHO SO DWELL-eth under the defence of the Most High *
- Cantoris* Shall abide under the shadow of the~ Al~mighty.
- Decani* 2. I will say unto the Lord, 'Thou art my refuge and my stronghold; *
- My God in whom~ I~ will trust.'
- Cantoris* 3. For he shall deliver thee from the snare of the hun^ter, *
- And from the noi~some~ pes-ti^lence.
- Decani* 4. He shall defend thee under his wings and thou shalt be safe un-der his feath-ers; *
- His faithfulness is a shield~ and~ buck-ler.
- Cantoris* 5. Thou shalt not be afraid for any ter-ror by night, *
- Nor for the arrow that fli~eth~ by day;
- Decani* 6. For the pestilence that walk-eth in dark-ness; *
- Nor for the sickness that destroyeth in~ the~ noon-day.
- Cantoris* 7. A thousand shall fall beside thee, and ten thousand at thy right hand*
- But it shall not~ come~ nigh thee.
- Decani* 8. Yea with thine eyes shalt thou be-hold, *
- And see the reward of the~ un~god-ly.
- Cantoris* 9. Because thou hast said, 'The Lord is my refuge,' *
- And hast made the Most High thy ha~bi~ta-tion,
- Decani* 10. There shall no evil hap-pen^un-to thee, *
- Neither shall any plague come nigh~ thy~ dwel-ling.
- Cantoris* 11. For he shall give his angels charge o-ver thee, *
- To keep thee in~ all~ thy ways.



Decani 12. They shall bear thee^in their hands, *
That thou hurt not thy foot~ a~gainst a^stone.

Cantoris 13. Thou shalt tread upon the li-on and ad^der: *
The young lion and the dragon shalt thou trample un~der~ thy feet.

Decani 14. Because he hath set his love upon me therefore will I de-li-ver^him*
I will set him up because he~ hath~ known my^Name.

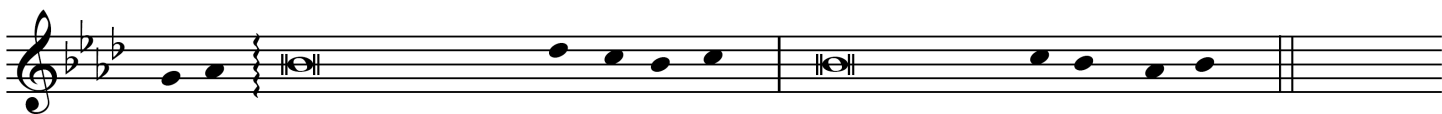
Cantoris 15. He shall call upon me and I will hear him: *
Yea I am with him in trouble: I will deliver him and bring him~ to~ ho-nour.

Decani 16. With long life will I sa-tis-fy him, *
And show him my~ sal~va-tion.

Cantoris (*bow*) Glory be to the Father and to the Son *
and to~ the~ Ho-ly^Ghost.

Decani As it was in the beginning is now and e-ver shall be, *
world with-out~ end~. A-men.

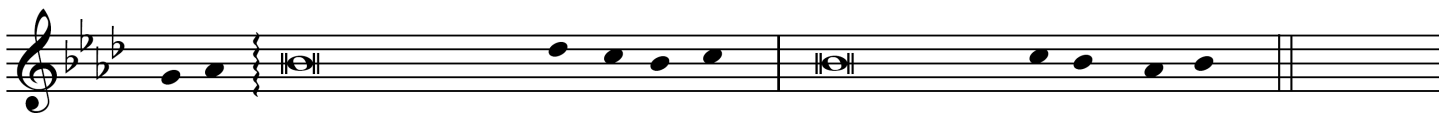
Psalm 134



Cantor 1. Be-hold now, praise~ the Lord, *
Cantoris All ye ser-vants of^the Lord;

Decani 2. Ye that by night stand in the house of the Lord, *
Even in the courts of the house of our God.

Cantoris 3. Lift up your hands in the sanc^tuar^y,
And praise~ the Lord.



Decani 4. The Lord that made hea-ven and earth *
Give thee blessing out of Si-on.

Cantoris (*bow*) Glory be to the Father and to the Son *
and to the Ho[^]ly Ghost.

Decani As it was in the beginning is now and e-ver shall be, *
world with-out end. A-men.

LESSON

Thou, O Lord, art in the midst of us, and we are called by thy name. Leave us not, O Lord our God.

Jeremiah 14. 9.

Or

Come unto me, all ye that labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn of me; for I am meek and lowly in heart; and ye shall find rest unto your souls. For my yoke is easy, and my burden is light.

St Matthew 11. 28-30.

Or


Now the God of peace, that brought again from the dead our Lord Jesus, that great Shepherd of the sheep, through the blood of the everlasting covenant, make you perfect in every good work to do his will, working in you that which is well-pleasing in his sight; through Jesus Christ, to whom be glory for ever and ever. Amen.

Hebrews 13. 20, 21.

Response **Thanks be to God.**


A short period of silence is kept.

RESPONSES



Cantor In - to thy hands O Lord I com - mend my spi - rit;

The musical staff is in G major (one sharp) and 4/4 time. It contains a single melodic line for the Cantor's response, starting on G4 and ending on G4. The melody is: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4-A4 (beamed eighth notes), G4 (quarter), F#4 (quarter), E4 (quarter), D4 (half).



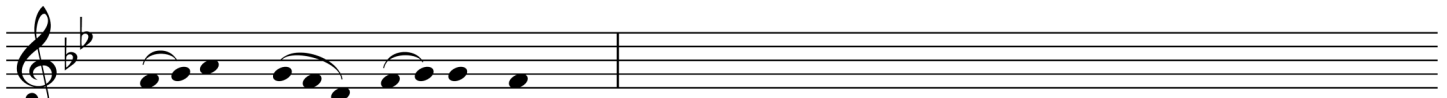
Full In - to thy hands O Lord I com - mend my spi - rit.

The musical staff is in G major (one sharp) and 4/4 time. It contains a single melodic line for the Full choir's response, identical to the Cantor's response. The melody is: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4-A4 (beamed eighth notes), G4 (quarter), F#4 (quarter), E4 (quarter), D4 (half).




Cantor For thou hast re - deem - èd me O Lord thou God of truth;

The musical staff is in G major (one sharp) and 4/4 time. It contains a single melodic line for the Cantor's response, starting on G4 and ending on G4. The melody is: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4-A4 (beamed eighth notes), G4 (quarter), F#4 (quarter), E4 (quarter), D4 (half).




Full I com - mend my spi - rit.

The musical staff is in G major (one sharp) and 4/4 time. It contains a single melodic line for the Full choir's response, identical to the Cantor's response. The melody is: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4-A4 (beamed eighth notes), G4 (quarter), F#4 (quarter), E4 (quarter), D4 (half).



Cantor (bow) Glo - ry be to the Fa - ther and to the Son; and to the Ho - ly Ghost.

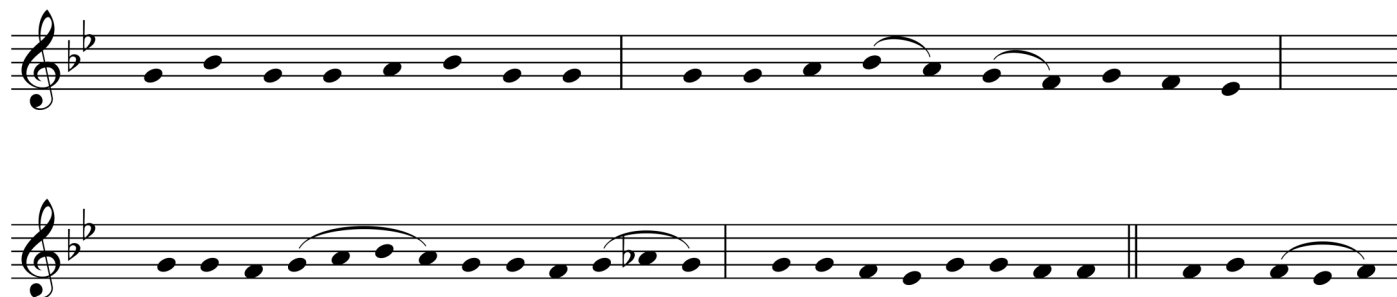
The musical staff is in G major (one sharp) and 4/4 time. It contains a single melodic line for the Cantor's bow response, starting on G4 and ending on G4. The melody is: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4-A4 (beamed eighth notes), G4 (quarter), F#4 (quarter), E4 (quarter), D4 (half).



Full In - to thy hands O Lord I com - mend my spi - rit.

The musical staff is in G major (one sharp) and 4/4 time. It contains a single melodic line for the Full choir's response, identical to the Cantor's response. The melody is: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4-A4 (beamed eighth notes), G4 (quarter), F#4 (quarter), E4 (quarter), D4 (half).

HYMN: *Te lucis ante terminum*

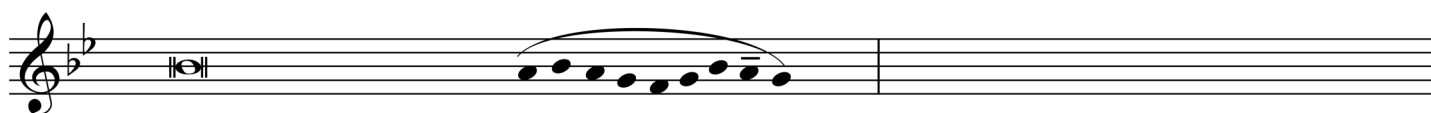


Cantor 1. Before the ending of the day,
Cantoris Creator of~ the~ world, we pray,
That with thy wont~ed favour thou~
Wouldst be our guard and keeper now.

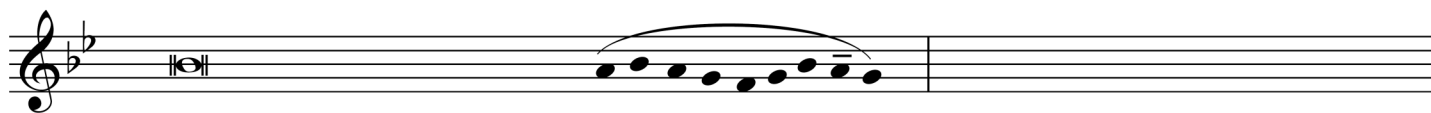
Decani 2. From all ill dreams defend our eyes,
From nightly fears~ and~ fantasies;
Tread under foot~ our ghostly foe~,
That no pollution we may know.

Full 3. O Father, that we ask be done,
Through Jesus Christ~, thine~ only Son;
Who with the Ho~ly Ghost and thee~
Doth live and reign eternally. A~men~.

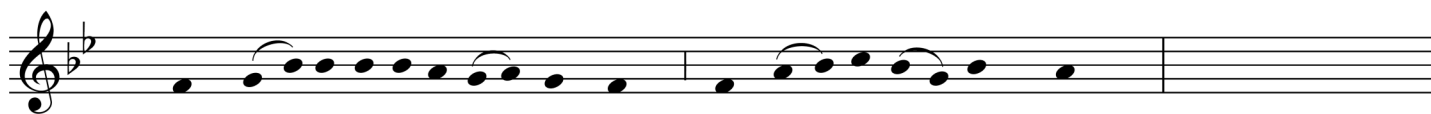
ANTIPHON & NUNC DIMITTUS



Cantor Keep us as the apple of an eye;



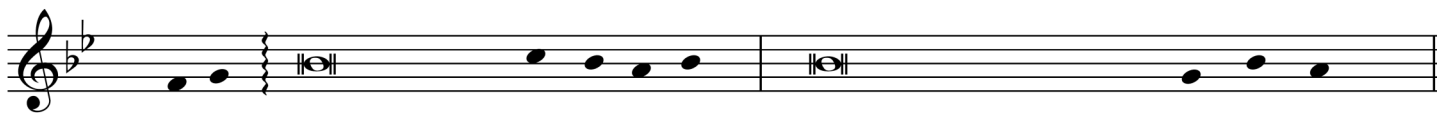
Full Hide us under the shadow of thy wings.



Pre - serve us O Lord while wa - king, and guard us while sleep - ing;



That a - wake we may watch with Christ, and a - sleep we may rest in peace.



Cantor LORD NOW LET-test thou thy servant de-part in peace; *

Decani According to thy word.

Cantoris FOR MINE EYES have seen thy sal-va[^]tion; *

Which thou hast prepared before the face of all peo-ple.

Decani TO BE A light to light-en the Gen-tiles:*

And to be the glory of thy peo-ple Is-ra[^]el

Cantoris (*bow*) GLORY BE to the Father and to the Son: *

And to the Ho-ly[^]Ghost.

Decani AS IT WAS in the beginning, is now, and e-ver shall be: *

World without end. A-men.



Pre - serve us O Lord while wa - king, and guard us while sleep - ing;



That a - wake we may watch with Christ, and a - sleep we may rest in peace.

APOSTLES CREED

Stand, if desired.

People

I believe in God,

the Father Almighty,

Maker of heaven and earth:

And in Jesus Christ his only Son our Lord,

Who was conceived by the Holy Ghost,

Born of the Virgin Mary,

Suffered under Pontius Pilate, Was crucified, dead, and buried:

He descended into hell;

The third day he rose again from the dead;

He ascended into heaven,

And sitteth on the right hand of God the Father Almighty;
 from thence he shall come to judge the quick and the dead.
 I believe in the Holy Ghost;
 the holy Catholic Church;
 The Communion of Saints;
 The Forgiveness of Sins;
 the +Resurrection of the body
 And the Life everlasting. Amen.

RESPONSES & LORD'S PRAYER

Cantor Let us pray. (*kneel*) Lord have mercy up - on us.

Full Christ have mercy up - on us. *Cantor* Lord have mercy up - on us.

All Our Father, who art in heaven, hallowed be thy name,
 thy kingdom come,
 thy will be done,
 on earth as it is in heaven.
 Give us this day our daily bread.
 And forgive us our trespasses,
 as we forgive those who trespass against us.
 And lead us not into temptation,
 but deliver us from evil. Amen.

Officiant Blessed art thou, Lord God of our forebears;
People **To be praised and glorified above all forever.**
Officiant Let us bless the Father, the Son, and the Holy Ghost;
People **Let us praise and magnify God for ever.**
Officiant Blessed art thou, O Lord, in the firmament of heaven;
People **To be praised and glorified above all for ever.**
Officiant The Almighty and most merciful Lord guard us and bless us.
People **Amen.**

CONFESSION & ABSOLUTION

All We confess to Almighty God, the Father, the Son, and the Holy Ghost, that we have sinned in thought, word, and deed, through our own grievous fault. Wherefore we pray God to have mercy upon us.


Almighty God, have mercy upon us, forgive us all our sins and deliver us from all evil, confirm and strengthen us in all goodness, and bring us to life everlasting; through Jesus Christ our Lord. Amen.

Officiant May the Almighty and most merciful Lord grant unto us pardon and remission of all our sins, time for amendment of life, and the grace and comfort of the Holy Spirit.


People **Amen.**




Cantor Wilt thou not turn again and quick - en us; *Full* That thy people may re - joice in thee?



Cantor O Lord show thy mer - cy u - pon us; *Full* And grant us thy sal - va - tion.



Cantor Vouchsafe O Lord to keep us this night with - out sin;



Full O Lord have mercy upon us, have mercy up - on us.



Cantor O Lord, hear our prayer; *Full* And let our cry come un - to thee.

COLLECTS



Response: A - men.

Collect(s) for the Day.

Collect for Protection

Visit, we beseech thee, O Lord, this place, and drive from it all the snares of the enemy; let thy holy angels dwell herein to preserve us in peace; and may thy blessing be upon us evermore; through Jesus Christ our Lord. **Amen.**

Collect for Aid against all Perils

Lighten our darkness, we beseech thee, O Lord; and by thy great mercy defend us from all perils and dangers of this night; for the love of thy only Son, our Saviour Jesus Christ. **Amen.**

PRAYERS & FINAL RESPONSES

“Night Prayer” – from *A New Zealand Prayer Book*

Lord,
it is night.

The night is for stillness.
Let us be still in the presence of God.

It is night after a long day.
What has been done has been done;
what has not been done has not been done;
let it be.

The night is dark.
Let our fears of the darkness of the world and of our own lives
rest in you.

The night is quiet.
Let the quietness of your peace enfold us,
all dear to us,
and all who have no peace.

The night heralds the dawn.
Let us look expectantly to a new day,
new joys,
new possibilities. In your name we pray. **Amen.**

One or more of the following prayers may be said:

Look down, O Lord, from thy heavenly throne, illuminate the darkness of this night with thy celestial brightness, and from the sons of light banish the deeds of darkness; through Jesus Christ our Lord. **Amen.**

Be present, O merciful God, and protect us through the silent hours of this night, so that we who are wearied by the changes and chances of this fleeting world, may repose upon thy eternal changelessness; through Jesus Christ our Lord. **Amen.**



Cantor We will lay us down in peace and take our rest;



Full For it is thou Lord only that makest us dwell in safe - ty.



Cantor The Lord be with you; *Full* And with thy spi - rit.



Cantor Let us bless the Lord; *Full* Thanks be to God.

Officiant The Almighty and merciful Lord, the Father, the Son, and the Holy Ghost, bless and preserve us.

People **Amen.**

* * *

Thank you for joining us. We hope to see you again on the first and third Wednesdays of the month at 8:30 pm.

Please drop your extinguished candle in the "USED" box so it can be sanitized and re-used. The box is located near the exit at the back of the church, opposite the entrance.

Visit our website to learn more about the Emmaus Community: www.emmauscommunity.ca

We gather for worship with our broader community on Sundays. You can learn about AbbeyChurch here: www.abbeychurch.ca